The Schwartz Rounds®

A multidisciplinary forum where clinical caregivers discuss emotional and social issues that arise, strengthening the caregiver–patient relationship

STANFORD HEALTH CARE VIRTUAL ROUNDS

Caregiver Self-Caring:
The Power of Small Gestures

Wednesday, February 23, 2022
12:00 PM to 1:00 PM

You are invited to join us in a virtual safe space

https://stanfordmedicine.zoom.us/j/2867697639?pwd=MnZkZkZkZbkNzd3oycklXRlRaeTBzUT09
Call Number: 650-724-7929  Meeting ID: 286 769 7639  Passcode: 345383

The practice of loving-kindness
Extending compassion and forgiveness to yourself and others

Acts of Loving-kindness
Giving your best self to others without asking for the same in return

Acts of loving-kindness are caring in action
Have you reflected on the ripple effects these acts of loving-kindness have around you?
How many people have you touched and how did you make them feel?

Participants are invited to reflect on their experiences giving/receiving an act of loving-kindness. Please join us as we share space for our caring stories of understanding, love and compassion.

Schwartz Rounds, developed at Massachusetts General Hospital, are multi-disciplinary sessions dedicated to strengthening relationships between caregivers and patients. These sessions are not about clinical problem-solving, but rather about exploring and processing the emotions that come up in the daily work of hospital staff. We will explore difficult issues, gain insight into the non-clinical aspects of patient care, and support one another in this challenging work.

For more information please log onto www.theschwartzcenter.org

Caring for Caregivers