

# TEENAGERS, TECHNOLOGY, AND MENTAL HEALTH

A Cultura Vitae Symposium hosted by Chesterton Academy



### "UNDERSTANDING THE PSYCHOLOGY OF YOUR CHILD"

Administrator at St. Mary and St. Anthony Parishes, Menomonee Falls
Former Director of Counseling at the North American College Seminary in Rome
Former Professor in Pastoral Psychology at the Angelicum in Rome

### "NORMAL STRESS VERSUS MENTAL HEALTH CONCERNS"

Masters degree in counseling from UW-Madison School counselor at St. Jerome Catholic School 10 years of experience as a Catholic psychotherapist





# "TECHNOLOGY, PORNOGRAPHY, & UNCOMPROMISING PURITY"

Faculty member at Chesterton Academy of Milwaukee, 8 years in high school & YA ministry
Former Team Director for FOCUS Missionaries on college campuses
Trained mentor for "Uncompromising Purity" initiative to help college
students overcome pornography addictions

# "BUILDING RESILIENCY"

Lieutenant Colonel in the Army reserve, 22 years of service including a year in Iraq Wisconsin trial and appellate judge for 12 years and former state legislator for 11 years Certified Master Resiliency Trainer in the Army Reserve



# THURSDAY, FEBRUARY 16

6:30-8:30 P.M. | Chesterton Academy

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