IUP SIX O'CLOCK SERIES OCTOBER 2 FEATURES ESCALATION WORKSHOP

INDIANA, Pa.—Indiana University of Pennsylvania's fall 2017 Six O'Clock Series continues on Oct. 2 with One Love Foundation's "Escalation" workshop.

Offered Monday evenings throughout the academic semester from 6 to 7 p.m. at the Hadley Union Building Ohio Room, Six O'Clock Series programs provide an opportunity to learn about current issues and approach familiar topics from a new perspective. All programs are free and open to the community. Parking at the Hadley Union Building and on campus in non-reserved spots is free after 5 p.m.

The Oct. 2 presentation is "One Love Foundation's Escalation Workshop." According to the One Love Foundation website, one in three women and one in four men will experience relationship violence in their lifetime. The workshop will show the short film, "Escalation," for viewers to identify warning signs of an unhealthy and potentially dangerous relationship and what bystanders can do to help.

This event is co-sponsored by the Haven Project and the Alice Paul House.

Additional programs in the series, all offered in the Hadley Union Building Ohio Room, are:

- Oct. 9: "LGBTQIA Ally Training." Participants will experience skill-building activities in developing communication and collaboration. Ally Training incorporates the benefits of being an ally to any marginalized community, focusing on the LGBTQIA community. Training is for any student, faculty, or staff member interested in social justice and advocacy work.
- Oct. 16: "Coffee…Because Adulting is Hard: Young Professionals Panel." A panel presentation will discuss topics about life after college and embarking on the real world. Topics discussed include how to get a job, health insurance and retirement fund.
- Oct. 23: "Faith Perspectives on Strangers and Foreigners." In a panel discussion, representatives from various faiths will share their own traditions' attitudes toward foreigners, strangers and immigrants, referring to their histories and sacred texts to illustrate their past responses and aspirations for the future.
- Oct. 30: "QPR Training and Panel." QPR stands for Question, Persuade, and Refer: three simple steps that anyone can learn to save a life from suicide. Those trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone for help. As part of this training, persons will become a "gatekeeper," or someone who is in a position to recognize a crisis and the warning signs of someone who may be contemplating suicide. There will also be a brief panel discussion with the trainers, and participants will receive a certificate of completion at the end of the event.
- Nov. 6: "Thoreau at 200: 21st Century Lessons from a 19th Century Rebel." IUP Associate Professor and Thoreau Bicentennial Ambassador, Todd Nathan Thompson, will detail what can be learned from Henry David Thoreau. Thompson will discuss about how Thoreau teaches about how "to live deliberately" instead of "lead[ing] lives of quiet desperation."

- Nov. 13: “Veterans Day Celebration.” In observance of Veterans Day on Nov. 11, this Six O'Clock Series will honor those who have served and are currently serving the nation. CJ Jaynes, a retired Navy Rear Admiral and an IUP Distinguished Alumna, will speak about her experiences in the military.

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