



## \*AAC ~ Adult Activity Center\*

A Senior Adult Ministry at First Presbyterian Church

**AAC Board/Team:** Sissy Lindsey ~ Chair

Beverly Archer, Patti Burns, Doreen Lalumiere,  
Michelle Pidgeon, Susie Quinby,  
Bob Sadowski, Arlette Steinberger, Susie Williams

**Board Emeritus:** Ruth Pierce & Ethel Huggard

**Ministry Director:** Ellen Whiteman

**Our Mission at First Presbyterian Church:**

First Presbyterian Church of Fort Lauderdale creates spaces of Christ-centered connection and inspires people of all ages to explore faith in open and honest ways, cultivating possibilities for growth and transformation.

Thank you for joining us at AAC. We'd also love to have you join us at our church services at 9:30am or 11am on Sundays. Come sit with your AAC friends. All are welcome!

**Announcements:**

**1<sup>st</sup> Time Guests**  
If you bring a guest who lives locally, they will receive a voucher to come back a second time for a complimentary meal on us. Thank you for telling your friends about AAC!

**Sponsor a Program**  
Did you know that you (and a friend!) could be a Super Senior Sponsor for the day? You can sponsor a whole program or part of a program at AAC this year. You will be recognized on your Thursday or remain anonymous. Perks include premium table seating, lunch service priority and recognition throughout the day. A big thanks to all our sponsors because you help us bring top quality programs to AAC!

**Bridge**  
All are welcome to play Bridge on Monday and Wednesday afternoons, 1:00 - 3:30 pm in the Library (2<sup>nd</sup> floor Neumann Center). For more details see Patti Burns.

**AAC Book Club**  
We meet the 3<sup>rd</sup> Tuesday of each month at 11:30am, offsite at Anthony's Clam House & Grill. Facilitated by Patti Burns and Lana Fami-ano. Ask us for more info!



**Welcome Back from Ellen**

*Hello AAC Friends,*

*I hope that everyone had a restful and enjoyable summer. It was great seeing so many of you at our summer lunches.*

*I am so honored and excited to be your new AAC Director! This is an amazing group of people and I know it will be a wonderful year.*

*Please invite a friend to share the Christ-Centered connection that our Senior Adult Ministry provides. Looking forward to seeing everyone for the fall kickoff on Thursday, October 2nd at 11am!*

*Love and Blessings,*  
*Ellen Whiteman*  
*(954) 598-9312*  
*ellenw@firstpres.cc*

**Sunday Worship Schedule**


**9:30 a.m. Contemporary Worship**  
Contemporary worship takes place in our Fellowship Hall. A more relaxed atmosphere with contemporary music, a worship band and casual attire.

**11:00 a.m. Traditional Worship**  
Takes place in our beautiful Sanctuary. Our late morning service is held in a formal setting, offering everything a traditional worship service provides including organ music, hymns, choir and more!

**Member Spotlight**

**Name:** Heather Kelleher **Nickname:** Heisha  
**Hometown:** Northern Ireland  
**How long have you lived in Ft. Lauderdale?** 29 years  
**Hobbies:** Bridge, organizing social events at my condo. Taking Blood Pressure at AAC!  
**How long have you been attending AAC?** 20 yrs. **One Word to describe AAC:** "Cozy"  
**Favorite AAC Memory:** Hugged by Danny O.  
**Would you recommend this ministry to a friend? Yes**  
**Why?** It's family.





*Thank you, Heather! We are thrilled that you are part of our AAC family. You are a blessing to all of us!*

**Livestream Channel**  
We love staying connected with our community and family of faith. We livestream both of our worship services on our website homepage or the church app. Digital bulletins are available. Go to: [firstpres.cc/worship](http://firstpres.cc/worship)

FIRST PRESBYTERIAN CHURCH  
OF FORT LAUDERDALE  
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**FIRST PRESBYTERIAN**  
CHURCH OF FORT LAUDERDALE



## Weekly Thursday Activities

### AAC Programs: October - May 2026

#### **Thursdays in Fellowship Hall (Neumann Center)**

10:30 am - Doors open  
11:00 am - Be seated please!  
11:15 am Program hour  
12:15 pm Lunch

**RSVP weekly by 10:00am Monday / Cost: \$12/meal**

*Please join us for one of our special activity offerings before or after our regular AAC Program!*



### **\*AAC Program Guide\***

**October 2: Fall Kick off with Danny "O" Olalla** Enjoy our fall ministry kickoff and celebration party with this amazing and talented male vocalist!

**October 9: Education+Entertainment = Edu-tainment**  
**Wes Anthony Presents the "Barbra Streisand" Lecture Series!** Take a trip down memory lane and come hear all about this fabulous American singer and actress. AAC will celebrate with an Oktoberfest meal on this day!

**October 16: Don Stansfield 60's Favorites**  
A fan favorite to many! Join us for an amazing day of song and dance with this incredible entertainer. Feel free to wear fashion attire from the good 'ole days. Don will entertain us with many of your favorites from the 1960's!

**October 23: Brain & Heart Health by Kelley Jackson and Sabine Delouche-** AAC welcomes church member Kelley Jackson! Kelley will provide an informative and energetic talk on keeping our brains healthy as we age. AHA Rep Sabine will educate us on the connection to our Hearts! We'll also be celebrating Breast Cancer Awareness Month. Feel Free to Wear Pink!

**October 30: "Magically Funny" Halloween Magic with "Mr. A"** You're in for a real treat with this spooktacular interactive show. Wear a costume, or your favorite spooky top!

**November 6: A Salute to our Vets with Tenor, James Perkowski.** A Veteran's Day celebration featuring an array of patriotic songs mixed with other fine works. Wear red, white and blue patriotic colors!

**November 13: Anne Goldberg, The Savvy Senior Show Presents "Do you have a Love/Hate Relationship with your Smartphone?"** A class on how smartphone technology helps seniors to live better and stay connected!

**November 20: AAC Thanksgiving Service with Reverend Nicholas Merchant** Join us for a meditative Worship Service with our Senior Pastor. Our traditional Thanksgiving feast will follow in Fellowship Hall. Bring a canned good for the Pantry of Broward.

**November 27: No AAC, Have a Happy Thanksgiving!**

**December 4: "Home for the Holidays" with Broward Women's Chorus**

Celebrate this joyous season with traditional Christmas songs sung by this talented chorus! Wear your Christmas Colors! This will be our Holiday Market Day. Get a head start on your shopping!



**December 11: Happyland School Christmas Program Dress Rehearsal** (in the Sanctuary) Let the children's magical performance get you in the Christmas Spirit! Lunch following in Fellowship Hall.

**December 18: Holiday Favorites by Jeanne Lyn Gray** Join us for a festive day of music with this talented female singer! Enjoy a delicious Christmas feast!



## AAC Activity Offerings



### **Morning Activities** (10:30 am)

**Blood Pressure Screening** —Monthly in Lobby

#### **Humane Society Therapy "Guests"**

Enjoy time each week with our special furry friends!

**Morning Stretch** — Weekly with Patti Burns

#### **Membership Connection**

See our Connections Director, Karyn Greep to ask questions about any of our First Pres programs, our website or App. She can also help if you want to hear more about becoming a member of First Pres Church.

### **Afternoon Activities** (1:15 pm)

**Movie Time:** Every Thursday - see weekly table newsletter for featured movie. Movie is shown in the Chapel-in-the-Sky. Take the elevator up to the 3rd Floor.

#### **Special Events:**

Dessert & Program Info from Covenant Living—October 16

Card Making with Marcie —October 30

Tech Talk with Lana —November 6

Christmas Singalong- December 11th

All of these special events will be held in the Back of Fellowship Hall from 1:15-2pm. Sign Up Today!



### **AAC Menu Selections: Cost \$12**

|          |    |                           |
|----------|----|---------------------------|
| October  | 2  | Chicken Marsala           |
|          | 9  | Sausage, Kraut & Potatoes |
|          | 16 | Chicken Penne Pasta       |
|          | 23 | Spaghetti and Meatballs   |
|          | 30 | Chicken and Biscuit       |
| November | 6  | Marinated Pork Tenderloin |
|          | 13 | Meatloaf with Gravy       |
|          | 20 | Roast Turkey Feast        |
| December | 4  | Baked Lasagna             |
|          | 11 | Chicken Piccata           |
|          | 18 | Baked Ham                 |

Take-out meals are offered on availability. We always have an alternative meal of fish. Please let Ellen know by Monday (10 am) if you would like this option.

### **Save The Date!**

## **Monday ~ December 8, 2025 AAC 'Tis the Season Luncheon & Christmas Ornament Exchange at Anthony's Clam House**

Enjoy a delicious lunch at Anthony's Clam House Restaurant. We'll also have a Christmas Ornament Exchange, where you will bring a new ornament or small decoration to participate in this fun activity.

Watch the sign up sheet area for details, pricing, and more information!