



### Weekly Thursday Activities

#### AAC Programs: October - December 2023

##### **Thursdays in Fellowship Hall (Neumann Center)**

10:30 am - Doors open  
11:00 am - Be seated please!  
11:15 am Program hour  
12:15 pm Lunch

**RSVP weekly by 10:00 am Monday / Cost: \$12/meal**

*Please join us for one of our special activity offerings before or after our regular AAC Program!*



#### **\*AAC Program Guide\***

**October 5: AAC Fall Kickoff with Singer, Lyn Baldwin**  
Enjoy our fall ministry celebration party with this amazing and talented female vocalist!

**October 12: Jeanne Lynn Gray with Bobby Socks to Bell Bottoms - 50's, 60's, 70's and more** New to AAC, this female vocalist extraordinaire will have you dancing and singing to all your favorite songs. AAC will celebrate Oktoberfest on this day!

##### **October 19: Anne Goldberg, The Savvy Senior Show - The Upside of Downsizing**

During this hour presentation, you will learn that the benefits of downsizing are significant and compelling. It will help to allay your fears and open the door to a whole new life adventure. AAC will celebrate Breast Cancer Awareness Day - Wear Pink!

##### **October 26: Halloween Tricks and Comedy Show with Magic Jack Maxwell**

You're in for a real treat with this spooktacular interactive show. Wear a costume, your favorite spooky top or orange and black! We will celebrate October Birthdays!

##### **November 2: Oldies but Goodies Hour with Ed Ely**

Sing along to favorite songs from the oldie's era with this one-man band and his video review show. Feel free to wear fashion attire from the 70's decade!

##### **November 9: Veteran's Day Celebration with the Gold Coast BANJO Band**

Join us as we salute and honor our Vet's with this energetic ensemble. Wear patriotic colors!

##### **November 16: Dr. Heather Clark, Licensed Psychologist, Presents Choosing to Have a "Happy" Thanksgiving and "Merry" Christmas & "Love" Bag Mission Project**

Come learn how to embrace the joy of the holidays - spiritually, mentally, and behaviorally. Help our ministry assemble these bags for the needy in our community. Thanksgiving feast with a Share a Blessing Activity.

##### **November 23: No AAC, Have a Happy Thanksgiving!**

##### **November 30: Holiday Cabaret Show with Tenor, James Perkowski**

Celebrate this joyous season with a variety of traditional Christmas songs and much more! Wear minks 'n pearls as we 'Tis the Christmas season! We will celebrate November Birthdays!

##### **December 7: Holiday "Sparkle" Show with**

**Don Stansfield** A favorite to many, this fabulous entertainer will be singing festive songs for the season and more! This will be our SERRV Christmas Sale and Holiday Market Day. Get a head start on your shopping!

**December 14: Happyland School Christmas Program Dress Rehearsal in the Sanctuary** Let the children's magical performance get you in the Christmas Spirit! Lunch following in Fellowship Hall. We will celebrate December Birthdays!



### AAC Activity Offerings



#### **Morning Activities** (10:30 am)

**Blood Pressure Screening** with Michelle from Comfort Nurse Care (monthly in Lobby)

**Humane Society Therapy "Guests"**  
John Skeebe and Force

**Morning Stretch** with Patti Burns

#### **Afternoon Activities** (1:15 pm)

**Movie Time** Every Thursday - see weekly table newsletter for featured movie (Chapel-in-the-Sky)

**Creative Time: Coloring for Seniors**  
Create a masterpiece and we will mount your artwork to be displayed in our mini AAC Art Show, October 19th (Back of Fellowship Hall)

**Tech 101 - Basic Functions of Smart Phones and Tablets** Informative Q & A Session with Lana Famiano, November 16th (Back of Fellowship Hall)

#### **A Christmas Carol Singalong**

Join in for a festive afternoon and sing all your favorite classic Christmas songs, December 14th (Back of Fellowship Hall)

Reminder: No AAC on December 21 and 28  
*Merry Christmas and Happy New Year!*



#### **AAC Menu Selections: Cost \$12**

October	5	Chicken Parmesan
	12	Sausage, Kraut & Potatoes
	19	Marinated Pork Tenderloin
	26	Spaghetti and Meatballs
November	2	Meatloaf
	9	Chicken Penne Pasta
	16	Roast Turkey Feast
	30	Baked Lasagna
December	7	Chicken Marsala
	14	Baked Ham

Take-out meals are offered on availability. We always have an alternative meal of fish. Please let Laura know by Monday (10 am) if you would like this option. Thank you!

#### **Experience something FUN this year... AAC Day Outings:**



(Self-drive or carpooling recommended)  
Call AAC office 954.598.9312 for details, pricing, and more information!

**Tuesday ~ December 19, 2023**  
**AAC Holiday Luncheon at Gianni's Italian Restaurant, Pompano Beach, FL & White Elephant Gift Exchange**

Enjoy a wonderful day with a delicious Christmas lunch at Gianni's Italian Restaurant, followed by a traditional White Elephant Gift Exchange, where you will bring a gently used wrapped gift to participate in this fun filled activity.



## \*AAC ~ Adult Activity Center\*

A Senior Adult Ministry at First Pres

**AAC Board/Team:** Sissy Lindsey ~ Chair

Beverly Archer, Patti Burns, GL Franklin, Ethel Huggard,  
Doreen Lalumiere, Michelle Pidgeon, Susie Quinby, Bob Sadowski,  
Arlette Steinberger, Leslie Stout, Susie Williams



**Board Emeritus:** Ruth Pierce

**Ministry Director:** Laura Ziegler



### Our Mission at First Presbyterian Church:

Our church exists to make disciples of Jesus Christ by ~  
**Leading** people to Jesus Christ, **Learning** about our  
faith, **Living** a Christ-centered life and **Loving** our neighbor  
through ministries of service and compassion.

### Announcements

#### **1<sup>st</sup> Time Guests**

If you bring a guest who lives locally, they will receive a  
voucher to come back a 2<sup>nd</sup> time for a complimentary meal on  
us. Thank you for telling your friends about AAC!

#### **Sponsor a Program**

Did you know that you could be a Super Senior for the day?  
You can by sponsoring a whole program or part of a program  
this AAC year. You will be recognized on your Thursday or  
remain anonymous. Perks include premium table seating,  
lunch service priority and recognition throughout the day. A  
big thanks to all our sponsors because you help us bring top  
quality programs to AAC!

#### **Bridge**

All are welcome to play Bridge on Monday afternoons,  
1:00 - 4:00 pm in the Library (2<sup>nd</sup> floor Neumann Center)

#### **AAC Book Club** (3<sup>rd</sup> Tuesday of each month)

11:30 am, offsite at Anthony's Clam House & Grill -  
Facilitated by Patti Burns and Lana Famiano



### Scripture to Live by:

*A new command I give you: Love one another. As I have loved  
you, so you must love one another. By this everyone will know  
that you are my disciples, if you love one another.*

John 13:34-35



### Welcome Back from Laura

Hello AAC Friends,

*It is my hope that each of you had a  
restful and peaceful summer. It was  
great seeing so many of you at our  
various summer activities and  
lunches. Moving forward, we are  
excited to share with you all the  
wonderful happenings that will be  
available at AAC this upcoming year.  
I challenge you to invite a friend  
and share the LOVE and FUN that  
our amazing Senior Ministry offers.  
Looking forward to seeing everyone  
for the fall kickoff on Thursday,  
October 5<sup>th</sup>!*

Love and Blessings,

**Laura Ziegler, Director of AAC**  
**954.598.9312**  
**Lauraz@firstpres.cc**

### Sunday Worship Schedule

#### **9:30 a.m. Contemporary Worship**

Contemporary worship takes place in our  
renovated Fellowship Hall. A more relaxed  
atmosphere with contemporary music,  
worship band and casual attire.

#### **11:00 a.m. Traditional Worship**

Takes place in our beautiful Sanctuary. Our  
late morning service is held in a formal  
setting, offering everything a traditional  
worship service provides including organ  
music, hymns, choir and more!

#### **Livestream Channel**

We love staying connected with our  
community and family of faith. We livestream  
both of our worship services on our  
Livestream channel and our Facebook page.

FIRST PRESBYTERIAN CHURCH  
OF FORT LAUDERDALE

401 Southeast 15th Avenue  
Fort Lauderdale, FL 33301  
954.462.6200 / [www.firstpres.cc](http://www.firstpres.cc)



**FIRST  
PRESBYTERIAN**  
CHURCH OF FORT LAUDERDALE

### Member Spotlight

**Name:** Jane Oliva **Nickname:** Sports Babe

**Hometown:** Brooklyn, New York

**How long have you lived in Ft. Lauderdale?**  
43 years

**Hobbies:** Tennis and Reading

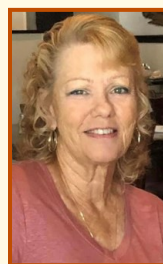
**How long have you been attending AAC?** 2 years

**One Word to describe AAC:** "Welcoming!"

**Favorite AAC Memory:** Watching the children in church at  
Christmas.

**Would you recommend this ministry to a friend?** Yes

**Why?** Everyone is so friendly and we have great FUN!



*Thank you, Jane, we are thrilled that you are a part of  
our AAC family. You are a blessing to all of us!*