

Junior Tennis Fall Program 2022

Lambton offers Junior Tennis Clinics to all junior tennis members.

Under 10 program – This program is designed to introduce and advance children through progressive tennis stages using Red Ball, Orange Dot, and Green Dot ball for various skills levels. The Program's focus is on reception skills and movement to enhance their ability to sustain rallies, and develop simple playing strategies. Introduction to the Serve and Return fundamentals. Maximum 6 children per court.

Under 16 program – This program is designed to advance tennis skills as they progress to the full court and use regular tennis balls. The focus of this program is to improve technique on groundstrokes, net play, and serves. A bigger emphasis will be placed on movement and agility, helping players develop offensive and defensive strategies. Maximum 5 children per court.

Tiny Tots program – This program is geared for children 3-5 years old, as well as helping train parents/grandparents how to enjoy time on the court together. The main focus is to introduce children to the court, racquet, ball, and movement. The emphasis will be on ball control, self-rally skills, catching and throwing, and reception. It is recommended that one parent/grandparent participate in the court with their child. Maximum 8 children per court. (Junior Tennis Memberships are not needed for the Tiny Tots Program)

Advanced program – This program is designed to further progress the skills of juniors who are comfortably able to play full court tennis with regular tennis balls. The focus will be on building various game styles using power, spin, and accuracy. Maximum 5 children per court.

Mondays – Sept 12 – Dec 12

Programs: Under 10 and Under 16

Time: 4-6 pm

Cost: \$506 +HST (11 weeks no tennis Sept 26, Oct 3 Bubble Installation, and Oct 10 Thanksgiving)

Tuesdays – Sept 13 – Dec 13

Programs: Under 10 and Under 16

Time: 4-6 pm

Cost: \$552 +HST (12 weeks no tennis Sept 27, Oct 4 Bubble Installation)

Wednesdays – Sept 14 – Dec 14

Programs: Under 10 and Under 16

Time: 4-6 pm

Cost: \$598 +HST (13 weeks no tennis Sept 28 Bubble Installation)

Thursdays – Sept 15 – Dec 15

Program: Advanced Under 16

Time: 4-6 pm

Cost: \$598 +HST (13 weeks no tennis Sept 29 Bubble Installation)

Thursdays – Sept 15 – Dec 15

Program: Tiny Tots

Time: 4-5 pm

Cost: \$299 +HST (13 weeks no tennis Sept 29 Bubble Installation)

Sundays – Sept 11 – Dec 11

Program: Tiny Tots

Time: 12-1pm

Cost: \$253 +HST (11 weeks no tennis Sept 25 Tennis Closing Party, Sept 30 Bubble Installation, Oct 9 Thanksgiving)

Sundays – Sept 11 – Dec 11

Program: Under 10

Time: 2-4 pm

Cost: \$506 +HST (11 weeks no tennis Sept 25 Tennis Closing Party, Sept 30 Bubble Installation, Oct 9 Thanksgiving)

Sundays – Sept 11 – Dec 11

Program: Under 16

Time: 4-6 pm

Cost: \$506 +HST (11 weeks no tennis Sept 25 Tennis Closing Party, Sept 30 Bubble Installation, Oct 9 Thanksgiving)

To register, please contact Fisk Nery at fnery@lambtongolf.com.