

GreatHearts

Northern Oaks

Great Hearts Northern Oaks Upper School announces its spring lineup of clubs! We have some new clubs as well as some returning favorites. Clubs will meet once per week and run from Feb. 4 – May 3. The links to sign up will go live at 10am tomorrow (Wednesday). Join us for clubs this spring!

Schola Gryphōrum \$35

Mr. Austin, Mr. Hunt

Wednesdays, 3:30-4:15

This coming spring semester will give rise to a new musical tradition here at GHNO. In the spirit of the mutual pursuit of Beauty we will form our very first *Schola Cantorum* under the heading “Schola Gryphōrum.” The intention of this group will be to come together to create beautiful music through song and to share the fruits of our labor in a performance at the Spring Concert.

*The Schola is open to students in grades 9 & 10.

**This club only: The first meeting is Wednesday, Jan. 30.

Sewing Club \$50

Mrs. Rindahl, Mrs. Alonso

Thursdays, 3:30-4:30

We will begin learning to read a pattern and making a cute shirt! Students will need to provide one yard of their own cotton fabric. After that, students can download and make other free patterns or work on their own project (providing their own supplies). We will be there to guide them through the process. String bag supplies will be available if your student would rather make that than a second clothing item. Sewing machine required; if you do not have one, please let Ms. Rindahl know so she can bring an extra. The first week will be dedicated to sewing machine basics for those who did not attend sewing club last semester.

Guitar Ensemble \$50

Mr. Austin

Mondays, 3:30-4:15

The Guitar Club is a performing ensemble that is open to 7th – 10th graders. Students will learn the fundamentals of classical guitar technique and understand the guitar’s capacity for both solo and ensemble performance. Students will be exposed to the rich tradition of the classical guitar, as they study the music of Julio Sagreras, Fernando Carrulli, Manuel Ponce, Fernando Sor, Mauro Giuliani, and

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more. The focus of this club will be to instill proper playing posture, to introduce basic left and right hand technique, to read conventional music notation and understand guitar-specific markings in music, and to form good practice habits. Additionally, students will develop skills specific to playing in an ensemble (e.g. recognizing conducting patterns, balancing their sound within the group, and listening for instrumental cues across the ensemble). The students will then showcase these acquired skills in a culminating performance at the end of the semester (information forthcoming). Participating students must supply their own classical guitar (nylon strings) and footstool. Students will also need a copy of "First Lessons for Guitar, Vol. 1 (Las Primeras Lecciones de Guitarra)" by Julio S. Sagreras, ISBN-13: 978-0793535859 Previous experience is welcome but not required. Please feel free to contact Mr. Austin, regarding any questions you may have, at kevin.austin@greatheartsnorthernoaks.org

Griffin Bucket Brigade \$50

Mr. Austin

Fridays, 3:30-4:15

The Griffin Bucket Brigade is a performance based percussion troupe aimed at joyful and expressive play through the mode of percussion. Students will learn the fundamentals of rhythm and rhythmic dictation. Additionally, students will explore the nuances of playing in an ensemble and collaborating as musicians. No previous musical experience is required.

Dance Club \$50

Ms. Brintnall, Ms. Milligan, Ms. Black

Fridays, 3:30-4:15

A classical education is complimented and enriched by practice in the fine arts. Dancing takes a particular place in these arts as the physical expression of the beauty and harmony of music. In dance club students will learn a variety of styles including two step, swing, and waltz. The dance club is particularly committed to helping students find joy in the mastery of this classic art.

Strength & Conditioning \$50

Dr. Wilkinson

Tuesdays, 6:00-7:00am

Students will learn strength, stability and conditioning in a controlled environment. Additional at-home workouts will be programmed to complete a well-rounded routine.