

PICKERING MANOR
NURSING HOME VISITATION
10/1/2020

As per the CMS Memorandum issued 9/17/2020, Pickering Manor will continue the basic Core Principles of Infection Control and adapt the revised Visitation guidelines.

Core Principles of COVID-19 Infection Prevention

- Screening of all who enter the facility for signs and symptoms of COVID-19 (i.e., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms.
- Hand hygiene (use of alcohol-based hand sanitizer is preferred)
- Face covering or mask (covering nose and mouth)
- Social distancing of at least six feet between persons
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, and other applicable facility practices (i.e., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high frequency touched surfaces in the facility often, and designated visitation areas after each visit.
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (i.e., separate areas dedicated COVID-19 care)
- Resident and staff testing conducted as required.

Visitation shall be person-centered while considering the residents' physical, mental, and psychosocial well-being and supporting their quality of life.

Plexiglass barriers shall be used in Indoor and Outdoor neutral visiting zones and privacy will be allowed as much as possible as visits are monitored from a distance. Visitors who are unable to adhere to the core principles of COVID-19 infection prevention will not be permitted to visit and will be asked to leave.

There are **4 basic types** of Visitation and each are outlined below:

Outdoor Visitation

Outdoor visits continue to be the preferred type of visitation due to the decreased risk of transmission due to increased space and airflow. Therefore, all visits should be held outdoors whenever practical. Outdoor visits for those residents remaining in the East Wing of the **Pickering Pavilion** will continue to be held on the porch. Visitors will be asked to remain on the lawn, ensuring that a 6-foot distance is maintained. There is no limit to the number of visitors for this type of Visitation; however, all visitors and residents must wear masks, as applicable. Also, there continues to be **no food or drink permitted while visiting** and there is to be **no physical contact** during the visit. **Appointments must be made prior to visiting and limited to 20-minutes.** All visits will be monitored by staff/volunteers. **We also ask that families are mindful to be prompt with appointments since other families may be scheduled directly behind them.**

Outdoor visits for those residents in the **Yates Pavilion** will be conducted either on the Garden Terrace or on the front 'Porch'. Residents will be brought to the Terrace or Porch by staff via the elevator. If visiting on the Terrace, visitors will be screened inside the front door of the Yates Pavilion and proceed down the stairs and outside to the Terrace. Social distancing of 6-feet will be maintained at all times during visit. All other protocols as listed above must be recognized.

Indoor Visitation

While outdoor visitation is preferred, indoor visitation will be accommodated based upon the following guidelines. **1) There has been no new onset of COVID-19 cases in the last 14 days and the facility is not currently conducting outbreak testing. 2) Visitors are limited to 1 visitor/indoor visit. 3) Visits are limited to 20-minutes. 3) Appointments must be made prior to visiting.**

- **NOTE:** Indoor visitation is dependent upon the current County Positivity Rate. 0-5% is considered Low; indoor visitation is permitted. 5-10% is considered Medium; indoor visitation is permitted. Above 10%; visitation, other than End-of-Life visits are NOT permitted.

Indoor visits for those residents remaining in the **Pickering Pavilion** will take place in the Living Room off the lobby of the Mansion entrance. **Visitors must use the Pickering Pavilion entrance and be screened in by a staff member.** A plexiglass barrier will be in place with a marked area that indicates the 6-foot distance separation. Residents will enter the room from the door closest to the East wing and visitors will enter from the door off the lobby. All spaces will be cleaned and sanitized between visits.

Indoor visits for those residents in the **Yates Pavilion** will take place in the lobby area inside the front doors. A plexiglass barrier will be in place with a marked area that indicates the 6-foot distance separation. Residents will be accompanied by a staff member down the elevator. **Visitors must use the Yates Pavilion entrance and will be screened as they enter.** They will be seated on the other side of the plexiglass barrier. All spaces will be cleaned and sanitized between visits.

Compassionate Care Visits

Compassionate Care Visits are now permitted as per the new CMS guidelines. These visits are to be reserved for those residents who are suffering a noticeable decline that has resulted in depression, loss of appetite/weight or any other area that is documented as a change of condition. These visits may take place weekly as per the residents' status and should be part of their Care Plan.

NOTE: A staff member will contact you to schedule these visits should the resident qualify for them based upon the criteria. The family member MUST provide proof of a negative COVID-19 test completed within the past 7 days, preferably 72 hours prior to their visit. Visits will take place in a neutral zone, not in a resident area at this time. Visits are limited to 2 persons/resident. Visitors are encouraged, but not required to wear a mask.

In addition to family members, Compassionate Care visits may also include clergy offering religious or spiritual support. **These visitors must also show proof of a negative COVID-19 test.**

At all times, visits should be conducted using social distancing; however, if during a Compassionate Care visit, a visitor and resident wish to have personal contact, it

must be done using all infection control guidelines; and especially appropriate hand hygiene.

It is imperative that all family and visitors recognize the importance of these protocols in regard to the safety and well-being of all residents and staff.

End-of-Life Visitation

Pickering Manor will continue to observe and encourage End-of-Life visitation. These visits will allow families (no more than 2 visitors at one time) to sit bedside with a resident who has been deemed by assessment to be near end-of-life. Visitors will be asked to don full PPE (Personal Protective Equipment) since they will be going into resident areas. There is no time limit other than a request to be mindful of the resident's roommate and privacy as well.

- ❖ **All visits are by appointment only. Family members wishing to arrange an Indoor or Outdoor visit must contact the facility at 215-968-3878 to check availability and schedule the visit. Compassionate Care and End-of-Life visits will be facilitated by a Staff Member.**