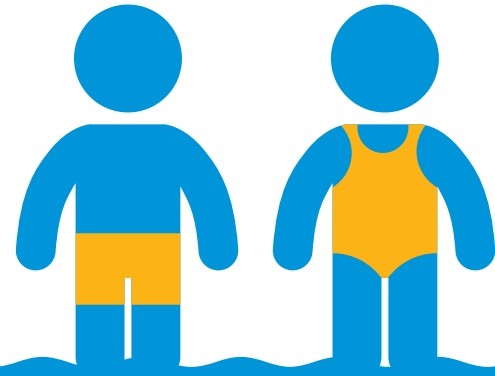


Pool Safety Facts

for Parents and Kids



Did you know?



Drowning is silent.
There can be very little splashing, waving or screaming.

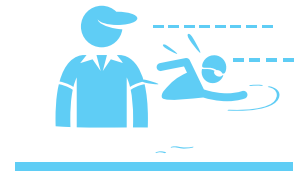


Watching your child in the water is your responsibility. A lifeguard's job is to enforce rules, scan, rescue and resuscitate.

Drowning is quick.
Once a child begins to struggle, you may have less than a minute to react.



Swim lessons are essential, but skill level varies. Many children who drowned in pools reportedly knew how to swim.



Make sure kids learn how to swim and develop these 5 water survival skills.



1 Step or jump into water over his/her head and return to the surface.



2 Float or tread water for one minute.



3 Turn around in a full circle and find an exit from the water.



4 Swim 25 yards to the exit.



5 Exit from the water without using the ladder.

Watch your kids when they are in and around water, without distraction.



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