GIRLS: night out

PRETTY IN PINK

Thursday, October 19th

6:00 pm | Rustic Lodge, Indiana, PA

Engage, Eat & Enjoy!

Indiana Regional Medical Center invites you to experience an unforgettable evening of inspiration, fun & laughter! *Engage* with our Spirit of Women staff, *eat* scrumptious food and *enjoy yourself!*

All while learning about valuable health tips and new services we offer!



FEATURE PRESENTATION: "Only Love Today: Showing Up Bravely for Yourself So You Can Love Others For Real"

We are excited to welcome *New York Times* bestselling author **Rachel Macy Stafford**! Rachel has just one goal: *help people choose love as much as humanly possible.* Her work has been featured on CNN, Good Morning America, TODAY Show, Global News, and TIME, as well as countless other print and online media sources. Millions of people find solace and direction in her weekly blog posts at handsfreemama.com and she enriches lives with her books Hands Free Mama, Hands Free Life, and Only Love Today. She is also a certified special education teacher and inspiring speaker.

FREE for all Spirit of Women Members!

$20 for all others

Call (724) 357-8088 for more information or to register!

Bring a donation of school supplies (notebook, folders, pencils, etc) with a $5 value and have your book autographed by Rachel Macy Stafford! The donations will be used by the Indiana County Suicide Task Force during their Teen Suicide Prevention programs in local high schools.

INDIANA REGIONAL MEDICAL CENTER

Spirit of Women® spiritofwomen.com

Exclusively at Your Spirit of Women Hospital