



CONNECTT with us!



Connecting Our Neighbors Naturally Enriching Community Through Technology

Spring 2020

Phone



Computer



Tablet



What is CONNECTT?

CONNECTT is a way to socially connect with other people for free, doing things you enjoy - from the comfort of your own home. All you need is a computer, tablet or a phone.

The Greenwich Country Day School and the Greenwich Commission on Aging have organized 30 minute sessions on lots of topics. You can try just one or try them ALL. You'll meet local students, teachers, artists, other seniors - and your friends. You may even teach them a thing or two while having fun and connecting with a community of folks that care.

How Can I Join a Live Session?

- By computer or tablet
- By phone - a landline or smartphone

Everyone can join! You don't need to sign up in advance.

After you see the selection of sessions (below), you will learn how to join.

CONNECTT with us this week!

Pick one or both of these 2 sessions:

Trivia - 10:30 - 11:00 Thursday 3/26

What was the name of that popular song when you were a kid? Who won the world series 10 years ago? Have fun answering these and other wacky questions. Keep your own score and let's see who wins!

Gentle Chair Yoga - 10:30 - 11:00 Friday 3/27

Are you sitting down in a chair? Then you can do this!!
All you need to do is listen and be willing to move!

Here's How to Join a Live Session

10 minutes before a session starts...

- **On your computer:** **CLICK [HERE](#)** and you will see the video live session.
- **If you are on a smartphone or tablet,** download the Zoom app first from the App Store, and then click the link to join.
- **By phone:** **CALL (929) 205-6099** and then enter **3032051305#**

(If you don't want to see the people, you can just listen in on your phone.)

Having trouble connecting your device?

Join the session on your phone by dialing **(929) 205-6099** and enter **3032051305#** . Later, we will work with you individually so you can visually connect next week.

Can't wait for more?

The calendar for 3/30 - 4/3 will be out soon. [Click HERE](#) to see if it's up yet.

One-on-One CONNECTT Options

These 2 programs (below) are between you and just one other person.

Daily Phone Calls From a Friendly Volunteer

Get a daily phone call from a friendly volunteer or family who has been assigned to you and just wants to know that you are ok, every day. Set a time, or not! Make a cup of tea and talk to your new friend about anything. Catch up. Ask questions. Tell stories. Connect. Check in. Just give us your name and number, and you will hear back from us about which local family would love to connect with you and when they will reach you.

Get Technology Help

Is your computer (or tablet or cell phone) driving you crazy!? We want to help! If you need one-on-one help with your technology just let us know and we will connect you with someone who can help.

Do you need help CONNECTTing?

email cpg@gcds.net or call 203-863-5653 Leave your name and phone number. We'll call you back!

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