The Stepping-Stones to Health Committee has developed a new program to provide more information about important topics in health and illness. Using the monthly health/illness topic, we will offer a "Focus on Health Corner" in the Fellowship Hall. Each month, the table will share information and resources on significant health issues that affect many in our community and beyond.
Please let us know if there is a topic that you would like to have highlighted. The committee includes Lu and Ed Hourihan, Barbara Ma, Joan Molnar, Janell Reich, and Cynthia Tait.