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Face Mask Guidelines

Applying a face mask -

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- should cover nose and mouth
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Wash hands

- after applying face mask wash hands
- do not touch eyes, nose, or mouth when removing the covering
- wash hands immediately after removing facemask

Face Masks should be worn

- in public settings
- where social distancing measures are difficult to maintain

Cleaning/Laundering

- should be washed frequently/daily
- machine washing is a sufficient method of sanitizing

Acceptable materials

- Bandana
- Tightly woven cotton – quilted fabric/cotton sheets
- T-shirt material

DIY guidelines to make a mask:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/DIY-cloth-face-covering-instructions.pdf>

Note: Six-foot distancing, where allowed, is still necessary to maintain and must be practiced even while wearing a face mask