**Washington Parish COVID-19 Resources**

**Week of 4/20/2020**

**\*Compiled by the Bogalusa Strong Healthy Community Coalition**

**To add resources email** [**bogalusastrong@gmail.com**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\Resource%20List\bogalusastrong@gmail.com)

**COVID-19 GENERAL RESOURCES AND EDUCATION**

* **WBOX Community Spotlight COVID-19 Information Radio Show**
  + Tune in to WBOX 92.9 FM OR WBOX 920 everyday
  + Monday-Friday-12:00-1:00 pm
  + Mayor Wendy Perrette moderates a live radio broadcast to update the community on the latest COVID-19 information.
  + Listen to discussions related to COVID-19 with city officials, medical professionals, along with community resource information.
  + Call in with questions or concerns to 985-732-4288 during the live broadcast
* **City of Bogalusa COVID-19 Resource Website**
  + Visit **bogalusacovid19.com**
  + Send your church service information and any services your church is providing to the community to [**covid19@bogalusa.org**](file:///C:\Users\tmorrison\AppData\Roaming\Microsoft\Word\covid19@bogalusa.org) to be added to the COVID-19 City of Bogalusa resource page.
  + Additional community resources can also be accessed by clicking on the websites' residents tab and then clicking on community resources.
  + Follow the City’s Facebook page [**City of Bogalusa**](https://www.facebook.com/bogalusa.louisiana/)
* **COVID-19 in Louisiana**
  + The Louisiana Department of Health posts updated case numbers everyday at noon online at [**LDH.Louisiana.gov/coronavirus**](http://ldh.la.gov/coronavirus/)**.**
* **Questions About Coronavirus?**
  + Call 211 to Louisiana 211 Network by dialing dial 211.
  + Text LACOVID to 898-211
  + Visit LA211Help.org
* **Louisiana Government COVID-19 Information**
  + **<https://coronavirus.la.gov/>**
  + **Emergency COVID-19 Text Alert Sign-Up**
* Text LACOVID to 67283
* Smart911 Sign-Up
  + To locate and contact you by cell phone in case of an emergency
  + Visit[**https://www.smart911.com/**](https://www.smart911.com/)
  + [**Governor's Official Stay-at-Home Declaration**](http://www.opportunitystlandry.com/media/userfiles/subsite_29/files/JBE-33-2020.pdf)
  + [**Stay-at-Home Order Dos and Don'ts**](https://gov.louisiana.gov/index.cfm/page/93)
  + **Latest updates visit gov.la.gov**
* **Washington Parish Government Alerts & Updates**
  + Washington Parish Government website-visit [**Washington Parish Alerts**](http://www.washingtonparishalerts.org/)
  + Washington Parish Homeland Security & Emergency Preparedness Facebook page
    - [**Washington Parish Office of Homeland Security and Emergency Preparedness**](https://www.facebook.com/WPOHSEP/)
  + Washington Parish Government Facebook page [**Washington Parish Government**](https://www.facebook.com/Washington-Parish-Government-216188025176096/)
* **Representative Malinda White COVID-19 Resource**
  + Visit [**Malinda Works**](https://malindaworks.com/) or malindaworks.com
  + Facebook page [**Representative Malinda White**](https://www.facebook.com/RepresentativeMalindaWhite/)
  + Contact Rep. White at [**whitema@legis.la.gov**](mailto:whitema@legis.la.gov) or call 985-730-2147
* **Senator Beth Mizell**
  + Contact Senator Mizell at [**mizellb@legis.la.gov**](mailto:mizellb@legis.la.gov) or call 985-839-3936
* **CDC Guidance on Use of Cloth Face Coverings to Help Slow the Spread of COVID-19** 
  + [**CDC Face Mask Guidance and Pattern**](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html)
* **What To Do If You Are Sick** 
  + The Centers for Disease Control and Prevention created [**this guide**](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html) for steps to take if you are sick with COVID-19 or suspect you are infected with the virus to help prevent the disease from spreading to people in your home and community.
* **Washington Parish Library**
  + Washington Parish Library closed to the public.
  + Staff available at 985-735-1961
  + Free Wi-Fi in the libraries parking lot-check Wi-Fi access code on doors
  + Bogalusa Wi-Fi access (bog735-1961alusa) or located on branch door
  + Visit washintonparishlibrary.info and Facebook page
* **LSU AgCenter COVID-19 Educational Resources**
* Food safety, planting a garden
* Kids Veggie Bit Newsletter
* **www.lsuagcenter.com**
* **https://www.lsuagcenter.com/…/employe…/educational-resources**
* **United Way of Southeast Louisiana Resources**
  + - * Sign up for updates on COVID-19 resources[**United Way SELA**](https://www.unitedwaysela.org/)
      * Facebook Page[**https://www.facebook.com/UnitedWaySELA/**](https://www.facebook.com/UnitedWaySELA/)

**COVID-19 INFORMATIONAL WEBSITES & FACEBOOK PAGES**

To stay alert on the status of COVID-19 in Louisiana, please reference the below resources frequently.

* [**Louisiana Department of Health’s COVID-19 Website**](http://ldh.la.gov/coronavirus)
* [**Medicare Updates**](https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page)
* [**Louisiana 211 Network**](https://www.louisiana211.org/)
* [**Guidance from the Centers for Disease Control and Prevention**](https://www.cdc.gov/coronavirus/2019-nCoV/index.html)
* [**Federal Government Response to COVID-19**](https://www.usa.gov/coronavirus)
* [**Bogalusa.org**](mailto:kaykayvarnado@bogalusa.org)
* [**Washington Parish Alerts**](http://www.washingtonparishalerts.org/)
* [**Washington Parish Office of Homeland Security and Emergency Preparedness**](https://www.facebook.com/WPOHSEP/)
* **Social Media/Facebook Updates:**
  + [**CDC Facebook**](https://www.facebook.com/CDC/)
  + [**LDH Facebook**](https://www.facebook.com/LaDeptHealth)
  + [**Bogalusa Strong**](https://www.facebook.com/bogalusastrong/)
  + [**Washington Parish Government**](https://www.facebook.com/Washington-Parish-Government-216188025176096/)
  + [**Washington Parish Office of Homeland Security and Emergency Preparedness**](https://www.facebook.com/WPOHSEP/)
  + [**City of Bogalusa**](https://www.facebook.com/bogalusa.louisiana/)
  + [**Our Lady of Angels Hospital**](https://www.facebook.com/OurLadyoftheAngelsHospital/)
  + [**Washington Parish Council on Aging**](https://www.facebook.com/Washington-Parish-Council-on-Aging-209205629470044/)
* [**walpen.org/covid-19**](https://www.walpen.org/covid-19)

**Healthcare**

* **Our Lady of the Angels Hospital and Our Lady of the Angels Physician Group**
  + **COVID-19 Hotline: 985-730-6120**
    - Monday-Friday 9:00 am-3:00 pm
  + **Our Lady of the Angels Physician Group Video Visits**-**Call 985-730-6970 to schedule**
    - Offers convenient access to your healthcare provider from your smartphone, tablet or computer. Now accepting new patients.
    - Our team provides easy-to-follow instructions to get your appointment started.
    - Visit [**OLOAH.org/Coronavirus/video-visits**](https://urldefense.proofpoint.com/v2/url?u=http-3A__OLOAH.org_Coronavirus_video-2Dvisits&d=DwQGaQ&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=iC0BXlUANkfdeWJZhSqY24yL234fHcAcIDKamtMv6zc&s=NElt3U9ZcgEDu16eLSzXFy1aZoyr9bfzjkADyb87i_4&e=) to learn more.
  + **Drive through COVID-19 testing is available**
    - Patients must be referred by an Our Lady of the Angels Physician Group provider
* **Drive through Respiratory Clinic**
  + Call 985-730-6970 for appointments

▪ **Visitor Guidelines**

* Our hospital and clinics currently have a ZERO visitor policy, exceptions allow for 1 adult visitor with pediatric patients, laboring mothers, and special circumstances as determined by the attending physician for end of life, critically ill patients or patients with special needs. Immediate family members only. We are taking extra precautions to ensure the safety of our patients, community and team members.
* **Implementations of Universal Facemask Guidelines & Recommendations** 
  + - Encouraging patients and approved visitors to wear their own cloth facemask to hospital facilities and clinics.
      * + Visit the LDH website for CDC Guidance on Use of Cloth Face Coverings to Help Slow the Spread of COVID-19 to include patterns.
        + [**CDC Face Mask Guidance and Pattern**](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html)
  + **Check** [**OLOAH.org/Covid19**](https://urldefense.proofpoint.com/v2/url?u=http-3A__OLOAH.org_Covid19&d=DwQGaQ&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=iC0BXlUANkfdeWJZhSqY24yL234fHcAcIDKamtMv6zc&s=JPS_2vM6i_TDrZ-2fLnVdXCtskNhhv2iGuYhhlWEwCA&e=) **and @OurLadyoftheAngelsHospital** **on Facebook**
* Ongoing education, facts and blog posts related to COVID-19.
* **Riverside Medical Center** 
  + No visitation policy: restricted to one support person for pediatric patients. Restricted visitors required to go through a screening process including a temperature check and symptom questions
  + Telemedicine visits available from all primary care providers
* Patients can meet with their primary care provider via smartphone, tablet or computer.
* Accepting new patients.
* Pediatric Clinic Open
  + - Monday- Friday-8:00 am -12:00 pm
    - Call 985-839-3555
* Walk-in Clinic Open
  + - Monday, Tuesday & Thursday 3:00-5:00 pm; Friday 1:00-5:00 pm
  + For updates check [**Riverside Medical Center**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\Riverside%20Medical%20Center)
  + Call 985-839-4431
* **COVID-19 Community Testing Sites & Requirements** [**COVID 19 Test Sites**](https://docs.google.com/spreadsheets/d/18vys3Y5Owxbxnd5Sw0yB2r4LcfOxH1ERWBayI2ZwlMU/htmlview?usp=sharing)
* **Rapid Urgent Care-**57 Cumberland Street, Bogalusa, LA-985-545-1300
  + Office hours Monday-Friday Hours 7:00 am-6:30 pm; Saturday and Sunday 9:00 am-5:00 pm
  + Virtual visits (telemedicine) available [**Rapid Urgent Care**](https://www.rapidurgentcare.com/telehealth-page)
* **Bogalusa Health Unit Clinic**-**626 Carolina Avenue, Bogalusa-985-732-6615**
* WIC, TB and limited reproductive health services only
* Providing curbside service
* Office hours 8:00 am to 4:30 pm Monday, Tuesday and Thursday
* **Franklinton Health Unit Clinic-120 11th Street-Franklinton, LA-985-839-5646**
* WIC, TB and limited reproductive health services only
* Providing curbside service
* Office hours 8:00 am to 4:30 pm-Wednesday and Friday
* **Medicaid Resources**
* Washington Parish Council on Aging, 985-241-4359 or 1-888-342-6207
* OLOAH Plaza St. Bogalusa, LA 985-730-7135
* Washington Community Health Center 2807 S. Columbia St. 985-730-7310
* Apply online at [**MyMedicaid.la.gov**](file:///C:\Users\tmorrison\AppData\Roaming\Microsoft\Word\MyMedicaid.la.gov) or call 1-888-342-6207
* [**Medicaid Updates**](http://ldh.la.gov/index.cfm/page/3872)
* Medicaid Transportation, 1-800-864-6034
* **Resthaven Living Center**
* No visitors policy into effect; no outside items
* Four tablets have been set up so families can FaceTime loved ones.
* Call at 985-732-3909 to schedule
* **Washington Community Health Center**
  + Telemedicine appointments available call 1-877-580-2066 or 985-730-7310
  + Primary Care Providers: Dr. Vanessa Cortés & Timothy Martin, NP
  + Behavioral Health Providers: Dr. Michael Henke & Tara Williams, LCSW
  + Download the My Strength digital app at myStrength.com-Access code-AHLwashington
    - Wellness resources, self-help tools, online health trackers, personalized activities, uplifting daily quotes
    - Available 24 hours a day/7 days a week.
  + Access Health Louisiana Pharmacy medication free home delivery, prescription assistance programs, as well as hard-to-find medications.
    - Call the pharmacy directly at: 985-785-5826 or toll-free 1-833-556-6290
  + Visit the Facebook page at [**Access Health**](https://www.facebook.com/AccessHealthLA/) and website at accesshealthla.org
* **Dr. K’s Family Medicine 2781 South Columbia St. Suit A Bogalusa, LA**
* Telehealth appoints available Monday-Friday 8:00 am-5:00 pm
* Call 985-241-5530
* Text line available for your health questions to 985-273-5706
* **Healthy Blue**
  + LiveHealth Online-Talk to a doctor 24/7
  + Free sign up at <https://livehealthonline.com/>or download free LiveHealth online mobile app

[**www.myhealthybluela.com**](http://www.myhealthybluela.com)

* + Free virtual Zumba Fitness classes
    - Zoom link available by request call 318-855-9270

**PHARMACY**

* **Creel’s Family Pharmacy, 26496 Hwy 62, Franklinton, LA 985-848-5555**
  + Monday thru Friday 9:00 am-5:30 pm
  + Drive-thru service available
  + Call in order ahead of time and/or use the RefillRx.com app before you come to the store
  + Dropbox available during pharmacy open hours
* **C and F Pharmacy Inc.** **424 Austin St, Bogalusa, LA 70427 985-732-2501**
  + Drive-Thru and delivery only. $10 minimum for nonprescription purchases
* **City Drug Store 330 Austin St, Bogalusa, LA 70427 985-732-2561**
  + Monday thru Friday 8:30 am-5:30 pm
  + Drive-thru and pick-up only. Delivery within city limits.
  + Call in and/or download the move app (RX Local) before you come to the store
* **Forshage Drug Store 1919 Main Street Franklinton, LA 985-839-4486**
  + Drive thru service window open only
  + Delivery available for those not physically able to come pick up medication
* **Free Drug Discount Card**
  + [Visit **FamilyWize**](https://www.unitedwaysela.org/familywize) to save on regular prescriptions
* **Neilsen’s Pharmacy 1619 S Columbia St. Bogalusa, LA 985-732-2562**
  + Monday-Friday 8:30 am-5:30 pm; Saturday 8:30 am-12:30 pm
  + Drive thru and delivery only
  + Call in your orders ahead of time or download the mobile app (RX Local)
  + Disable medical equipment available 985-732-5356
* **Rocky Med Shoppe 133 Cumberland St. Bogalusa, LA 985-732-5874**
  + Monday-Friday 8:30 am-5:30 pm, Saturday 8:30 am-12:30 pm
  + Call ahead or use the app for faster service
  + Drive up window or free delivery service
* **Sumrall’s Pharmacy, 30304 LA-21, Angie, LA 985-986-4433**
  + Monday-Friday 8:00 am-5:30pm
  + Drive-thru service available

**Living Well-Ahead During COVID-19**

* **Quick Tips to Combat COVID-19**
  + To learn more about the below tips visit **<http://wellaheadla.com/Living-Well-Ahead/COVID-19>**
    - Tips for food delivery; grocery shopping; safely feeding you and your family
    - Making healthy lifestyle choices
    - Diabetes management & prevention
    - Preventing diabetes
    - Managing hypertension
    - Obesity prevention
    - Quit tobacco
* **Just for Parents: Promoting Healthy Behaviors at Home**
  + - To learn more about the below tips visit [**Living Well-Ahead Just for Parents**](http://wellaheadla.com/Living-Well-Ahead/Just-For-Parents)
      * Healthy meals for children
      * Keeping children active at Home

**CRISIS & EMERGENCY ASSISTANCE**

* **Call 211**
* Crisis counseling, resources and emergency assistance hotline
  + **Teen Crisis Text Line: 504-777-3273**
  + **Suicide Prevention: (800) 273-TALK**
  + **Text for Info & Referrals: TXT 211/898211**
  + **Opioid Help: text to 898211 and enter “opioid”**
  + **Crisis Chat Access: at** [**VIALink**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\Resource%20List\www.vialink.org)
* **American Red Cross 800-306-2029**
* **ADAPT Sexual Assault/Rape Crisis Hotline 985-732-4961**
* **Domestic Abuse-Safe Harbor, 985-626-5740**
* **LA Domestic Violence Hotline/Southeast Advocates for Family Empowerment (SAFE)**

**985-542-8384 or 888-411-1333**

**FOOD & SUPPLIES**

* **Bogalusa City Schools Meal Delivery**
  + Grab and Go Meals will resume after Spring Break on April 20, 2020. No meals from April 8-19th.
  + Meals on Monday-child receives two breakfasts, two lunches; Wednesday- three breakfasts, three lunches starting on April 20th
  + Meals will resume till the end of the school year
  + Summer Feeding Program will continue
  + Check the website at [**www.bogschools.org**](http://www.bogschools.org/?fbclid=IwAR281MCLTCh-WRlPZrGnxRhxw5ew0y0oAtvhCmmTG9z-5Tl5Z_pUd9rd4cU) and Facebook page [**Bogalusa City Schools**](https://www.facebook.com/bogschools.org/) for delivery locations and updates
* **Bogalusa Help Center 350 Martin Luther King Jr. Dr., Bogalusa, LA**
* Membership can be applied for on any Wednesday from 9-11:15 a.m.
* Open 8:00 am-12:00 pm on Wednesdays
* Drive through accessible by 3rd Street
* Cash donation urgently needed
  + Bogalusa Help Center

P.O Box 1425

Bogalusa, LA 70429

* Food donors park directly in front for off-loading on Wednesday mornings or leave a phone message on Wednesday for other arrangements.
* Call 985-735-6404
* Visit on Facebook Bogalusa Help Center
* **Cancer Association of Greater New Orleans**
* Providing cancer patient resources and nutritional supplements (BOOST)
* Contact
* **Help Center of Churches-946 Ellis St. Franklinton**
  + New application 8:00 am-12:00 pm by phone every Tuesday
  + Food distribution from Tuesday, 1:30-2:30 pm
  + Drive through available
  + Food donations needed
  + Cash donations accepted

Help Center of Churches

P.O. Box 573

Franklinton, LA 70438

* + Call 985-839-2541
* **LSU AgCenter COVID-19 Food Safety and Educational Resources**
* **[https://www.lsuagcenter.com/…/employe…/educational-resources](https://www.lsuagcenter.com/portals/administration/about-us/vice-president-dean-office/covid-19-info/employee-related-information/educational-resources?fbclid=IwAR1m9GcZ12H6pWOPC_-Nu2zqEP6YAY47JUZ1PrGehYb6WzjGaNB7QM9K6ls" \o "LSU AgCenter COVID19 Educational Resources" \t "_blank)**
* **SNAP (Supplemental Nutrition Assistance Program)**
* Application or information on who is eligible
* Application assistance call Northshore Catholic Charities 985-605-5840
* Text GETSNAP to 898-211
* Email [**LAHELPU.DCFS@la.gov**](mailto:LAHELPU.DCFS@la.gov)
* Visit [**www.dcfs.la.gov/getsnap**](http://www.dcfs.la.gov/getsnap)
* Call 1-888-524-3578
* **Washington Parish Food Bank & Thrift Store** **2208 Washington St., Franklinton, LA** 
  + - Food distribution every Tuesday and Thursday 9:00 am-1:00 pm (excluding holiday)
    - New sign up on Tuesday only between 9:00 am-12:30 pm
    - Drive through
    - Call 985-322-2017
* **Washington Parish Council on Aging**
* Meals on Wheels-homebound meals continue for those previously registered
* Homebound and regular congregate meal clients
  + Delivered two weeks of 10 frozen meals to homes every other week
* Emergency meals for qualified non-registered seniors available for seniors 60+ yrs.
* To donate to assist providing meals for seniors call 985-732-6869
* LA Transit rides are available for medical appointments, grocery, drug store, and bank.
* Contact Washington Parish Council on Aging Monday-Friday 8:00 am-1:00 pm at 985-732-6869
  + [**What do older adults need to know?**](https://acl.gov/COVID-19)
* **Washington Parish Schools Meal Delivery**
* Drive through breakfast and lunch-Mondays, Wednesdays, and Fridays 10:00-11:15 am. No meals from April 8th-21th. Meals resume April 22nd.
* Locations: Enon Elementary, Franklinton Primary, Mt. Hermon, Thomas Elementary, and Wesley Ray Elementary school cafeterias
  + At least one child must be in the vehicle at time of pickup
  + Updates[**Washington Parish Schools**](https://wpsb-la.schoolloop.com/)
* **WIC (Women, Infant & Children)**
  + Bogalusa WIC Clinic-626 Carolina Avenue, Bogalusa-985-732-6615
* Providing curbside service
* Office hours 8:00 am to 4:30 pm Monday, Tuesday and Thursday
  + Franklinton WIC Clinic-120 11th Street-Franklinton, LA-985-839-5646
    - Providing curbside service
    - Office hours 8:00 am to 4:30 pm Wednesday and Friday
  + Visit [**louisianawic.org**](http://louisianawic.org/)
* **Online Grocery Orders & Pick-Up**
  + **Walmart visit** [**Walmart Pickup**](https://grocery.walmart.com/)
  + **Winn Dixie-Franklinton** [**Winn Dixie**](https://www.winndixie.com/)

**SENIOR CITIZENS RESOURCES**

* **Senior Store Hours**
* **Walmart-Every Tuesday from 6:00-7:00 am**
* **Dollar General-Everyday-1st hour of operation**
* Bread comes on Mondays, Thursday’s, and Saturday’s. Milk comes on Mondays and Fridays. Dollar General truck comes on Thursday but it takes a few days to complete so please be patient we are doing the best we can.
* **Food Depot 100 Cumberland St. Bogalusa, LA 985-735-7443** 
  + Store Hours 7 days a week 7:00 am-10 pm
  + Elderly, disabled and first responders’ preference shopping hours: 7:00-8:00 am daily
* **Jack Browns Food Store Franklinton, LA 985-839-4054**
  + Store Hours Monday-Saturday 8:00 am-8:00 pm; Sunday 12:00-6:00 pm
  + Senior Hours-Monday-Saturday 7:00 am-8:00 am
  + Pickup orders now available by calling 985-839-4054
* **Washington Parish Council on Aging & Resources**
* Meals on Wheels-homebound meals continue for those previously registered
* Regular congregate meal clients will be delivered to homes
* Emergency shelf stable meals for qualified non-registered seniors available
* Donations to help provide meals for seniors call 985-732-6869
* LA Transit rides are available for medical appointments, grocery, drug store, and bank.
* Contact Washington Parish Council on Aging Monday-Friday 7:30 am-1:00 pm at 985-732-6869
* [**What do older adults need to know?**](https://acl.gov/COVID-19)
* **CDC** [**specific guidelines**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fhigh-risk-complications%2Folder-adults.html%3Ffbclid%3DIwAR2Hglwn_1wzsh2TBj1dPDO51AGy1arZdqJTQKccGNQY3dj94hr5TaNOFFE&h=AT2Kqpqke2bX2HvtGkT-jTRExMk3BpYKn2Cp_JaNUKPzAn_LAmu5GX6IbWSGmYbF6nP7Z4x-wRoY3khwa4lGUEY-rk_Wi9a80B6E4b9oJQQnPtd6SUnDZLII8LdY3kCCD1dOGg) **for seniors**
* **Medicare**: For information on how Medicare is handling the Covid-19 outbreak, [**CLICK HERE**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.medicare.gov%2Fmedicare-coronavirus%3Ffbclid%3DIwAR1hLOPaf2JoD7r_87cbioc-civx2eVVf8yMnF_xMI4kmAQgL8UFE7mi9Rs&h=AT2_OoRXDAMZtSGWIL-nEKaX4Pjey7niKXfMdR4Qp1uqFMNi_bjHxjvSAssoGLiY_cCrpsMZnTimOnbayMh4GTVRCuQ0xxuR69aI-Xs5Z-acdDr5nd4L77mPt7YyJqMby7Ow-A)
* Medicare covers the lab tests for Covid-19. You will pay not out-of-pocket costs.
* Medicare has temporarily expanded its coverage of telehealth services to respond to the Coronavirus. These services expand the current telehealth covered services, to help you have access from more places, with a wider range of communication tools, to interact with a range of providers.
* **Social Security**
* Coronavirus Social Security Administration information, [**visit their website here**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.ssa.gov%2Fcoronavirus%2F%3Ffbclid%3DIwAR2dVV-caAnlDBsta4GpSxPu7NK3wT7xAanNhWZZ3Mf2_s6RGpPlsNOWHlY&h=AT0erTh9lkRZr3V_Vua4ukJui44JfH9ww1_Qzki1-nA_jEYQ4SbFk-UBqVIss_SpbsHx_13iKId4w50NeEBy8CsgvFpoKcRMkO1nrJTU01BccaPAKfbQf3nAnCdpFySHty6krw)
* Social Security beneficiaries will continue to receive their full monthly benefits.
* **Eldercare Locator 1-800-677-1116 or** [**https://eldercare.acl.gov/**](https://eldercare.acl.gov/) for community services

**VETERANS INFORMATION & RESOURCES**

* **Department of Veterans Affairs COVID-19** [**dedicated website**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.publichealth.va.gov%2Fn-coronavirus%2F%3Ffbclid%3DIwAR0ic1bqm3CZUlNFTkKv4QeEKmPxc66Wc2p8UE2uy-lw0qcZ8gl296vj0y4&h=AT0T9kGYqjp7EfMURy4jeXJTEFDabNKEXKmJJsUtLj9PWSXdTvXWESQis4G7fFJ2_Rtos-k-8MhfGbRzf9epf0USAbt3FcYtfdFL-zysDvaKpT1UnJiyp37B1_o7YVPGKuDNkQ) and [**Coronavirus FAQs**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.va.gov%2Fcoronavirus-veteran-frequently-asked-questions%2F%3Futm_source%3DVA%2BAlert%26utm_medium%3DBanner%26utm_campaign%3DCORONAVIRUS%26utm_content%3DFAQ%26fbclid%3DIwAR2JrXdCLHe1nhz_na_04a1NbgUVUgtPHPLBK-wOtiTsfE62-dvTXuHGOAY&h=AT3fBbrCwiP9RJFm3LDeJh6r0RhW2yq_bfUvEVg6cXe3kgVjaqAb7hvATcytA7oZdK2RZevaGLUjjF5fnNgD70tazxClyg2jk2T3APo-9I_ni_SlMZVastHq17OsJf_3CcaJBQ)**:** What Veterans Need to Know.
* **VA Facilities for COVID-19 Assistance**
  + Any Veteran with symptoms such as fever, cough or shortness of breath should immediately contact their local VA facility. ***VA urges Veterans to call before visiting*** – you can find contact information for your [**closest VA facility**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.va.gov%2Ffind-locations%2F%3Futm_source%3DVA%2BAlert%26utm_medium%3DBanner%26utm_campaign%3DCoronavirus%26utm_content%3Dlink%2Bto%2Blocator%26fbclid%3DIwAR3MVPWQYveYPqCbSAkPnFN3XEsgDkzeqASyjBcZR0k2zE-wlpOZfQU_GmA&h=AT1CKTP9PI9x3ch-zYZh_UGbzhERdyTvt6A6mYvblG3bK5JOHR4odvW7muPgRGo_Gn_ySeEYtndNGJqt66_ZilCYnPREXrebsCsxw83_ycUHM6uPVe9ARSfq2GWJaxJQhX2KCw)**.**
* **Prescriptions**
  + Mail prescriptions will continue refills as normal. VA encourages all prescriptions to use the [**online prescription refill and tracking**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.myhealth.va.gov%2Fmhv-portal-web%2Fuser-login%3Fredirect%3D%252Fmhv-portal-web%252Fhome%26fbclid%3DIwAR1OgB2upFL5IP-J-sbSqrTx-xCdyCvf7-JGB5_jUful0_hqIf9nwNA5fD8&h=AT0PO1UJjvdMcJpIWoJ6uPjEWUgVLrgr082QnLrTmLWoHgWVLad1H1pp5uWJsiT7JCUg-s4E3oIcx2OnCprs6K-GJQUKJBKOnS_Ixx9hFIFis5zyGf8OOqb1HCiS_RZANpfJYw) tool.
* Department of Veterans Affairs (VA) student education benefits [**coronavirus (COVID-19) outbreak**](https://www.cdc.gov/?fbclid=IwAR0X5Ui_QoB3cERm94pBCEZBlnPRHGYUQY75bX1PaJ8tfSCvD51HmqQvw20)

**FAMILIES**

* [**Families First Coronavirus Response Act: Employee Paid Leave Rights**](https://www.dol.gov/agencies/whd/pandemic/ffcra-employee-paid-leave)**(**[**PDF**](https://www.dol.gov/sites/dolgov/files/WHD/Pandemic/FFCRA-Employee_Paid_Leave_Rights.pdf)**)** 
  + Spanish **(**[**PDF**](https://www.dol.gov/sites/dolgov/files/WHD/Pandemic/FFCRA-Employee_Paid_Leave_Rights_SPANISH.pdf)**)**
* [**Families First Coronavirus Response Act: Employer Paid Leave Requirements**](https://www.dol.gov/agencies/whd/pandemic/ffcra-employer-paid-leave)**(**[**PDF**](https://www.dol.gov/sites/dolgov/files/WHD/Pandemic/FFCRA-Employer_Paid_Leave_Requirements.pdf)**)** 
  + Spanish **(**[**PDF**](https://www.dol.gov/sites/dolgov/files/WHD/Pandemic/FFCRA-Employee_Paid_Leave_Requirements_SPANISH.pdf)**)**
* [**Families First Coronavirus Response Act: Questions and Answers**](https://www.dol.gov/agencies/whd/pandemic/ffcra-questions)
* [**COVID-19 and the Fair Labor Standards Act: Questions and Answers**](https://www.dol.gov/agencies/whd/flsa/pandemic)
* [**COVID-19 and the Family and Medical Leave Act: Questions and Answers**](https://www.dol.gov/agencies/whd/fmla/pandemic)
* **Nurse Family Partnership**
  + Family support and coaching services to help with pregnancy, parenting, newborn care, finances, life goals, and more. Moms-to-be and families partner with a nurse or parent educator who provides personalized education, guidance, support, connections to resources during pregnancy and for the child’s 2nd birthday.
    - * Must be a first-time mother
      * Must enroll before 29 weeks of pregnancy
      * Must be eligible for one or more of the following at time of sign-up: Medicaid, WIC, SNAP, TANF, or SSI
  + Telehealth services available
  + Questions or referrals call 985-871-0210
  + Visit <https://www.nursefamilypartnership.org/about/>
  + Louisiana Partner for Family Health facebook <https://www.facebook.com/LouisianaPHB/>
* **Just for Parents: Promoting Healthy Behaviors at Home**
  + - To learn more about the below tips visit [**Living Well-Ahead Just for Parents**](http://wellaheadla.com/Living-Well-Ahead/Just-For-Parents)
      * Healthy meals for children
      * Keeping children active at Home

**SCHOOLS & CHILDREN**

* [**Helping Children Cope with COVID-19**](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?fbclid=IwAR07IiN1VDhI2gBWRTKREIdMpbBq363nQadpAA4cY9n8vHy3YCuGOeMlFuU)
* **Louisiana Department of Education**
* Resources for educators and families
  + Visit [**Louisiana Believes**](https://www.louisianabelieves.com/resources/covid-19?fbclid=IwAR2tB7wUVSQO1cYUiKuBWm0wDngu3AkQq8qJehDA-MFUlqWnzObSf22xvxE)
* **Bogalusa City Schools Online Resources**
* Visit[**https://bogschools.entest.org/…/OnlineLearningResources.docx**](https://bogschools.entest.org/docs/OnlineLearningResources.docx?fbclid=IwAR2MWFcZ_YfdKaMrm9yB2Irnxt83r1qYce6iM8gZESrSrzGsbBab6-lDPGs)
* **Just for Parents: Promoting Healthy Behaviors at Home**
  + - To learn more about the below tips visit [**Living Well-Ahead Just for Parents**](http://wellaheadla.com/Living-Well-Ahead/Just-For-Parents)
      * Healthy meals for children
      * Keeping children active at Home
* **LPB/PBD Kids**
* PreK-High School educational programming and resources-visit [**lpb.org/athome**](file:///C:\Users\tmorrison\AppData\Roaming\Microsoft\Word\lpb.org\athome)
* **Kidline 1-800-CHILDREN**
* **Brilliant Mindz Community Center-512 East 6th St. Bogalusa**
  + Providing educational resources for parents and children in bin outside front door
  + Life skills, social skills and ADAPT sexual assault informational brochures available
  + Facebook page Brilliant Mindz Community Center
* **Report Child Abuse Hotline 855-452-5437**
* **Early Steps-985-429-1252**
  + Providing tele-therapy services to infants and toddlers aged birth to three years (36 months) who have developmental delays
  + Accepting referrals for new clients
  + Visit [**Early Steps**](http://ldh.la.gov/index.cfm/page/139/n/139)

**TRANSPORTATION**

* **Louisiana Transit**
  + Rides are available for medical appointments, grocery, drug store, and bank
  + All ages can ride; 60 yrs. and under ride free; 59 yrs. and under small fee
  + Contact Washington Parish Council on Aging Monday-Friday 7:30 am-1:00 pm at 985-732-6869
* **Medicaid Transportation 1-800-864-6034**

**COUNSELING SERVICES**

* **Keep Calm Through COVID hotline 1-866-310-7977**
* 24 hours a day/7 days a week-all calls are confidential
* **Beacon Behavioral Health**
* Bogalusa Intensive Outpatient Program available through telehealth services
  + Accepting new patients and referrals-call 985-735-1750 or 985-789-4121
* **ADAPT Tele-Counseling Available**
  + Call 985-732-4961
  + Visit [**ADAPT**](https://www.adaptwp.org/)
* **Florida Parish Human Service Authority Bogalusa Behavioral Health Clinic**
  + Teleconference counseling available call 985-732-6610
  + Visit [**www.fphsa.org**](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.fphsa.org&d=DwMGaQ&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=B7PTJYC_UR9ipWsBzOW5BQ3-SYWlftAzO_FfE_JHJbQ&s=b4g-MeWj9XXs3toa8VaVqjEaBVGr2gLpsM7YLuDeu3U&e=) for any behavioral health needs
* **Washington Community Health Center**
  + Telemedicine/counseling appointments available call 1-877-580-2066 or 985-730-7310
  + Behavioral Health Providers: Dr. Michael Henke & Tara Williams, LCSW
  + Download the My Strength digital app at myStrength.com-Access code-AHLwashington
    - Wellness resources, self-help tools, online health trackers, personalized activities
    - Available 24 hours a day/7 days a week.
  + Access Health Louisiana Pharmacy medication free home delivery, prescription assistance programs, as well as hard-to-find medications.
    - Call the pharmacy directly at: 985-785-5826 or toll-free 1-833-556-6290
  + Visit the Facebook page at [**Access Health**](https://www.facebook.com/AccessHealthLA/) and website at accesshealthla.org
* **Distress Helpline 1-800-985-5990**
* **Talk With Us-Text 667-46**
* **Smoking Cessation Counseling-Quit with Us**
  + Want to Stop Smoking call 1-800-QUIT-NOW
  + Free medications, nicotine patches, group counseling, and 24/7 individual counseling, coaching to help to quit for good

**ADDICTION & RECOVERY RESOURCES**

* **Northshore Opioid Mobile Response Team-1-800-844-4925**
  + Highly trained peer support specialist, licensed mental health professionals, registered nurses
  + Outreach to individuals who are susceptible to opioid use disorder to provide support and/or primary care services
  + Direct support for individuals who have overdose to ongoing direct services, provide guidance on option for services to families
  + 24 hour referrals
  + Visit OMRT@voasela.org
* **Woodlake Addiction Recovery Center Services**
  + Woodlake Addiction Recovery Center twice a day Facebook meeting
  + For question and services call 1-225-939-3656
* **Florida Parish Human Service Authority Bogalusa Behavioral Health Clinic**
  + Teleconference counseling available call 985-732-6610
  + Visit [**www.fphsa.org**](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.fphsa.org&d=DwMGaQ&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=B7PTJYC_UR9ipWsBzOW5BQ3-SYWlftAzO_FfE_JHJbQ&s=b4g-MeWj9XXs3toa8VaVqjEaBVGr2gLpsM7YLuDeu3U&e=) for any behavioral health needs
  + Narcan available call 985-543-4730 ext.1206
* **List of online 12-Step meetings on various platforms**: [**www.12Step.org**](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.12step.org%2F%3Ffbclid%3DIwAR2-TS4T4ehkq7vabqNAhqd7blcR61k2FwNdg-uvhP3xjN7tN520jzKA4so&h=AT1iU-JcY2unC-oL2Yr2e1x8kwcjV-dC2MGTo0IAkSWmxD6Yg0iQ2o_YhRSm-1OW-xNMfRQRCPSxnvtrd5qmwAreF3BDU2sl1ZGMyWcYr25Ad2l3JbOUH4VyVhpBEeIt8Uh2EA)
* [**Al-Anon Electronic Meetings**](https://l.facebook.com/l.php?u=https%3A%2F%2Fal-anon.org%2Fal-anon-meetings%2Felectronic-meetings%2F%3Ffbclid%3DIwAR0IsE7Kuzyu3ci9gMiDMDnvXEqCVl67g6VgoI3fdNTu-03KINpHSWyKGEM&h=AT3DaITCo0BVwukcpBd7wlh8dTc70pOQOXiIt9Q7dAWHc-ZJidAzvK95cq9szo1r8J4cG6N1uPVd0UVvFpubPlvVenRfnRzQPpLZyVG3fxJxQqKJ1DBL8tbOHYShwnOL9hcECQ): This forum and recovery chat room for Narcotics Anonymous members features voice chat, Skype, and text chat meetings connecting people from all around the world:
* [**Alcoholics Anonymous Online Intergroup**](http://aa-intergroup.org/directory.php?fbclid=IwAR2zKl9VzrJQGQ-Olymck6193LsKBYbvjTrN0k-tCZ2O4Qff2Moc9AOboaQ): List of online meetings from AA Intergroup
* **Alcohol Anonymous-**[**AA Online Support Group**](https://shatterproof.app.box.com/s/c1qfgan74ze7vq4slczud44mkodxr8a7)
* [**SMART Recovery**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.smartrecovery.org%2Fsmart-recovery-toolbox%2Fsmart-recovery-online%2F%3Ffbclid%3DIwAR0KRc7YmDeGVi0v3BKzsp2jy42-P1Jle5vsAWJDU0pHNgei4ExYVszrbCc&h=AT1ll2pU5JoHdLyw8aQbMt498QL6s6OALbRBe6SNSJtlm3WsfvKiFRlU5NeGKWGqfqq6dkG8_8ce2cJrFm2wvpLx5W9mIC9AXSArUQoYitYjeuNGNw6aR9t62oN5GQKt4nuS6A)**:** Message board, chat room, online meetings, and online library
* [**Adult Children of Alcoholics**](https://l.facebook.com/l.php?u=https%3A%2F%2Fadultchildren.org%2Fquick-search%2F%3Faudiobt%3DClick%2BHere%26fbclid%3DIwAR1NMcoRCENAX-XTs2QFEwYdJfo4mPJfnfJ18Qv9ZwWy0rO-GE64RTbG4Ns&h=AT0jiqLqThTWHFQvWdHikBGfMKHX290SdElK4EzIeb5M33soeetllK_D3qbzvD6EY6bvCbeMlPBHcZiHOP6T9CIUYoMT7vLY33-TA8y5moHuTvlpui1ZJMvbJyzfOgZHih4H5A): Phone and online meetings
* [**In the Rooms**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.intherooms.com%2Fhome%2F%3Ffbclid%3DIwAR1bqsBR0wlnMZ4WU4B2GQ2OihSPnVnPnrA5dj0lJmXqKPzOUrLDyh4GXII&h=AT3a3F76Rgl6UfwGrqeu3HzMUMOE6ycyjmTnHb7f1EhJGFD34uIX8lYducK49yvG8OCKywwoJ2iY_JUX9P_3C08bD9oThj86kuf4utt_08mLHIwSO4T_YV-XRLInI9axFeoq2A): An online platform supporting a wide range of 12-step and non-12-step meetings
* [**Bridge Club Virtual Meetings**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.jointempest.co%2Fbridge-club-events%3Ftag%3DVirtual%2BEvents%26fbclid%3DIwAR2zY-SnGKf6mzKHxqsqx3kbDIo2VYwXcDEbmDmBvCRN9akZxT5UXVheVEo&h=AT1fo7ZnLGUxgMml5batT0Xvz-m3JlfRDqzVtpGblJ09aVPH0bDWaaZX0Us5J5xVHvfCRV6DhAKwNYrGL5gJQ34JteSa5VFCpah-rNEeqXNr6ILQBvUwT8rEQHejlSwB8x5feQ): Meetings that are specifically focused on women and LGBTQIA+ folks who are sober or are interested in sobriety
* [**Refuge Recovery Online Meetings**](https://l.facebook.com/l.php?u=https%3A%2F%2Frefugerecovery.org%2Fmeetings%3Ftsml-day%3Dany%26tsml-region%3Donline-english%26fbclid%3DIwAR19jEeycF3G2zRqIZD48EUyaL6RUbrIYcyVRJ0THxrJ_Onm3799IRb_bpg&h=AT0Oo40DnzkZPKBxUtY8DpNsiev5SQF5SIo2aZrSs7xDA87shOaUu_TZPuq6I9T0E1sRKxMbZj1GHj93b0jL8TZmJfGMgLpSfecVkhbqxUdtQtzQV7lo984JVISwNicWagkrYA): Listing of daily online meetings
* [**Families Anonymous Virtual Meetings**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.familiesanonymous.org%2Fmeetings%2Fvirtual-meetings%3Ffbclid%3DIwAR0TQ2ijEGyA7eHZAqJlgcHIumA9DrSkPal5qQ2QYPsepGg6NNNYLNv1Oj8&h=AT0_atlhsA4KNgZxJEdjct2Rb42wTbO28twioLrzskTfiKwvHjd9xc_hf3BfK-0ZdDAXNVapqF9b50Q8A1jIZFD4xphBfS-qZJQoZbBn2X_9zaeEY461EvKBblnLMukta-ISFQ): Online meetings for parents, grandparents, siblings, spouses, significant others, other family members and friends of those with a current, suspected, or former drug problem.
* [**The Temper**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.thetemper.com%2Fonline-recovery-meetings-groups%2F%3Ffbclid%3DIwAR3Yh-kaB2T9sL7AdqeYRTD5e7mY4h-E0PGOPBSo3oKaA872NBWxrtrz8HI&h=AT0H_Wix-koVus6dFzMA8VknfNQfZ_3KGaFA_y_fhtMNfF1wtuW2M-inPrR1HVI1X6tiGREDXqGDwguZvXW5OQegSupPgJajAlx8qax7jTFGK6ry7NZENyMyy9dmIbFGQ05Pkg): An online publication/site that explores life through the lens of sobriety, addiction, and recovery. Includes links to resources.
* [**My Recovery**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.myrecovery.com%2Fonline-meeting%2F%3Ffbclid%3DIwAR2pUZL1_NXlP-MfRGYQIsMsWu8ntMrFPJWsf6zTEEoGr5U4m5wWCQy59iU&h=AT3sff39ePEHJj4suh-ZRt6wtgynOFEAV59jSXJjS8_bYYEd1TYQCBXTBR_4EPLM4tUxRxQH_-kNxYxtGDOnmc34G_qx4mYia1wRDxFAW9Ysq3WxwztCvmX1IYJsg309Xt4Pyg)**:** Online 12-Step Meetings
* [**Sober Grid**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.sobergrid.com%2F%3Ffbclid%3DIwAR3x-o5BuSuMCuQT8OYp1Ma2TwaW8DmE_BVMwECy47H5WGzyskyJslzIQAA&h=AT1WY7pXMspPcWKpgagOXAZH0ilLLNbd8unXACxOIqcivcZZbmOGyVnSA7mZ_BiFC09VSO3wZ4yJC5xE3tZqHb7DwvtORRegekAvZmz3L6hMfKlwnMLkEe1RrIaJRYRtfqei1g): A free online social networking platform for people in recovery. Available in mobile app stores.
* [**Narcotics Anonymous**](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.na.org%2Fmeetingsearch%2F%3Ffbclid%3DIwAR1l8EY8wSoh7TLKhNsPC7Zhig0DHdFwWPCQTu9aq_nQidLLSgRk0B_rTeQ&h=AT2-TjFoX_gEma778E3V1_XZ-q44RfHGZECJypyMdS1DoXUj7vigaqaeFZzXICY3M7g29SJ0PKQWZW9w-gUcZARbdrEecezDLMUQjJWO8FuaDP9JEfmUUxq89YC0CyaIGOhztw): Listing of online meetings provided
* [**Resources for Parents, Families, and Caregivers**](https://www.centeronaddiction.org/the-buzz-blog/covid-19-we-are-here-you?fbclid=IwAR3xd7lI7cCn13QbjCZJ09v2k9W4-iSRd8xzw5x29Mq88lZzrL2Lo1r3taI): Provides mobile (phone and text based) education and support for family members struggling with a loved one’s addiction as well as links to other virtual resources

**BUSINESS**

* [**Business COVID-19 Resources**](file:///C:\Users\tmorrison\AppData\Roaming\Microsoft\Word\www.opportunitylouisiana.com)
* [**COVID-19 Business Help Desk**](https://www.opportunitylouisiana.com/led-news/news-releases/news/2020/03/26/led-opens-covid-19-help-desk-for-louisiana-businesses?utm_campaign=COVID-19&utm_source=hs_email&utm_medium=email&utm_content=85366147&_hsenc=p2ANqtz--ewn_u1ci1WHIwo0_OaublOX_lvNZ6yCekdKYMzQdv_UmJaKQTsUHGFU2pwG2pYMmcBr6ABs5YLVN2f36vYhSh8hAB9g&_hsmi=85366147)
* [**CORONAVIRUS AID, RELIEF, AND ECONOMIC SECURITY ACT**](http://www.opportunitystlandry.com/media/userfiles/subsite_29/files/HR%20748%20-%20%20CARES%20summary.pdf)
* **Small Business Association SBA loans applications visit**[**SBA.gov/Disaster**](https://www.sba.gov/funding-programs/disaster-assistance)
* **Louisiana Economic Development Hotline 833-457-0531 or 225-342-4321**
  + Staffed from 8 a.m. to 8 p.m. Monday through Friday, or email [**LEDbiz@la.gov**](mailto:LEDbiz@la.gov)**.**
* **Louisiana Loan Guarantee Program**
  + - Businesses less than 100 employees
    - Opportunity Louisiana-[**Opportunity Louisiana**](file:///C:\Users\tmorrison\Downloads\www.opportunitylouisiana.com)
* **Greater New Orleans Inc.-** [**https://gnoinc.org/**](https://gnoinc.org/)
* **Washington Parish Economic Development Foundation**
  + **<http://www.wedf.com/>**
  + Contact Ryan Seal at [**info@wedf.com**](mailto:info@wedf.com) or call 985-510-1088
* **Paycheck Protection Program**
  + Coronavirus Aid, Relief, and Economic Security (CARES) Act includes provision aimed at keeping workers employed and small businesses afloat.
  + For small business and independent contractors
  + **https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/paycheck-protection-program-ppp**
* **U.S. Chamber Foundation** 
  + Launching the [**Save Small Business Fund**](https://urldefense.proofpoint.com/v2/url?u=http-3A__r20.rs6.net_tn.jsp-3Ff-3D001J1yDjoCc02EFLtOtqFzUTwHthQXUO-2Dw-2D2Ej-5FvwjXYr-5FOsl00VOq76IsV2e-5F7ghrnCd0xsH5S3v0iKMNOGRV2PVOQxsSpLUleHnmBSXuQivbOkR4WVIKvNxjOiheB63jys-5FRrEcyRhWwtEBOXoJJcdRuMrZEPjoXCO-2DPJIFEGsPAElWsUPirApA-3D-3D-26c-3D43K6ELaEwfZhWiUnPDGtJJeGeVEp66KGKscKILafH14oNhiO0V1-5FNA-3D-3D-26ch-3DvJeO5jdMwhNA1lx2WkGSYQN5r6AT8vWwyL7Uzjr7v7dBHzobTDm6nA-3D-3D&d=DwMF_g&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=IdYHL5SNWZKjfF6a76dzch1rEfiMIp3zhxj39R6P-vg&s=DBMcUkDwbEr7WCTVcLIzcA8MslBvLZm65rrwQsr3SPo&e=)
  + $5,000 supplemental grants to small employers in economically vulnerable communities
* Grant fund opens **this Monday, April 20, 2020, at 2:00 pm** eligibility requirements found [**here**](https://urldefense.proofpoint.com/v2/url?u=http-3A__r20.rs6.net_tn.jsp-3Ff-3D001J1yDjoCc02EFLtOtqFzUTwHthQXUO-2Dw-2D2Ej-5FvwjXYr-5FOsl00VOq76IsV2e-5F7ghrnJOgbhCzclkb8-2DMS3IxSFpcX6r7-5FLPgO-5F2kVLQKjL47cbMvvmuqjo6rx8IG-2DZqLSxM-5FzKXZfwr30G-2Djb-2DmKowJFlSFUFeJtAc88xDOGTgQ05wiZW1pjUHUw-3D-3D-26c-3D43K6ELaEwfZhWiUnPDGtJJeGeVEp66KGKscKILafH14oNhiO0V1-5FNA-3D-3D-26ch-3DvJeO5jdMwhNA1lx2WkGSYQN5r6AT8vWwyL7Uzjr7v7dBHzobTDm6nA-3D-3D&d=DwMF_g&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=IdYHL5SNWZKjfF6a76dzch1rEfiMIp3zhxj39R6P-vg&s=0V4c0Pz8qmQiZS799eDtWUrBSEbbG9NaHvvtOLSJu6o&e=)**.**

**UNEMPLOYMENT**

* **Local Job Listing-**[**https://worknola.com/**](https://worknola.com/)
* **Louisiana Workforce Commission** 
  + For claims call 866-783-5567 or visit  [**http://www.louisianaworks.net/hire**](http://www.louisianaworks.net/hire?fbclid=IwAR190-5gkOovgvOkdaauezdQH_o7-Y-ZXnO-Wm94jR7ylFAIBcyWLU_q87w)
* [**Louisiana Workforce Information**](http://www.laworks.net/PublicRelations/COVID_19_Information.asp)
* **United Way**
  + Hospitality Cares Grant for hospitality workers visit [**unitedwaysela/hospitality cares**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\unitedwaysela\hospitality%20cares)

**UTILITY ASSISTANCE**

* **Public Service Commission Office**
  + Contact Erik Skrmetta at 1-800-228-9368
  + Visit website [**Louisiana Public Service Commission**](http://www.lpsc.louisiana.gov/)
* **City of Bogalusa Water Bills**
  + Bogalusa Water Department’s drive thru window is open 8:00 am to 2:00 pm-Monday and Thursday for new water bill service (move in) and light permit
  + Payment of bills:
    - Mail-in: mail to post office box listed on water bill along with receipt at the bottom of the bill. Checks/Money orders made to the City of Bogalusa with account number
    - Night deposit box (next to Bogalusa Water Dept. drive thru window-no cash)
  + Online at Bogalusa.org- [**Bogalusa City Bill Payments**](https://www.bogalusa.org/egov/apps/payment/center.egov?view=form;page=1;id=19)
  + Phone payments call 985-732-6211-$1.50 debit card processing fee
* **Entergy Hub** [**entergy.com/lasmbiz**](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.entergy.com_covid-2D19_lasmbiz_&d=DwMFaQ&c=xlPCXuHzMdaH2Flc1sgyicYpGQbQbU9KDEmgNF3_wI0&r=yduhR0C5jx7FktS8z67BLr0ssPaDFJCu5HeBUqa4wPQ&m=VIT_ihxKYx5Srmz4CHI47TibBAOSGUANtH7p0PAsgUA&s=b4XDi6nwxa12S8DrJhKe6XJWoNlXStH9cRZ5PIrOjL0&e=)
  + All customer disconnections halted if nonpayment is the result of the coronavirus.
  + Customers can call 800-368-3749 or visit their COVID-19 site for more information.
* **State of Louisiana Order**
  + To halt all disconnects for nonpayment to utilities during this time. Not a grant, a credit, or a loan. The bill will eventually have to be paid when order is lifted. If you have the mean to pay the bill, please pay so that you will avoid a large bill later.
  + If payment assistance needed, contact utility provider or call the office of Public Service Commissioner Eric Skrmetta at 1-800-228-9368. Contact each utility provider to let them know you are not paying due to a COVID-19 hardship to eliminate late fees.
* **Cox Communications**
  + No termination of residences or small businesses service if unable to pay bills due to disruptions caused by the coronavirus.
  + For those affected, Cox will waive late fees
* **Verizon, AT&T, CenturyLink, Sprint and T-Mobile**
  + WiFi service providers publicly committed to the “Keep Americans Connected Pledge” to ensure customers aren’t cut off from communications services during the coronavirus pandemic.
  + No shutoffs, late fees, and making Wi-Fi hotspots available to anyone who needs them.
* **AT&T**
  + Offering internet access for qualifying limited-income households at $10 a month through its Access from AT&T program.
  + All AT&T consumer home internet wireline customers, as well as Fixed Wireless Internet, can use unlimited data.
  + For more information, see [**here**](https://about.att.com/pages/COVID-19.html?fbclid=IwAR113sgBAGRlsM814-N9FU9SPbLBn-vGbFqMge6JoSd0SDou_COG3a0PXok)

**FINANCIAL ASSISTANCE**

* **United Way of Southeast Louisiana**
* Fifteen Minutes of FAME Series
  + - * Financial Tips on Crisis Budgeting, Maximizing Your Stimulus offered live every Tuesday at 1:00 pm on the Facebook Page [**https://www.facebook.com/UnitedWaySELA/**](https://www.facebook.com/UnitedWaySELA/)
      * Visit for updates [**United Way SELA**](https://www.unitedwaysela.org/)
* **Consumer Finance Protection Bureau**
  + Visit website[**Consumer Finance**](https://www.consumerfinance.gov/)
* **Louisiana Public Service Commission-**
  + Visit website [**LPSC**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\Resource%20List\www.lpsc.louisiana.gov)
* **The Balance**
  + Visit website [**The Balance**](https://www.thebalance.com/managing-your-money-2020-crisis-4800101)
* **My Money**
* Visit website[**My Money.Gov**](https://www.mymoney.gov/Pages/default.aspx)
* **HUD Approved credit counseling agency**
* Visit website [**HUD Credit Counseling**](https://apps.hud.gov/offices/hsg/sfh/hcc/hcs.cfm?&webListAction=search&searchstate=LA)
* **Coronavirus Tax Relief and Economic Impact Payments-Stimulus Check**
  + For information visit [**Stimulus Check Info**](https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments)
  + Check on your check [**Get My Payment**](https://www.irs.gov/coronavirus/get-my-payment)

**HOUSING**

* **Help for Homeowners and Renters**
  + **Federal Housing Finance Agency visit** [**FHFA COVID-19**](https://www.fhfa.gov/Homeownersbuyer/MortgageAssistance/Pages/Coronavirus-Assistance-Information.aspx)
  + **Fannie Mae call 1-800-232-9943 or visit** [**Fannie Mae COVID-19**](https://www.fanniemae.com/portal/covid-19.html)
  + **Fannie Mac 1-800-373-3343 or visit** [**Freddie Mac COVID-19**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\freddiemac.com\about\covid-19.html)

**TAXES**

* **Federal and state taxes deadline extended to July 15, 2020**
* **Free online tax filling at** [**MyFreeTaxes.com**](file:///C:\Users\tmorrison\Documents\Healthy%20Communities\COV19\MyFreeTaxes.com)
* **United Way SELA virtual tax preparation assistance**
  + Email [**vita@unitedwaysela.org**](mailto:vita@unitedwaysela.org) for more information

**CITY-PARISH-DISTRICT COURT**

* **District Court COVID-19 Updates** (Virtual courtroom available)
  + Call District Attorney Office for questions 985-809-8383
  + For more information visit [**https://damontgomery.org/**](https://damontgomery.org/)
* **WP Clerk of Court COVID-19 Updates**
* For more information visit[**https://www.bogalusa.org/egov/documents/1584613762\_25594.pdf**](https://www.bogalusa.org/egov/documents/1584613762_25594.pdf)
* **City Court of Bogalusa COVID-19 Updates**
* For more information visit [**https://www.bogalusa.org/egov/documents/1584641300\_09934.pdf**](https://www.bogalusa.org/egov/documents/1584641300_09934.pdf)

**LEGAL SERVICES**

* **Southeast Louisiana Legal Service (SLLS)**
  + - **COVID-19 Hotline 1-844-244-7871 -** Available Monday-Friday 9:00 am-5:00 pm
* Free civil legal help for low income residents impacted by COVID-19
* For questions, call SLLS at 985-893-0076-Monday through Friday from 9:00 am-5:00 pm
* Online application [**www.slls.org**](http://www.slls.org)
* COVID-19 updates visit [**Louisiana Law Help Covid 19**](https://louisianalawhelp.org/resource/coronavirus-covid-19-information?ref=nyKu7)
  + Live Facebook informational sessions at [**https://www.facebook.com/SLLSHelps/**](https://www.facebook.com/SLLSHelps/)
* **Pro Bono Project**
  + Clients and individuals in need of legal assistance or self-help call 504-581-4043 or contact [**intake@probono-no.org**](mailto:intake@probono-no.org) and for self-represented litigants [**selfhelp@probono-no.org**](mailto:selfhelp@probono-no.org).

**CENSUS 2020**

* **Washington Parish Impact:** The census provides critical data that lawmakers, business owners, teachers, and many others use to provide daily services, products, and support for you and your community. Billions of dollars in federal funding for hospitals, fire departments, schools, roads, other resources based on census data to include Washington Parish.
* **2020census.gov**
* [**Online Response Guide**](https://2020census.gov/en/ways-to-respond/responding-online.html)
* [**Phone Response Guide**](https://2020census.gov/en/ways-to-respond/responding-by-phone.html)
* [**Paper (Mail) Response Guide**](https://2020census.gov/en/ways-to-respond/responding-by-mail.html)
* By phone call 1-844-330-2020

**NON-PROFIT ORGANIZATIONS**

* **CARES Act**
* Click [**here**](https://l.facebook.com/l.php?u=https%3A%2F%2Finsidecharity.org%2F2020%2F03%2F30%2Fcares-act-nonprofit-application%2F%3Ffbclid%3DIwAR0pFmwdVrJvV3HV9OViyOXqOhpTeOTrEyroYgOo_IgTfmZwScCgdP1Pj4M&h=AT3qu5CRVeWTiDPqiZ7gUFpccGvQjIa9O3u6tf276ghLvSKJq0dchXA3cqZmXGWw_gSE4IGKjVTwH1-N4h9mG-RwcjSBObeg9Lm3ZhFcRTMQ_1AdRDi84ogOJFkWDeoiGRlyTA) to read Inside Charity’s guide to the CARES Act
* **Stimulus for Nonprofits - The** [**National Council of Nonprofits**](https://www.councilofnonprofits.org/) has summarized the different provisions in the stimulus bill benefiting nonprofits and charities. See that info [**HERE**](https://www.northshorefoundation.org/s/cares-act-analysis.pdf)
* **Northshore Community Foundation**
* **Resources and Guidance for Non-Profits**
  + Call 985-893-8757
  + Visit [**https://www.northshorefoundation.org/**](https://www.northshorefoundation.org/)
* **COVID-19 Relief Grant**
  + Accepting grant requests from qualified 501c3 nonprofit organizations to address critical needs in St. Tammany, Washington, Tangipahoa, St. Helena Parishes related to COVID-19 health & economic crisis
  + More information and the grant application can be acquired [**HERE**](https://www.northshorefoundation.org/grants).
  + Applications due by Wednesday, April 22, 2020
  + Visit [**Northshore Community Foundation Grants**](https://www.northshorefoundation.org/grants)
  + [**National Council of Nonprofits – Coronavirus page**](https://www.councilofnonprofits.org/nonprofits-and-coronavirus-covid-19) **[https://www.councilofnonprofits.org/nonprofits-and-coronavirus-covid-19-](https://www.councilofnonprofits.org/nonprofits-and-coronavirus-covid-19)**

**GRANT OPPORTUNITIES**

* **Northshore Community Foundation**
* **COVID-19 Relief Grant**
  + Accepting grant requests from qualified 501c3 nonprofit organizations to address critical needs in St. Tammany, Washington, Tangipahoa, St. Helena Parishes related to COVID-19 health & economic crisis
  + More information and the grant application can be acquired [**HERE**](https://www.northshorefoundation.org/grants).
  + Applications due by Wednesday, April 22, 2020
  + Visit [**Northshore Community Foundation Grants**](https://www.northshorefoundation.org/grants)
* **Blue Cross Blue Shield Foundation of Louisiana**
  + **Community Crisis and Disaster Response Grant** 
    - Grants up to $50,000 to Louisiana for 501(c)(3) nonprofit organizations to meet and support the needs of Louisiana residents directly impacted by COVID-19.
    - Applications should be submitted at BCBSLA Foundation's Website[**BCBS Foundation Grants**](http://bcbslafoundation.org/grant-programs/grants/community-crisis-disaster-response-grants/?fbclid=IwAR3o_Y7bDKQRkN7VOCRxTNjCmUOa8l-dMpvAPiXuZ95_hWSZIwLMAgEoa0g)