

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Get started with tips for being a white ally: https://youtu.be/2c5xelPE8fc	Another take on allyship: How to Be an Ally, Don't: https://youtu.be/7sOPngK1DSc	Notice your resistance. Where do you find yourself pushing back against the videos?	Journal Reflection: Do I perceive myself as an ally? Why or why not? What actions reflect this?
Take the Pledge: https://notesfroman.aspiringhumanitarian.com/white-people-increase-your-racial-stamina-take-the-pledge/	Increase your racial literacy: https://www.goodreads.com/shelf/show/anti-racist	Check your privilege: http://www.sap.mit.edu/content/pdf/white_privilege_checklist.pdf	William Barber speaks, post-Charlottesville: https://www.facebook.com/moveon/videos/10154738290815402/	How do white nationalists and hate groups differ from institutional white supremacy?	How is opposing hate groups different from dismantling institutional white supremacy?	Journal Reflection: what am I opposed to? And what am I for?
Take Action: find a way to support a group that opposes Hate (Southern Poverty Law Center for example).	The King Philosophy: http://www.thekingcenter.org/king-philosophy	White Supremacy culture: http://cwsworkshop.org/PARC_site_B/dr-culture.html	How do UU values call our community to the work of dismantling institutional white supremacy?	What is a vision of Beloved Community where UU principles become UU ways of doing and being?	What is the role of UU's and other people of conscience to advance "moral conscience" in legislation and governance?	Journal reflection: what value or theology informs your anti-racism work?
Take action - support BLUU: https://www.uua.org/giving/are-as-support/funds/promise-and-practice	http://www.hopkinsmn.com/policy/equity/pdf/11-ways-avoid-taking-responsibility.pdf	Talking about racism with family and friends: https://youtu.be/c6Wq7mc5PAg	https://www.pri.org/stories/2016-07-09/script-talking-your-family-about-racism-and-police-shootings	Thanksgiving – talk to your family about racism	How is it talking to your family about racism? What are the stumbling blocks?	Journal reflection: is public or intimate allyship more difficult? Why?
Take action: learn more about the 8 th Principle proposal: https://www.8thprincipleuu.org/	https://www.theguardian.com/world/2015/jun/26/how-white-americans-can-fight-racism	What inspires you to continue with anti-racism work?	What have you learned this month? What was hard?	It doesn't stop here: What's your next goal?		

NOVEMBER

30 Days of Anti-Racism and white ally-ship



MY NOTES AND GOALS:
