

CHALLENGING RACISM: *Getting Started... Virtually!*

OUR GOAL IS SIMPLE: to give you the tools to have conversations about racism and bias in your community, in order to disrupt racism where ever you find it, and to help build an anti-racist society.

EVER WONDER...

How do I talk with my children, my colleagues, my community about race?

How can I effectively intervene when I see racist language or behavior?

What does equity look like in real life?

What are ways to actively challenge racism?

Our workshops move participants from a belief that racism is the work of bad individuals and individual acts to an understanding that racism is a system of White advantage all of us participate in whether we intend to or not. We own these advantages and can work to eliminate their consequences by working for equity.

Getting Started is a facilitated experience to engage participants with critical content and start them thinking about racism in a new way.

Sessions 2-2.5 hours each, up to 25 participants; two trained facilitators; time-tested interactive curriculum.

CHOOSE FROM THESE TOPICS:

Racism in Real Life - Housing Segregation: We begin by introducing the guidelines for safe conversation and racial literacy. We explore the living evidence of systemic and institutional racism through a brief interactive study of the Federal Housing Administration's mid-20th century use of redlining to prevent loans to Black people. Using county maps of Arlington VA and Montgomery MD, we demonstrate the community effect: locking in segregated housing and growing all White neighborhoods and the implications on racial inequities in food, housing, and income security as well as disparities in healthcare and education. Highly interactive design, includes resources for follow-up reading and discussion. Builds an urgency to talk about race and desire to further develop skills.

Racial Microaggressions - Why do They Matter and How to Interrupt Them?:

This discussion develops a basic understanding of racial identity development. It explores what microaggressions are, and invites us to examine ourselves: when and how we do microaggressions, consciously and unintentionally. The damaging impact of microaggressions for people of color is the reason why we need to understand them and stop them, critical where we aim to foster diverse and inclusive environments. Participants develop strategies to interrupt their own behaviors and appropriately challenge others when needed.

How to Talk to Children and Adolescents about Race: Parents and educators gain a better understanding of how to effectively talk with children about issues related to race, second language, immigration and forms of bias and oppression of one group by another. This workshop presents concrete strategies including how to watch for teachable moments and how to engage your children and others in these difficult conversations. Participants leave with resources to help expand their knowledge and skills to talk about race.



through Stories and Conversations

www.ChallengingRacism.org

**Join *Getting Started* yourself,
Host one at your organization,
Sponsor one for your community!**

Join the conversation, be part of the change.

CONTACT US TODAY AT: info@challengingracism.org