

St. Mary Visitation School 2018 Family Lent Overview

Theme: Grow & Change In Christ this Lent

As Catholics we dedicate ourselves throughout Lent to deeper prayer, sincere fasting, and selfless almsgiving.

February 13th, Mardi Gras /Fat Tuesday



Tuesday Buddy Lenten Theme Activity

Our big and little buddies will work together to make a Lenten locker poster based on our theme reminding them to grow and change each day of Lent through their Lenten commitments to Christ.

† February 14th, 8:00AM, Ash Wednesday All-School Liturgy

- Families are invited to join us for this sacred liturgy in church.
- Students will sit in the front section of the church so parents and parishioners joining us for mass have plenty of room.



† February 14th – March 7th, Collection for House of Peace

Once again this Lent, families will be asked to help the clients of Milwaukee's House of Peace by filling a special brown bag with personal hygiene products for them. Clients for this agency are the homeless, unemployed, or underemployed of the inner city of Milwaukee. Through this collection, we extend our stewardship to them. More information on this agency's mission can be found at www.houseofpeace.org.



- Wed., Feb. 14th, bags come home with youngest or only child of each family.
→ On the outside of the bags is a check list of what families can donate.
- Wed., Mar. 7th – please return filled bags to school by this date.

† February 23rd, All Day Labyrinth Prayer Walk

Key to a sincere and deep Lenten season is ongoing prayer. We will have a large floor prayer labyrinth in the school gym on this day. Each homeroom class will have time to walk the labyrinth to allow students to pray in a unique way while they are on their Lenten journey. This quiet and calm walk will help students center on their commitments to Jesus during this holy season of Lent. Walking a prayer labyrinth involves 3 stages: purgation (releasing of bad thoughts, concerns, etc.), illumination (receiving guidance & inspiration from Christ), and union (returning to Christ).

† March 1st, Thursday, 1:30PM, Bishop Schuermann Stations of the Cross

We are blessed to have Bishop Schuermann leads us in this sacred prayer service to help us deepen our Lenten journey. We hope you can join us for this all-school prayer service.

Grade-Level Penance and Reconciliation Services

We celebrate this sacrament during the Lenten season so as to heal, reconcile, and live in a right – relationship with God and with others.

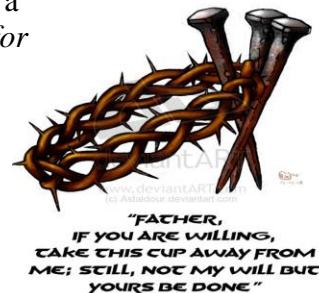
- ◆ Grades 6, 7, 8: Tuesday, February 27th, 1:00PM
- ◆ Grades 2, 3, 4, 5: Monday, March 5th, at 1:20PM

† March 29th, Holy Thursday, 9:45AM, Grade 8 Living Stations of the Cross

This dramatic re-enactment of the last hours of our Lord's life is portrayed in vivid detail, ushering the school community into the Holy Triduum in a unique and sincere way. *Please join us on Holy Thursday in the church for this annual and solemn presentation.*

- ✧ Presented by our Grade 8 students

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† Family & Student Lenten Resources

This year we are sending home a resources for families with students in grades K5 – 5 to use at home, while also having our Jr. High students use a special Lenten Scripture Journal in Theology class time.

† Classroom Lenten Posters

Each homeroom class will have a special Lenten Poster with the school's theme and logo displayed upon it. Students and teachers will sign the poster to remind them to live out this theme through each day of Lent. Our Lenten Posters will then be used each Wednesday morning of Lent as a special reminder for students to enter the school in silent union with Jesus.



† Silent Entry Wednesdays

Students will enter the school silently while reflective music plays in the hallways, reflecting how they are to do small acts of kindness to “piece” together their faith in Jesus, especially during this Lenten season.

† Weekly Wednesday Classroom Prayer Services

Every Wednesday morning starting Feb. 21st, (not on Ash Wednesday due to morning liturgy), each homeroom will do a Lenten prayer service at 7:45am in their classroom.

- At the end of these prayer services, students will reflect on how they are growing and changing for Christ this Lenten season.

† Personal Lenten Adoration

Once again this year all students will spend time praying in the Adoration Chapel to help the students build a stronger prayer life with Jesus. This silent, holy prayer time before the Blessed Sacrament will be done at various times throughout this Lenten season.



† Grades 6-8 Wednesday Prayer Days

Each Wednesday's theology class time students will reflect on their three Lenten promises on their Giving Chart through time in quiet reflection and prayer in the church and Adoration Chapel. Their three Lenten Promises are: 1) giving up something for Jesus; 2) spending more time in personal prayer; 3) serving others in a new and special way.

† March 29th – April 1st, Easter Triduum: Holy Thursday, Good Friday, and Easter



Triduum Prayer: Lord Jesus, your resurrection is a gift of salvation and hope. You overcame death and darkness with light and life so we might all live full lives here on Earth and rejoice with you some day in heaven. Amen

Lent: deeper prayer, sincere fasting, and selfless almsgiving.

St. Mary's Visitation Catholic Parish School exists to direct children toward God and toward Christian service to society through Catholic religious formation, academic challenge and continuous improvement.