

Student's Name: _____

Please bring this packet to your Conference!

First Quarter Reflection

"Pax omnium rerum tranquillitas ordinis."
 "The peace of all things is the tranquility of order."

— Augustine of Hippo, 426 AD

INSTRUCTIONS: Both parents/guardians and scholars must sign this document at the bottom. Discuss the following questions with your parents/guardians as you fill out the document. **Students, please bring this packet to your Conference.**

Each of the questions below guide you to reflect through specific habits that can contribute to your success at GHNO's Upper School. Each habit for you to reflect through is in a gray box.

Circle one of the following for each question (Y=Yes; S=Sometimes; N=No)

Preparedness -- These habits free the scholar to engage the lesson peacefully and with single-mindedness. They often take place before or after class.	
I am well-rested when at school	Y / S / N
My locker and materials are neatly organized	Y / S / N
I come to each class prepared with all required materials	Y / S / N
I am in uniform	Y / S / N
I write HW in my agenda immediately upon arriving to class	Y / S / N
Before I leave school, I make sure I have all materials that are necessary or helpful for HW	Y / S / N
I routinely review/study material so that it may stay fresh in my mind	Y / S / N
I study for tests	Y / S / N

Presence —A scholar's physical presence in the classroom is the foundation of their education	
I miss one or fewer days of class per quarter	Y / S / N
I arrive on time to class	Y / S / N
My eyes are on the speaker	Y / S / N
I sit with scholarly posture	Y / S / N

Verbal Engagement —Through these conversational habits scholars actively handle and master the truths of the discipline through speech	
I join the class conversation voluntarily	Y / S / N
My questions/comments in class are on topic	Y / S / N
I think about every question posed and often attempt answers, even when I am unsure	Y / S / N
I do not talk out of turn during class	Y / S / N
I often supply answers to teacher and student questions	Y / S / N
I ask clarifying questions when necessary	Y / S / N
In my own mind, I persevere beyond even correct answers, seeking an understanding that enlivens my mind, even outside of the classroom	Y / S / N

Intellectual Engagement —These practices dispose the scholar to interact with the material with awareness and discernment during the lesson	
I begin bell work promptly	Y / S / N
I stay focused during activities	Y / S / N
I take notes	Y / S / N
I test my understanding against the explanations and answers of others in the classroom	Y / S / N
I make note of things I do not understand	Y / S / N
I listen to my peers as they participate	Y / S / N
I work diligently with table partners	Y / S / N

Work Completion —These habits ensure that scholars are doing all the homework, and, most importantly, profiting from it	
I check my agenda before I complete my HW	Y / S / N
I use homework time at the end of class well each period	Y / S / N
I have a distraction-free environment in which to do my HW at home	Y / S / N
I use notes, texts, or other materials to help me answer difficult questions	Y / S / N
If I get stuck on a part of the HW I move on so that I may complete others	Y / S / N
I circle back to difficult questions that I skipped once I have completed the rest	Y / S / N
I attempt every part of the assignments given in class and for homework	Y / S / N
After I complete my assignment, I have it ready to turn in during class	Y / S / N
I turn in my school work on time	Y / S / N
I am mentally present during schoolwork checks and do not simply wait for the correct answers and copy them	Y / S / N
When the teacher gives an answer I don't understand, I ask questions either in class or in tutoring	Y / S / N

Self-Advocacy —These habits allow scholars to receive more immediate assistance fruitfully	
I know/have written down tutoring times for all my teachers	Y / S / N
If I find myself having difficulty understanding concepts, I attend tutoring until they are resolved	Y / S / N
When attending tutoring, I bring specific questions	Y / S / N
I attend tutoring to correct parts of returned assessments that I was not able to correct myself	Y / S / N
I communicate quiz scores with my parents/guardians	Y / S / N
I communicate test scores with my parents/guardians	Y / S / N
I discuss any struggles with my parents/guardians and plan a course forward with them	Y / S / N

Reflection and Self-knowledge —These habits allow scholars to turn their misunderstandings into self-knowledge and a more profound engagement with the material	
I look through all of my graded assessments	Y / S / N
I attempt to correct my returned assessments	Y / S / N
I use my assessments as tools for improvement	Y / S / N

1. **Which habit in the grey boxes of the questionnaire is your greatest strength/success this quarter?** (circle one)

Preparedness	Engagement	Verbal Engagement	Intellectual Engagement
Work Completion		Self-Advocacy	Reflection and self-knowledge

Why did you select this specific strength? Provide an example you have used this strength at school.

2. **Where do I need to grow the most?** (circle one)

Preparedness	Engagement	Verbal Engagement	Intellectual Engagement
Work Completion		Self-Advocacy	Reflection and self-knowledge

Why did you select this habit to grow? What is a specific situation at school where this habit would be helpful to you as a student.

3. **What is at least one concrete practice that I will take up to make sure I grow in the area(s) listed above?** While attending tutoring is a helpful practice, it is not the first step, and so it should not be listed in i. or ii.

- i. _____
- ii. _____
- iii. _____

4. **How will you hold yourself accountable to this practice?** Consider how your parent(s)/guardian(s) and teacher(s) may help you with this accountability as well as at what time and how frequently you will be held accountable? (e.g., "Every Friday right after school I check my planner with my dad to make sure I have all assignments written and turned in." "Every Thursday I go to my English teacher's tutoring to check on improvement in my seminar habits.")

Parent/Guardian Signature: _____ Date _____

Student Signature: _____ Date _____