Camp Erin

Friday, April 24 - Sunday, April 26, 2026

CaringMatters

CAMP ERIN
CARINGMATTERS
PART OF THE ELUNA NETWORK

What is Camp Erin?

Camp Erin is an overnight weekend camp for children and teens, ages 6-17, grieving the death of someone close to them. Campers will participate in wide range of activities including: recreation and outdoor activities, sharing memories, expressive arts, trust and bonding activities, and campfire. Camp Erin, **offered free of charge**, is staffed by trained volunteers and professionals. This opportunity is for children and teens who have not attended a previous session of Camp Erin.

Objectives for Camp:

- Build community
- Tell one's story
- Learn coping skills
- Express and process grief
- Remember and honor those who died
- Have fun!





Where is Camp Erin?

Camp Erin is located at Bar-T Mountainside in Frederick, MD (www.bar-t.com) Round trip transportation is provided to and from the CaringMatters Cottage in Gaithersburg, MD.



Why?

Camp Erin allows youth to tell their stories in a safe environment and learn to process their grief in healthy ways. They are able to have fun and meet others who are facing similar circumstances, learning they are not alone. Activities help them build a tool-box of coping skills, while honoring and remembering loved ones.

Camper Application - apply online here:

https://bit.ly/CampErinCamper2026
https://bit.ly/CampErinCamper2026Spanish

Application Deadline: Friday, March 27, 2026 at 3:00pm

To learn more about volunteering or to refer a camper, contact Eva Cowen, evac@caringmatters.org 301-869-4673 or visit https://www.caringmatters.org/camp-erin