Show Me the Facts
Pregnancy and the COVID-19 Vaccine

According to the Centers for Disease Control and Prevention (CDC), **COVID-19 vaccination is recommended** for all people aged 12 years and older, including people who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future.

**Did you know that...**

Pregnant women and women who recently gave birth are more likely to get severely ill with COVID-19, compared with non-pregnant women.

According to a recent study, **unvaccinated pregnant mothers who contracted COVID-19 were significantly more likely to experience neonatal complications, severe maternal morbidity, and mortality** than pregnant mothers who were vaccinated.

Breast milk of vaccinated mothers contains COVID-19 **antibodies** – these antibodies can be passed along to the baby when breastfeeding.

A recent study by Harvard and other top Massachusetts hospitals found that pregnant women who have been vaccinated can **transfer COVID-19 antibodies to their newborns through the placenta**.

Sources (click link to view source):
2: [https://jamanetwork.com/journals/jamapediatrics/fullarticle/2779182](https://jamanetwork.com/journals/jamapediatrics/fullarticle/2779182)
3: [https://jamanetwork.com/journals/jama/fullarticle/2778766](https://jamanetwork.com/journals/jama/fullarticle/2778766)