
REMEMBERING POWAY: SHABBAT OF KINDNESS

RESOURCE KIT

MAY 3-4, 2019



The Buffalo Jewish Community response to the horrific shooting at Chabad of Poway last Shabbat April 27 is to remember those who died and were injured while embracing our lives as Jews in the United States. We hope you will join us in creating a *Shabbat of Kindness* May 3-4, 2019. We will be honoring the words of Rabbi Yisroel Goldstein, who called on all Jewish people to attend synagogue Friday and Saturday as a symbol of solidarity. "We need to show them that terrorism and evil will never prevail," he said. "Let's fill up the synagogue; let's stand tall; let's dance together."

Here are a number of things you can do in the community, with your family or friends or independently.

If you have an idea to share or need more information, contact Mara Koven-Gelman: mara@buffalojewishfederation.org

ATTEND A BUFFALO SHABBAT SERVICE

Click on each house of worship to find more information on location and service times.

[Chabad House of Buffalo](#)

[Congregation Beth Abraham](#)

[Congregation Shir Shalom](#)

[Congregation Havurah](#)

[The Family Shul](#) (Shabbat dinner after service – see flyer)

[Kehillat Ohr Tzion](#)

[Knesset Center](#)

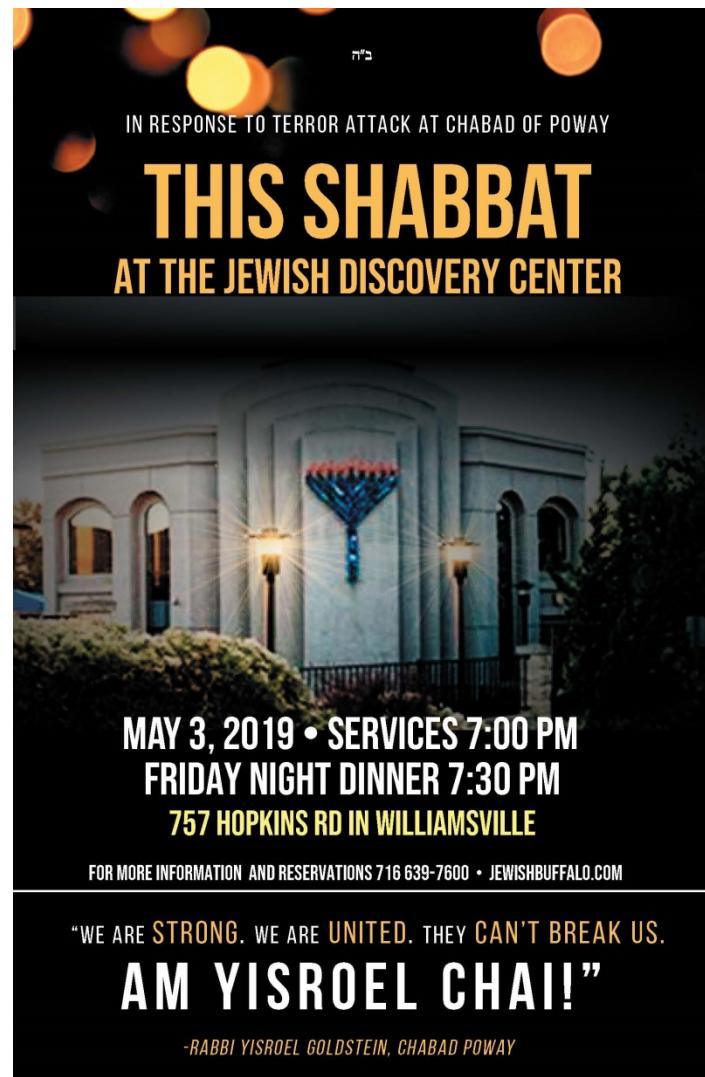
[Saranac Synagogue](#)

[Temple Beth Tzedek](#)

[Temple Beth Zion](#)

[Temple Beth El - Niagara Falls](#)

[Young Israel of Greater Buffalo](#)



SAY A SPECIAL BLESSING WHILE LIGHTING THE SHABBAT CANDLES

Use your hands to shield your eyes from the flames and recite the blessing while your eyes are covered.

להיבנו מלך העולם אשר קדשנו במצוותיו וצונו להזכיר נר של שבת קדש אָדָן בָּרוּךְ אַתָּה

Transliteration: Baruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olam A-sher Ki-de-sha-nu Be-mitz-vo-tav Ve-tzi-va-nu Le-had-lik Ner Shel Sha-bbat Ko-desh.

Translation: *Blessed are You, Lord our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the holy Shabbat.*

After the recitation, many take special time to thank God for the many blessings of health, prosperity, and joy in their lives. There is also a special prayer composed by women, for women, which many include at this time:

May it be Your will, Lord my God and God of my fathers, to be gracious to me (and to my spouse, children, parents) and to all my family; grant us and all Israel good and long life; remember us for good and blessing; consider us for salvation and compassion; bless us with great blessings; make our household complete, crowning our home with the feeling of Your Divine Presence dwelling among us.

Make me worthy to raise learned children and grandchildren, who are wise and understanding, who love and fear God, people of truth, holy and attached to God, who will dazzle the world with Torah and goodness and service of God. Please hear our prayers, in the merit of our matriarchs Sarah, Rebecca, Rachel and Leah, and ensure that the glow of our lives will never be dimmed. Show us the glow of Your face and we will be saved. Amen. (From Rabbi Laizer Labkovski)

COUNTING OF THE OMER

A WAY TO BRING JEWISH MINDFULNESS TO DIFFICULTIES IN OUR WORLD

[Counting the Omer](#) Resources from Rabbi Jonathan Freirich

PERFORM RANDOM OR NOT SO RANDOM ACTS OF KINDNESS

[CHABAD's Special Mitzvot Campaign](#) From Rabbi Moshe Gurary

Here are three things you can do to make real change in the next five minutes:

1. Urge your senators to co-sponsor and call for the immediate passage of the Background Check Expansion Act which is the Senate version of the House's already-passed Bipartisan Background Checks Act (the most comprehensive gun violence prevention measures in decades). Submit an online letter [here](#).
2. Urge your elected officials to visibly and consistently act to delegitimize anti-Semitism, white supremacy, and other forms of bigotry. Submit an online letter [here](#).
3. Encourage your Erie County legislator to support Majority Leader April Baskin's introduction of a new law: Erie County Jail Professional Advisory Committee. [Support Advisory Board Oversight](#).

From Buffalo JCRC and Rabbi Jonah Dov Pesner, director of Religious Action Center of Reform Judaism

READ AN INSPIRING ARTICLE AND QUOTES FROM RABBI YISROEL GOLDSTEIN, CHABAD OF POWAY

NYT Opinion by Rabbi Yisroel Goldstein

Compilation of Rabbi Goldstein's words from Judge Lisa Rodwin

"The Rebbe taught that in the face of darkness and evil we must continue reaching out and inspiring people.

He said: "In the face of darkness and evil, we must not back down but redouble our efforts,"

"We do not know God's plan. All we can do is try to find meaning in what has happened. And to use this borrowed time to make our lives matter more."

"America is unique in world history. Never before was a country founded on the ideals that all people are created in God's image and that all people deserve freedom and liberty. We fought a war to make that promise real."

And I believe we can make it real again. That is what I pledge to do with my borrowed time."

REMEMBER AND HONOR LORI GILBERT KAYE Z" L

Article from chabad.org: [Lori Kaye, 60, Who 'Thought of Others Before Herself'](#)

WATCH AN INSPIRING MESSAGE FROM RABBI GOLDSTEIN

Video from chabad.org: [A Message From Rabbi Goldstein of Chabad of Poway](#)

QUESTIONS TO PONDER, FROM MARNIE FIENBERG DAUGHTER-IN-LAW OF TREE OF LIFE SHOOTING VICTIM AND FOUNDER OF "2FORSEDER"

What divides us? What divides us as Jews? What divides us as a Community?

What do we share as Jews? As a wider community?

Tell us about a difficult situation you have been in recently. Let's have a small group discussion on how to address a similar situation in the future. For example: you are speaking with a work acquaintance about the Poway attack. She attributes it to a crazy person and says that it isn't anti-Semitism. What could you say?

TALK TO YOUR CHILDREN ABOUT HATE INCIDENTS WITH THESE TOOLS

[ADL RESOURCES ABOUT TALKING ABOUT HATE](#)
[FIVE TIPS](#)

GIVE TZEDAKAH

[SECURE JEWISH BUFFALO FUND](#)
[STAND WITH CHABAD POWAY](#)
[JEWISH SAN DIEGO FEDERATION TRAUMA SUPPORT](#)

SING A SONG WITH WORD “CHESED” (KINDNESS) IN IT

Olam Chesed Yibaneh

I will build this world from love . . .
And you will build this world from love . . .
And if we build this world from love . . .
Then God will build this world from love . . .

Od lo ahavti dai

Heveynu shalom Aleichem

Machar**Mi ha'ish hechafetz chaim****Sachaki Sachaki****Eli Eli****Elohai netsor leshoni mera****Ufros aleynu sukkat shlomekha****Derakheha darkhei noam vekol netivoteha shalom****Hinei Mah Tov**

Yiddish song: **Alle Brieder**

Yehi shalom b'cheylech chalvah b'arm'notayich**Od Yavo Shalom Aleinu****Veyashvu ish tachat t'eynato**

Songs compiled from Rabbi Sami Barth

SUPER EASY IDEAS

- Hold open a door for someone
- Make someone smile with a joke
- Bake someone cookies
- Visit the sick or the ill

From the Buffalo Women’s Multicultural Group

START A CONVERSATION: MEET AND TALK TO PEOPLE THAT ARE DIFFERENT THAN YOU

Time to Unite - Powerful in its simplicity is the idea that one-to-one interactions between individuals who are different from each other can promote respect and dismantle bigotry. Consider how easy it would be to spend a few moments this weekend interacting with someone of a different race, culture, religion, tradition, class, sexual orientation, gender, or physical ability. – From Nina Lukin

Try these conversation starters: [Weekly Questions from Hours Against Hate](#)

