

With all of the great technological advances in the last decades, people are facing challenges that no other generation has faced. Studies show that our young people between the ages of 8-18 spend 11.5 hours each day using various devices, and that the average age of first exposure to pornography is 9.

Thursday, January 26, 2017, 7 PM to 8:30 PM

Breaking Free: Moving Beyond the Shame, with Father Gregory Greiten and Pamela Schmidt-Peckham, MSW

Os Developments in technology

- If the reality of online pornography today, and child exposure
- Talking with your children and teens about sexuality
- The development of addiction in adults, teens and children

Thursday, February 23, 2017, 7 PM to 8:30 PM

Internet Safety: What Parents Need to Know about Technology and Sexuality in the Digital Age, with Father Greg Greiten and Pamela Schmidt-Peckham, MSW

- s Keeping your children and teens safe online
- Os Developing intimate relationships

- $\ensuremath{\mathscr{C}}$ The impact of pornography on the brain, and brain development
- Understanding the effects of new technology
- cs Resources to assist parents

Father Gregory Greiten is pastor of St. Bernadette parish in Milwaukee, and has advanced training in pornography and sexual addiction. Pamela Schmidt-Peckham, MSW, is a therapist specializing in the treatment of sexual addictions, trauma and eating disorders. She has an extensive private practice.

St. Mary Visitation Parish, 1260 Church Street, Elm Grove — Church Atrium

These sessions are sponsored by St. Mary Visitation School, and the Office for Marriage and Family Life, Archdiocese of Milwaukee. For more information, please contact Susan McNeil, Director, at 414-758-2214 or mcneils@archmil.org.