The Holy Eucharist  

December 18, 2022  
The Fourth Sunday of Advent

St. Barnabas Mission Statement

We experience God’s redeeming love in all and through all and respond to that love through faithful worship, life-long spiritual growth, and committed outreach.

Today Isaiah prophesies that a young woman will bear a son and name him Emmanuel. The Gospel is Matthew’s account of the annunciation and birth of the One named Emmanuel, God-with-us. During these final days of Advent we pray, “O come, O come, Emmanuel,” a beloved hymn based on the O Antiphons, ancient prayers appointed for the seven days preceding Christmas. On this final Sunday of Advent, we prepare to celebrate the birth of the One born to save us from the power of sin and death.

The Liturgy of Gathering

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

We invite you to quiet your hearts and minds as we prepare for worship.

THE PRELUDE

Oh, Come, Oh, Come, Emmanuel  

Bernrd Reichel

THE LIGHTING OF THE ADVENT WREATH

The Wreath Song

Light One Candle to Watch for Messiah

He is coming, tell the glad tidings, let your lights be shining!

The Advent Reflection  

Dulce Garcia

The Wreath Blessing

As the blessing is prayed, one candle is lit.

Praise to you, O God, who lives with us, sharing our flesh and bones. As Mary waited and Joseph dreamed, so we wait and dream for you. Bless us and let your face shine upon us, more radiant than these candles, and more dear than all else we seek. Restore us when we fail to refuse the evil and choose the good, and banish all our fears. We pray in the name of Emmanuel, your promised child and our Savior. Amen.
Please stand in body or spirit.

THE GATHERING HYMN* (9:30)

O Come, O Come, Emmanuel

O come, O come, Em-man-u-el, and ransom captive Is-ra-el,
O come, O Wis-dom from on high, embrac-ing all things far and nigh:
O come, O come, O Lord of might, as to your tribes on Sin-nai’s height
O come, O Branch of Jes-se, free your own from Sa-tan’s tyr-an-ny;
that mourns in lone-ly ex-ile here un-til the Son of God ap-pear.
in strength and beau-ty come and stay;
in an-cient times you gave the law in cloud, and maj-es-ty and awe.
from depths of hell your peo-ple save, and give them vic-t'ry over the grave.
Re-joice! Re-joice! Em-man-u-el shall come to you, O Is-ra-el.

THE OPENING ACCLAMATION
+Blessed are you, holy and living One.
You come to your people and set them free.

THE COLLECT FOR PURITY
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE KYRIE (7:45)
Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

THE HYMN OF PRAISE (9:30)*

People, Look East

Peo-ple, look east. The time is near of the crown-ing of the
Fur-rows be glad. Though earth is bare, one more seed is plant-ed
Stars, keep the watch. When night is dim, one more light the bowl- shall
An-gels, an-nounce with shouts of mirth Christ who brings new light to

ta-ble. Peo-ple, look east, and sing to-day Love, the Guest, is on the way.
flour-ish. Peo-ple, look east, and sing to-day Love, the rose, is on the way.
gath-er. Peo-ple, look east, and sing to-day Love, the Star, is on the way.
corn-ing. Peo-ple, look east, and sing to-day Love, our God, is on the way.
THE SALUTATION AND COLLECT OF THE DAY
God be with you.
And also with you.
Let us pray…Purify our conscience, Almighty God, by your daily visitation, that your Beloved One Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES
Isaiah 7:10–16
The reading is introduced.
A reading from the book of the prophet Isaiah.

Once more YHWH spoke to Ahaz and said, “Ask for a sign from YHWH your God; let it be deep as the netherworld, or high as the sky!”
But Ahaz answered, “I will not ask! I will not put YHWH to a test!”
Then Isaiah said, “Listen, O House of David! Is it not enough for you to weary those around you, must you also weary my God? Therefore the Holy One will give you a sign: This young woman will become pregnant and will give birth. You will name the child Immanu-El. This child will be living on curds and honey by the time it knows how to refuse evil and do good. But before that time—before the child knows how to refuse evil and do good—the land of the two rulers you dread will be laid waste.

A brief silence, then:
Hear what the Spirit is saying to God’s people.
Thanks be to God.

PSALM 80:1–7, 16–18
Qui regis Israel
The psalm is prayed in unison.

Hear, O Shepherd of Israel, leading Joseph like a flock; *
shine forth, you that are enthroned upon the cherubim.

In the presence of Ephraim, Benjamin, and Manasseh, *
stir up your strength and come to help us.

Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

O God of hosts, *
how long will you be angered
despite the prayers of your people?

You have fed them with the bread of tears; *
you have given them bowls of tears to drink.

You have made us the derision of our neighbors, *
and our enemies laugh us to scorn.

In his time shall the righteous flourish; *
there shall be abundance of peace till the moon shall be no more.

Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.
Let your hand be upon the one at your right hand, *
those whom you have made so strong for yourself.

And so will we never turn away from you, *
give us life that we may call upon your name.

Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

Glory to God, Source of All Being, Incarnate
Word, and Holy Spirit; *
as it was in the beginning, is now, and will be
for ever. Amen.

THE CHRISTIAN SCRIPTURES Romans 1:1–7

The reading is introduced.
A reading from Paul’s letter to the Romans.

From Paul, a servant of Christ Jesus, called to be an apostle and set apart to proclaim the Good News, which God promised long ago through the prophets, as the holy scriptures record—the Good News concerning God’s Only Begotten, who was descended from David according to the flesh, but was made the Only Begotten of God in power, according to the spirit of holiness, by the resurrection from the dead: Jesus Christ our Savior. We have been favored with apostleship, that we may bring to obedient faith all the nations, among whom are you who have been called to belong to Jesus Christ.

To all in Rome, beloved of God and called to be holy people: Grace and peace from our Abba God and our Savior Jesus Christ.

A brief silence, then:
Hear what the Spirit is saying to God’s people.
Thanks be to God.

Please stand in body or spirit.

THE GOSPEL ACCLAMATION (9:30)*

Cantor: The virgin shall conceive and bear a son, and they shall name him Emmanuel.

THE HOLY GOSPEL Matthew 1:18–25

The Holy Gospel is announced.
The Holy Gospel of Our Lord Jesus Christ according to Matthew.

Glory to you, O Christ.

This is how the birth of Jesus came about.

When Jesus’ mother, Mary, was engaged to Joseph, but before they lived together, she was found to be pregnant through the Holy Spirit. Joseph, her husband, an upright person unwilling to disgrace her, decided to divorce her quietly.

This was Joseph’s intention when suddenly the angel of God appeared in a dream and said, “Joseph, heir to the House of David, don’t be afraid to wed Mary; it is by the Holy Spirit that she has conceived this child. She is to have a son, and you are to name him Jesus—‘Salvation’—because he will save the people from their sins.” All this happened to fulfill what God has said through the prophet:

“The virgin will be with child
and give birth,
and the child will be named
Immanuel”

—a name that means “God is with us.”

When Joseph awoke, he did as the angel of God had directed, and they went ahead with the marriage. He did not have intercourse with her until she had given birth; she had a son, and they named him Jesus.

A brief silence, then:
The Gospel of Christ.
Praise to you, O Christ.
Please sit.
THE HOMILY Ms. Patti Walter

Silence for reflection.

Please stand in body or spirit.
THE PRAYERS OF THE PEOPLE
The Season of Advent invites us into reflection. In the silence following each petition, consider taking three deep breaths.

God of the Universe, we come before you seeking to notice anew the gift of the Incarnation as we offer these prayers—and our silence—to you.

Silence (take three deep breaths).

Cosmic God, we hold up to you all those who seek you that they may uncover your truth and walk in your ways.

Silence (take three deep breaths).

Gracious God, we pray that the leaders of our nation and all nations discern how to govern with integrity—and for the common good.

Silence (take three deep breaths).

Creator God, we ask that you help all the people of the world to cherish and care for the planet, our island home.

Silence (take three deep breaths).

Generous God, provider of abundant resources, lead all of us to see Christ in our neighbors and teach us to share so that there is enough for all.

Silence (take three deep breaths).

Caring God, you know the needs of our community; awaken in us the ability to notice what it is that we can do.

Silence (take three deep breaths).

Healing God, we hold up to you those for whom we have been asked to pray, especially Larry, Natalya and family, Linda, Neil, Bill, Marty, Leo, the Wier family, Benedict and Marie, Luci, Charles, Chris, Ann, JoDee, and those we name aloud or in silence.

Silence (take three deep breaths).

Eternal God, we commit to your care those we see no more, especially Kennedy, Bruce, Maryann, Sally, and those we name aloud or in silence.

Silence (take three deep breaths).

Receive the prayers of your people, O God, as we anticipate the gift of the Incarnation in this new liturgical year. Amen.
THE CONFESSION OF SIN
Let us confess our sins against God and our neighbor.

Silence for reflection.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

THE PEACE
The peace of Christ be always with you.
And also with you.

All share a greeting of peace.

The Liturgy of the Meal

THE OFFER TORY
The Offertory Sentence

Please sit.
The Presentation of the Bread and Wine
The Choir Anthem
Christmas Day Gustav Holst

Please stand in body or spirit.
The Presentation of the Gifts

The Offertory Acclamation (7:45)
All things come of thee, O Lord, and of thine own have we given thee.

The Offertory Hymn (9:30)*

Let the Vineyards Be Fruitful

Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of bless-ing.

Gath-er a har-vest from the seeds that were sown, that we may be fed with the bread of life.

Gath-er the hopes and the dreams of all; u-nite them with the prayers we of-fer now.

Grace our ta-ble with your pres-ence, and give us a fore-taste of the feast to come.
THE GREAT THANKSGIVING

The Preface and Proper Preface (7:45)

God be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give our thanks and praise.

The Preface and Proper Preface (9:30)*

--- Sheet Music ---

The Celebrant continues:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because you sent your Beloved One to redeem us from sin and death, and to make us heirs of everlasting life; that when Christ shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (7:45)

Holy, Holy, Holy, God of power and might,
heaven and earth are full of your glory.
    Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
    Hosanna in the highest.
The Sanctus (9:30)*

Holy, Holy, Holy

The Celebrant continues:

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus, the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them and said: “Take, eat: This is my body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with the blessed Virgin Mary, blessed Barnabas, blessed Kennedy, blessed Bruce, blessed Maryann, blessed Sally, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. Amen.

The Lord’s Prayer (7:45)

As Jesus has taught us, we pray those words that bind us together:

Our Father in heaven,
    hallowed be your name,
    your kingdom come,
    your will be done,
    on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
    as we forgive those
    who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Lord’s Prayer (9:30)*
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your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

The Breaking of the Bread and Fraction Anthem (7:45)
Jesus, Lamb of God; have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.

The Invitation to Communion**
Be strong, do not fear! Here is your God who has come to save you.

Please sit. No matter where you are in your spiritual journey, we welcome you to receive Holy Communion at St. Barnabas. An usher will direct you to come forward and gather around the Altar. Please sanitize your hands at one of the sanitation stations as you approach the Altar. You may stand or kneel as is your custom. The Eucharistic Minister will place the bread, which is gluten free, into your hand. As the Chalice Bearer offers the Cup, you may dip the bread in the
wine. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

The Hymn during Communion (9:30)*

Infant Holy, Infant Lowly

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION**

Let us pray…Faithful God,
in this meal you have remembered your mercy, bringing heaven to earth in the Body and Blood of Christ. As we wait for the day when all your promises will be fulfilled, sustain us and strengthen us by these Holy Mysteries.

Guide us toward your promised future, coming to birth in Jesus Christ our Lord. Amen.

THE SENDING OUT OF EUCHARISTIC VISITORS

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ’s Body and Blood.

We who are many are one Body, because we all share one Bread, one Cup.

THE BLESSING

May the Sun of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of +the most holy, glorious and undivided Trinity, one God, be among you, and remain with you always. Amen.
THE SENDING HYMN (9:30)*

O Come, O Come, Emmanuel

O come, O key of David, come, and open wide our heav'ly home;
O come, O Day-spring, come and cheer; O Sun of justice, now draw near
O come, O King of nations come, O Corner-stone that binds in one:
O come, O come, Emmanuel, and ransom captive Israel,

make safe the way that leads on high, and close the path to misery.
Dispere the gloomy clouds of night, and death's dark shadow put to flight.
Refresh the hearts that long for you; restore the broken, make us new.
that mourns in lonely exile here until the Son of God appear.

Re-joice! Re-joice! Emmanuel shall come to you, O Israel.

THE DISMISSAL**

Go in peace. Christ is near. Alleluia! Alleluia!
Thanks be to God. Alleluia! Alleluia!

THE POSTLUDE

Rise Up, Shepherd and Follow Traditional

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Parish Office Hours: Tuesday through Friday, 9:00 am to Noon

Rector
Fr. Jeffrey Nelson+

Pastoral Associate
Ms. Patti Walter

Parish Administrator
Mr. Dennis Saavedra Carquin-Hamichand

Music Director
Ms. Misty Dupuis

Organist
Ms. Carole Tillotson

Those In Need of Prayer
Charles Graves, Chris Graves, Ann Wolfrum, Larry Volmert, Natalya Sim and family, Linda Will, Neil Stock, Bill Miles, Marty Flahive, Leo Frazier, the Wier family, Benedict and Marie, Luci Woodard, Teri S. Lutz, Madie Gustafson, the Schmidt family, Kathy Miles, Sarah Freed and family, Melinda Cabell, John and Patrice Hayes, Susan, Valinda Varnado, Dominique and family, Bob Konkol, Sierra Wilde, John Huebner, Diana Whitley, Karen Baumgartner, Hilary Dussing, the Holbrook family, Tracy Spiva, Katherine and David, Dennis Kennedy, Edie and John Potyondy, Susan Bender, Aaron Schmidt, Iris Cabell-Kluth, Tom Tillotson, Carol Wier, Rob Friesen, JoDee Megeath, and the Aronson family.

New to the Prayer List: Charles Graves, brother of John Graves, who is recovering from pneumonia; Chris Graves, John Graves' nephew, whose life partner died unexpectedly; Anne Wolfrum, who is experiencing bouts of dizziness.

Those who have died: Kennedy Jean Thomson, infant granddaughter of Keith and Kathy Napier, friends of Curt Bennett, who died shortly after birth; Bruce Miller, cousin of Stan Siefer who was killed in a car crash last week; Maryann, longtime friend of Chris Schmidt; Sally Warren, longtime friend of Jody Will. Rest eternal grant them, O Lord, and let light perpetual shine on them.

This Week's Parish Schedule

Sunday, December 18: The Fourth Sunday of Advent
- 7:45 am: The Holy Eucharist (Spoken) in the Chapel.
- 9:20 am: Children’s Spiritual Formation in GP Room.
- 9:30 am: The Holy Eucharist (Sung) in the Sanctuary.
- 11:00 am: The Barnabas Forum in Grant Hall.
- 11:00 am: Children/Youth Choir Rehearsal in Misty’s Office.

Monday through Saturday
- 7:30 am: Morning Prayer via Zoom.

Monday, December 19
- 7:00 pm: Sacred Ground via Zoom

Wednesday, December 21
- 10:00 am: The Holy Eucharist and Bible Study in the Chapel.
- 6:30 pm: Compline in the Chapel.

Thursday, December 22
- 7:00 pm: Choir Rehearsal in the Sanctuary.

Saturday, December 24: The Nativity of Our Lord:
Christmas Eve
- 5:00 pm: Family Candlelight Eucharist in the Sanctuary.
- 7:30 pm: Choral Prelude in the Sanctuary.
- 8:00 pm: Candlelight Eucharist in the Sanctuary.

Sunday, December 25: The Nativity of Our Lord:
Christmas Day
- 9:30 am: The Holy Eucharist (Sung) in the Sanctuary.

Birthdays
Jason Long December 19
Claire Trautman December 22
Carole Tillotson December 27
Laszlo Stone December 28
Bill Walter December 30
Thea Stone December 31

Anniversaries
Kerby & Tori Meyers December 18
Roger & Barbara Mattison December 20
Claire & Jim Hayes December 27
Jody & Kemper Will December 31
Join us for
Christmas at St. Barnabas

Christmas Eve
5:00 pm Family Candlelight Eucharist
7:30 pm Choir Prelude
8:00 pm Candlelight Eucharist

Christmas Day
9:30 am Sung Eucharist

New Year's Day
9:30 am Sung Eucharist

Office Closed
Monday, December 26
and Tuesday, December 27