



Unleash Your Potential:
*A career advancement opportunity
for SilverSummit Members*

Nourish and Thrive Together

SIGN UP TODAY

**Hurry, the program ends
December 31, 2025**





What is the *Nourish and Thrive Together* program?

The *Nourish and Thrive Together* program is a special opportunity for Members of SilverSummit Healthplan. This program provides free training that can help you learn new job-related subjects or improve your job skills. Plus, it's designed to fit in with your daily routine! While you're in the program, you'll also get free grocery incentives to purchase nutritious foods.

This program is a partnership between SilverSummit and The Children's Cabinet. With free training programs, you'll have your very Career Coach. This coach will be there to help guide you through the whole process. It's a great chance for you to learn and thrive!

What you get for FREE:

- Work training
- Transportation
- Career Coach
- Support from your SilverSummit Community Health Worker
- \$50 Grocery Incentive for actively participating in the program
- \$100 incentive after completion

Enroll Now!!

SilverSummit Healthplan • *Nourish and Thrive Together* • Washoe County

The Children’s Cabinet Training Programs and Workshops

Eligibility is required for certain programs. Programs are offered at different training sites and online, depending on the program.

CPR/First Aid Certification • 3-4 Hours • In-Person or Online

Are you ready to make a real impact? Take the first step towards becoming a certified CPR hero. Empower yourself with life-saving skills that can transform lives and create a safer world. Join us in this exciting journey of learning, growth, and making a difference. Enroll in our CPR certification course today and unleash the superhero within you!

OSHA-10 Certification • 10 Hours • In-Person or Online

OSHA-10 certification is recognized and sought after by a wide range of industries, including construction, manufacturing, healthcare, hospitality, and more. By obtaining this certification, you become eligible for a broader range of job opportunities, as many employers require or prefer candidates with OSHA training. Increase your chances of securing the job you want and explore diverse career paths.

ServSafe® Certification • 21.5 Hours • In-Person or Online

ServSafe® certification opens doors to a range of exciting career paths within the hospitality industry. Whether you dream of becoming a chef, restaurant manager, food and beverage director, or even starting your own food business, this certification provides a strong foundation for success. It is recognized and valued by industry professionals, giving you a competitive edge when pursuing job promotions or new opportunities.

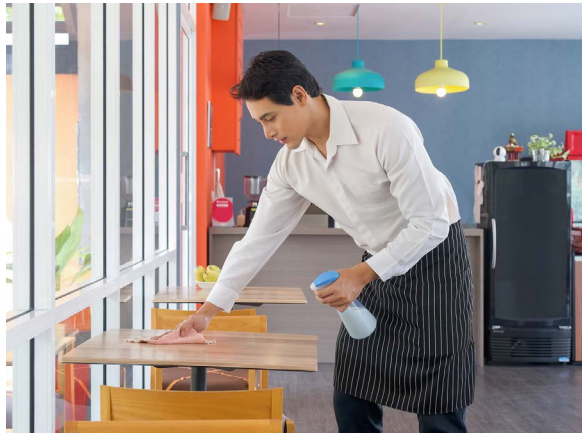
Food Handler Course: 2 hours

ServSafe® Manager Course: 8-10 hours

ServSafe® Allergens Course: 90 minutes

ServSafe® Alcohol Course: 4-6 hours

ServSafe® Workplace Course: 2 hours



National Retail Federation Certification • 14 Hours • In-Person or Online

Customer Service and Sales Specialist Programs: Are you eager to kickstart your career in the dynamic world of retail? We have an exciting opportunity that will give you a competitive edge and open doors to limitless possibilities. Introducing the National Retail Federation (NRF) certificate, a prestigious credential that equips you with the knowledge and skills needed to excel in the retail industry. Get ready to take your career to new heights and join the ranks of successful retail professionals!

High School Equivalency (HSE) GED Program • Timeline varies • In-Person or Online

Ready to unlock a world of opportunities? The GED is your key to a brighter future. Earn a high school equivalency credential that is recognized nationwide, expand your career prospects, and open doors to higher education. It's time to take charge of your education and show the world your potential. Enroll in our GED program today and embark on a journey of personal and academic success. Your future starts now!



Parenting classes • Timeline varies • In-Person or Online

Are you a parent or caregiver seeking to enhance your skills and create a nurturing environment for your children? Our comprehensive program is designed to equip you with valuable tools, knowledge, and support.

Through our program, you'll gain the confidence and capabilities to become the best parent, or caretaker that you can be. Prepare to strengthen the bonds within your family and provide your children and loved ones a solid foundation for their future success.



***Nourish and Thrive Together* program REWARDS!**

When you join the *Nourish and Thrive Together* program, you are making a great choice for you and your family's future! You get these amazing benefits for free:

- **Access to job-related certificates and training at The Children's Cabinet.** This will help you learn new skills for better jobs.
- **Grocery incentives for completing milestones** and staying actively enrolled in The Children's Cabinet program.
- **A \$100 gift card for finishing your training program!** It's our way of saying 'Great job!'
- Help with enrolling in food assistance programs like **SNAP** and **WIC**. This can increase the amount of food you can buy for your family.
- Transportation is available for some of the trainings. Ask us about it!





The Nourish and Thrive Together - Healthy Supply of Food

The *Nourish and Thrive Together* program is here to ensure your family has a steady supply of healthy food. Here's how it works:

- When you sign up and are confirmed to participate, you'll receive a grocery incentive to purchase healthy foods for you and your family.
- After you join The Children's Cabinet training program, a Community Health Worker from SilverSummit will get in touch with you.
- Start a journey to health and wellness with our *Nourish and Thrive* program. This program rewards your efforts for a better life by giving you a \$50 gift card at participating Kroger Grocery Stores, for completing program milestones.

How do I sign up?

Signing up is **easy!** Scan the QR code to have a Career Coach contact you. The process takes less than 2 minutes.

We can help!



FAQs

Who can sign up for the program?

All SilverSummit Healthplan Members 16 years and older are welcome to participate, no matter your experience!

What do I have to pay?

There is no cost! At SilverSummit, we believe in providing our Members access to resources including grocery incentives and job opportunities.

What if I don't have a car or transportation?

We can help you find transportation, and The Children's Cabinet offers some training which can be done remotely—you don't have to go anywhere.



Can I participate in the program if I'm not a SilverSummit Member?

You **do not** have to be a SilverSummit Healthplan Member to participate in the programs available through The Children's Cabinet, but you **do** have to be a SilverSummit Member to receive the *Nourish and Thrive Together* grocery incentive.

Not a SSHP Member? We would love to have the chance to talk with you! For more information, please email:

communitysolutions@silversummithealthplan.com

How long is this program available?

You can receive grocery incentives until December 31, 2025. If you choose a program that ends after December, you can continue with the program, but you will no longer receive the grocery incentives. Incentives must be distributed before December 31, 2025.

SIGN UP NOW so you don't miss out on these great rewards!!

If we have more than one family member sign up for the program, how many grocery incentives can we get every month?

Each eligible participating **SSHP Member** will receive a grocery incentive for completing program milestones.

Contact Information

To learn more about the *Nourish and Thrive Together* program, contact SilverSummit Healthplan, email: communitysolutions@silversummithealthplan.com

To learn more about The Children’s Cabinet: www.childrenscabinet.org



Disclaimer: Grocery incentives will only be distributed until 12/31/2025. If a Member participates in a workforce or education program after 12/31/2025 the Member can continue to participate in the program, but the Member will NOT receive grocery incentives after the 12/31/2025 date. The Member WILL receive a \$100 incentive for completion of the workforce or education program.

SilverSummit Healthplan complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. SilverSummit Healthplan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

SilverSummit Healthplan cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. SilverSummit Healthplan no excluye a las personas ni las trata de manera diferente debido a su raza, color, nacionalidad, edad, discapacidad o sexo.

If you, or someone you're helping, has questions about SilverSummit Healthplan, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-844-366-2880, (TTY/TDD: 1-844-804-6086).

Si usted, o alguien a quien está ayudando, tiene preguntas sobre SilverSummit Healthplan, tiene derecho a recibir ayuda e información en su idioma sin costo. Para hablar con un intérprete, llame al 1-844-366-2880, (TTY/TDD: 1-844-804-6086).

©2025 SilverSummit Health Plan. All rights reserved. 04-2025-NTTNNVMBRCH-ENG