

TELE-BEHAVIORAL HEALTH CONSULTATION Primary Care Webinar Series

Behavioral Health Screening in Primary Care

Wednesday, June 24, 12:00 - 12:45 pm (Central)



Presenter: Dr. Terri Mathews

Dr. Mathews is an associate professor in the College of Nursing. Dr. Mathews received her bachelor's degree in nursing from University of Nebraska Medical Center in Omaha, NE; her master's degree in nursing from the University of Missouri-Kansas City, and her doctoral degree in Developmental and Child Psychology from the University of Kansas. Dr. Mathews' clinical specialty is child and adolescent psychiatric mental health nursing. She is a Pediatric Nurse Practitioner, Psychiatric Mental Health Nurse Practitioner and a Licensed Psychologist. Dr. Mathews joined the faculty at the University of Nebraska Medical Center College of Nursing in 2008.



Target Audience:

This webinar series is intended for primary care providers (physicians, physician assistants, nurse practitioners) in Nebraska.

Series Learning Objectives

- Discuss best practices for managing common behavioral health issues in children, including anxiety and Attention Deficit Hyperactivity Disorder (ADHD)
- Describe behavioral strategies or resources (e.g., apps, books) that can be used before medication is initiated or in conjunction with medication
- List common medications for behavioral health issues in children
- Discuss when to refer more complex cases outside of primary care to a higher level of care

unmc.edu/cce/catalog/clinicmed/tbhc/index.html

Continuing Education:

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 0.75 **AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Narrative Synopsis

Screening for behavioral health concerns in primary care is an important strategy to improve early identification of child mental health disorders. This webinar will present evidenced based screening tools and strategies to reduce barriers and increase screening practices in primary care settings.

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- Discuss the rationale for BH screening in primary care, including benefits and limitations.
- List available free and low-cost screening tools for common child and adolescent issues, including developmental delay, autism, and depression.
- Discuss strategies for implementing screening in a pediatric primary care setting

To participate and register:

<https://register.gotowebinar.com/register/2689505904277526544>

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