

Advance

February 2023



SUNDAY SERVICES

Via ZOOM at uucfb.org/service –or– FB LIVE at facebook.com/UUCLB

Sunday, February 5, 2023 — 10:00am ONSITE and on Zoom and Facebook Live
“The Path of Love” Soul Matters Theme Reflections with Rev. Lissa Gundlach

Come explore the many paths of love for self and others with Small Group Ministry Facilitator Laura Scully, Naomi Yoshida, and Rev. Lissa. This Sunday features guest musician Tracy LJ Robertson joining Director of Music Ministries Francisco Ruiz for inspiration and uplift. (Guest Musician Bio at right.)

Join us for a Small Group Drop in after service: If you have been curious about this popular sharing circle and deep listening program, now is your chance to try it out, in person, one Sunday this fall. We are offering three 45-minute intro sessions after Service on February 5, March 5, and April 2. On those Sundays, Reverend Lissa will reveal 2 questions on a topic (during Service) which will be the focus of the sharing circle following Service. On February 5, please join us in Room 5 after Sunday Service.

Sunday, February 12, 2023 — 10:00am ONSITE and on Zoom and Facebook Live
“Liberatory Intersections” Side with Love Sunday with Rev. Lissa Gundlach

Side with Love is our denomination’s annual month of spiritual nourishment, political grounding, and shared practices of faith and justice from Rev. Dr. Martin Luther King, Jr. Day (January 16) through Valentine’s Day (February 14). As we Side with Love this Black History month, we consider the intersectional path of liberation that requires dismantling of systems of power.

Sunday, February 19, 2023 — 10:00am ONSITE and on Zoom and Facebook Live
Sunday Service with Pastor Cedric Nelms, Guest Preacher



Cedric Nelms was born and raised in Los Angeles, CA. He attended Morehouse College in Atlanta, GA. Cedric has been in the ministry for 20+ years, working in different areas of ministry; from youth ministry, men’s ministry, teaching, and leadership principles to community development, social justice, and civic engagement. He is the Senior Pastor of Chosen Generation Fellowship Church, in Long Beach, CA. Cedric taught workshops on relational leadership, trauma

healing, ministry enterprise, youth engagement, and the five principles of life. He was radio host of the “Chosen Generation Ministry Radio Show”, an internet program/podcast that deals with the intersection of culture, life, and faith. He is also the author of *Get Me Through...The Makeover of My Life*. Cedric and his wife started Community Bridge Connectors Resource Center, which focuses on health and wellness, education, career development, and basic needs. They also started Legacy Bridge Community Development Corporation which focuses on real estate projects and land acquisition. In addition to that, Cedric works in the area of community organizing and advocacy, where he is actively working on being a bridge builder between Los Angeles county communities and the Faith Based community.

Cedric and Karen have been married for 20+ years. They have 5 beautiful children, Erika, Jonathan, and a set of triplets, Isaiah, Khalid, and Courtney. He loves to spend time with his family, reading, watching sports, traveling, hanging out with his family, writing, and just having a good time!



Sunday, February 26, 2023 — 10:00am ONSITE and on Zoom and Facebook Live
Beyond Principles & Purposes: Expanding our Covenant with Article 2 with Rev. Lissa Gundlach

Article II of the Unitarian Universalist Association (UUA) Bylaws, Principles and Purposes, is the foundation for all of the work of our UUA and its member congregations and covenanted communities. It is the covenant to which all of our congregations and covenanted communities pledge themselves when they become members of our UUA. The Article II Study Commission has completed its two year study. Come explore how this discussion has challenged our foundations and leads us forward into new territory.

Inside this issue

Thoughts from the President.....	2
Minister’s Missives	3
Youth RE.....	4-5
Social Justice	6-7
Board Report	8-9
Debenneville & DA.....	10
Recorder Concert Coming Soon!	11
Small Group Ministry Membership	12
Adult Faith Development	13
Young Adult Network.....	14-15
Atheist & Free Thinkers.....	16
Governance	16
Members Gallery	17
Legacy Circle Giving.....	18
How to Submit an Article.....	18
Staff and Board Listings	19

Guest Musician February 5!

Tracy LJ Robertson is an educator, session vocalist, vocal percussionist, vocal arranger, and improviser. While studying at Berklee College of Music he performed in ensembles of global influence, from Balkan to contemporary Indian, to Latin, to western classical and jazz. He’s worked with a range of artists including Bobby McFerrin, Valarie Simpson, Justin Timberlake, Sabrina Carpenter, Andy Grammer, Michael Bublé and Billie Eilish. The acappella community has offered opportunities to tour with groups like Pitch Slapped, Overboard, Vocalosity, The House Jacks, and m-pact. Tracy is grateful to be working and facilitating for the Urban Voices Project and in spaces where music is explicitly supporting/instigating healing and empowerment. Tracy enjoys spreading his passion for life through music and ever deepening appreciation of mother nature.



View past Sunday Services at www.facebook.com/UUCLB



2023

Dear Friends:

Thank you for your generosity in December. Our Gratitude Gift Campaign totaled \$41,508 and the dual special collection for the “Minister’s Emergency Fund” and “Camp deBenneville Pines” was over \$2600. We are relieved that we can close our budget gap and offer assistance to our UU Camp and congregants in need.

In December, the Board learned about an Infrastructure Grant Program from the State of CA to “preserve, enhance, and expand child care and development centers...for children up to five years of age.” The grant is directed at facilities that serve children that qualify for state or federal subsidies for these programs. Our renter, Montessori Children’s House, currently serves some of these families, and we are working together to expand this capacity. The Board held an emergency meeting in December with Finance & Facilities Committee chairs to both a) create a budget to support the 10% matching requirement; and b) create a “scope of work” for improvements & expansion. With these committee recommendations, the Board approved our participation in the grant at the January 17, 2023 board meeting. Award notification will come around June 2023. You may see some needed improvements in our classrooms including environmentally friendly HVAC and new Solar Panels to offset the additional power load. You can find a “FAQ” (Frequently Asked Questions) document in the Members Only Drive under “Board Special Projects” and “Board Montessori Grant Proposal 2023”.

Lastly...“Governance”! What does this mean? This means simplifying our practices so that there is a clear path for congregants who wish to bring a new program or activity to UUCLB. Do you want to learn more about this? Come to a Governance Update after Sunday Service on February 5, 2023 in Wylder Hall from 11:30am-noon.

Have a comment or question for the board? Email us at board@uucbl.org. We welcome your input.

Happy February!

- Edie

Edie

Edie Mickey-Silveria





FEBRUARY 2023

MINISTER'S MISSIVE

with Rev. Lissa Anne Gundlach

In honor of Black History Month, we lift up the wisdom and inspiration from organizer and author Maurice Mitchell, from his piece “Building Resilient Organizations: Toward Joy and Durable Power in a Time of Crisis”. Find the full piece here, for study and reflection: <https://convergencemag.com/articles/building-resilient-organizations-toward-joy-and-durable-power-in-a-time-of-crisis/>

Movements on the Left are driven by the same political and social contradictions we strive to overcome. We fight against racism, classism, and sexism yet battle inequity and oppression inside our movements. Although we struggle for freedom and democracy, we also suffer from tendencies toward abuse and domination. We promote leadership and courage by individuals, but media exposure, social media fame, and access to resources compromise activists. We draw from the courage of radical traditions but often lack the strategy or conviction to challenge the status quo. The radical demands that we do make are so regularly disregarded that it can feel as if we are shouting into the wind. Many of us are working harder than ever but feeling that we have less power and impact.

There are things we can and must do to shift movements for justice toward a powerful posture of joy and victory. Such a metamorphosis is not inevitable, but it is essential. This essay describes the problems our movements face, identifies underlying causes, analyzes symptoms of the core problems, and proposes some concrete solutions to reset our course.

From Problem to Solution

What can we learn from our errors and our attempts to correct these errors in service of sustainable solutions? How can we shift from a posture that simply analyzes the problems into one that is working to solve them?

Rather than reacting to myriad symptoms, we must build resilient organizations that can weather internal conflict and external crises. Resilient organizations are structurally sound, ideologically coherent, strategically grounded, and emotionally mature. The dimensions of resilient organizations include:

- **Structural:** The organizational form, roles, and mission. What kind of vehicle are we?
- **Ideological:** The organizational vision for the world. Where are we going?
- **Strategic:** The organizational plan to advance toward this vision. How do we get there?
- **Emotional:** The organization's expectations of its people and people's expectations of the organization in matters of emotional, physical, and spiritual care and well-being. How do we behave on the journey?

A Vision of Joy, Power, and Victory

Building the movement of our dreams can at times feel like a utopian fantasy. Our myriad problems and conflicts can make that project feel like an impossible puzzle to piece together. This framework and my recommendations are designed so that our freedom dream can begin to translate into a practical and urgent charge of our day. I believe our people deserve mass movements that exude joy, build power, and secure critical victories for the masses of working people. Such movements would be irresistible. People associated with these change projects would themselves exhibit liberatory values, including the practice of radical compassion and humility. They would work from a grounded understanding of power. Leaders would invite accountability, act with rigor, and speak with clarity. Problems and contradictions would be met with curiosity instead of judgment and finger pointing. Harm would be addressed with seriousness and an eye toward reparation, remediation, and healing. And we would build power with relish and let our successes and failures breed innovation.

We are closer than we think to such a reality. We must go through a humbling but necessary period of change to achieve it. We must learn how to synthesize lessons from the past and observations in the present. That means sitting in an awkward both/and place. We must call out fallacies that weaken us, even when it's hard and we face criticism for it. And we must meet our problems with grounded solutions that are drawn from a sober assessment of the larger time, place, and conditions we find ourselves in. None of this, of course, will be easy. In fact, much of it will cause great discomfort. However, on the other side of the uncomfortable journey is an abundant, playful, and powerful home for our freedom dreams. Will we choose it?



Maurice Mitchell is a nationally-recognized social movement strategist and organizer for racial, social, and economic justice. Raised by Caribbean working-class parents in NY, Maurice began organizing as a teenager. After graduating from Howard University, he went on to work as an organizer for the Long Island Progressive Coalition, downstate organizing director for Citizen Action of NY, and Director of the NY State Civic Engagement Table. After Mike Brown was killed by police in Missouri, Maurice relocated to Ferguson to support work on the ground. Seeing the need for an anchor organization to provide strategic support and guidance to Movement for Black Lives activists, Maurice co-founded and managed Blackbird. In 2015, he helped organize the Movement for Black Lives convention in Cleveland. In 2018, Maurice took the helm of Working Families Party as National Director where he is applying his passion and experience to make the WFP the political home for a multi-racial working class movement.

Christmas Unwrapped





Religious Education for YOUTH

with Naomi Yoshida, Director of Religious Education

Health and love are high on my list as we jump into the month of February. Take a moment to reach out to those who are dear to you and let them know you're thinking of them with love. Share a memory, break bread together, be part of the light that is slowly warming the wintry world. An act of love brings joy, which fosters health – both yours and theirs!

Our Faith in Action (FIA) service project for January focussed on creating 100 Toiletry kits for homeless teens. We focus on providing items typically not donated in average kits, such as individually wrapped shaving razors and gel, and menstrual care products. As you find yourself traveling during the year, please consider starting a collection of complimentary hotel-size shampoos, lotions and hygiene items at home, which you can donate to us in the beginning of 2024! A huge thank you to our FIA angel who provided a very generous donation of items this year! We celebrate your contribution! As January was a five Sunday month, our children and youth enjoyed a Spiritual Practices day.

We start February with a Time For All Ages centered on “love” in the Worship service and then we will be sung out to Youth Chapel. During Faith in Action on February 12th, youth will decorate and provide vases for elderly in our community. Our curricular days will follow, continuing our Soul Matters curriculum.

Reminder that this month we will be kicking off OWL (Our Whole Lives age-appropriate sexuality program) for 1st and 2nd graders. We are finalizing the dates as I write this. It is very important for every child and youth, especially in this age group, to be registered in RE for 2022/2023. Registered children, and their parents and guardians, will receive priority registration as there is a class size limit in order to optimize the OWL course experience.



On an administrative note, our RE Registration numbers are used to determine RE staffing and the RE Committee budget for the 2023/2024 year. Believe it or not, we are already crunching numbers now as we look ahead to next year. While a majority of youth are already registered, please register if you haven't already!

Thank you to our volunteers who have stepped forward to assist in Religious Education events and programming, and completed their Background checks. We currently have a huge need for Volunteers who are willing to provide and/or supplement Childcare for various church events. As more events resume on campus, we strive to be inclusive and offer complimentary childcare. Lead Childcare providers must meet the new minimum age of 21. We need more adult volunteers in order to make childcare available. All volunteers for childcare, events, or in the classroom, must clear the FBI and Dept. of Justice background checks. Our volunteers make UUCLB a Safer Congregation!

Please contact me at dre@uucbl.org and inquire how you can volunteer within our Religious Education community and/or obtain a background check.

Blessed be! *Naomi*

Sunday Mornings for Children and Youth

February 5	Time For All Ages and Youth Chapel
February 12	Faith in Action – Valentine Vases for the Elderly
February 19 & 26	Curricular days

For more information contact Naomi Yoshida, Director of Religious Education at: dre@uucbl.org



Our Next LGBTQ+ Caucus Meeting

**Sunday, February 5, 11:30am
After Services in Room 2/3**

**ZOOM in at
uucfb.org/meetings/lgbtq**

- Complimentary Childcare Provided. (Please email ahead to reserve a space)

If you identify as Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual, Fluid +, you are invited to come join us! Come meet other UUCLB Queers, get to know each other, get caught up on what's happening, and plan our future together. Just bring yourself and any ideas you might have.

We will meet at 11:30am in room 2/3, maybe a potluck lunch? Then meeting at Noon. We Hope to see you there!

You can also find us EVERY SUNDAY AFTER SERVICES out on the Patio at the LGBTQ+ WELCOME AND INFORMATION TABLE. Sign up to be on our mailing list at lgbtq.chair@uucfb.org

**Any questions just ask us!
OR you can email us at any time.**

Your LGBTQ+ Caucus Co-Chairs are:

Mimi Gephart-Seeley they/he/she

Michael Lyde he/him/his

Treacy Gephart-Seeley they/she

CONTACT US AT lgbtq.chair@uucfb.org

**Lifting up our voices, Living our authentic lives,
Sharing our Queer selves, We are stronger
together In Queer Space**



A Message From Your UU@UN Envoy Nasreen Gagner

Bruce Knott, the Director of Unitarian Universalists at United Nations (UU@UN), retired on September 30, 2022 after 15 years of leading UU envoys from around the United States and Canada. Together they discussed and advanced global human rights, peace, sustainability and justice topics and reported on current activities taking place in their congregations. His position has yet to be filled, however UU@UN continues being part of the UUA. The UU@UN, with the help of the UUA will continue working on human rights globally. This year's theme is **"All in for Climate Justice"**. The exact nature of the enhanced partnership is yet to be fully developed, but it appears there may be some exciting opportunities to leverage the long and fruitful historical relationship to strengthen support for Unitarian Universalist Service Committee (UUSC's) advocacy agenda.

**JOIN THE UUCLB
GREENTeam!**
email: greenteam@uucfb.org



Social Justice Collection: February 2023



Norma Stoltz Chinchilla Scholarship and Support for the CSULB Dream Resource Center

Two years ago, under the leadership of member Diane Kert, our church took a new approach to supporting undocumented immigrant students who are pursuing their degrees at our local campus just down the street, the California State University Long Beach.

Rather than continuing our own program begun over a decade ago by church member Cynthia Case, a high school teacher, and continued by the UUCLB Dream Scholarship Committee, we agreed to be part of a new scholarship established on the CSULB campus to honor our own Dr. Norma Chinchilla for her many years of activism on behalf of immigrant students. Last year, we decided to share the collection with the CSULB Dream Resource Center which has the capacity to help a large number of undocumented students with emergency financial aid and paid internship that help immigrant students to get valuable work experience prior to receiving their B.A. and M.A. degrees.

As a result of the generosity of our congregants last year, some of them choosing to honor the memory of Diane Kert with their donations, our donation to benefit immigrant students at CSULB was nearly \$6,000. Now that the temporary legal status program known as DACA has been frozen due to court challenges from anti-immigrant forces and Congress has been unable to gather the votes for a path to citizenship for students for whom the U.S. has been their country since they were young, our help is needed more than ever.

We know that financial assistance to individual students does not address the need for structural reforms in our incoherent and unjust immigration policies but our direct assistance to students at CSULB stands as a part of our commitment to the larger campaign to recognize the valuable contributions of immigrant community members through combatting campaigns of hate and working tirelessly for immigrant reform. Our donations to the Dream Resource Center and the Norma Stoltz Chinchilla scholarship fund are our way of saying “We see you; we appreciate you; and we care about you” to undocumented students struggling to realize their dreams of a college education and entry into the workforce to help their families and contribute to our society.

You can support the monthly special collection by donating until the last Sunday of the month and marking your check with “Special Collection”. Mail your check to: UUCLB, 5450 E. Atherton Street, Long Beach, CA 90808. You can also give to the Special Collection anytime in the month using Text-to-Give: Text message the words: “21 Special Collection” to 833-931-1845. To give \$20.00, for example, text “Special Collection” after your gift amount, like this: 21 Special Collection Gifts sent with no designation just go to the regular Offering. Pro Tip: to cover any convenience fees for the church, you can say: 21 Special Collection cover, or simply text: “Cover fees on” to cover fees on ALL text gifts.) For online giving go to: uucblb.org/give. For questions about the February collection, chinchil@csulb.edu.

BOARD REPORT

Board of Trustees Meeting Highlights, January 17, 2023

Minutes prepared by Gina Stephens, Clerk

Attendees: Edie Mickey-Silvera – President; Jan Goodwin – VP; Nasreen Gagner, Sam Warner, Kevin Ford – Trustees; Maureen McHale – Treasurer; Gina Stephens – Clerk; Rev. Lissa Gundlach; Arthur Neill, Michael Sallwasser, Grace Lorentzen – Guests

Board Recognitions: —Grace Lorenzen for many volunteer years as church bookkeeper, interim Treasurer, and for help with our transition to Belay for bookkeeping services. —Kathy Adams and Chrisanne Blankenship – representing UUCLB at MLK march (in the rain).

Minister Reflection <https://docs.google.com/document/d/1H-J0vk0NU2MJU-zXiou5mFzwNtgnGI5ZPn0ClcMXwNc/edit?usp=sharing>

[Minister and Staff Board Reports Jan. 2023](#)

Please see the [Minister and Staff Reports](#) for more details.

- ☐ The holidays had fantastic energy; the concert and Christmas Eve service were well attended.
- ☐ January will be lower key, but a busy spring is planned.
- ☐ Professional development and supervision training from the UUA is coming up.
- ☐ Staff is thinking about the budget and reviewing new UUA staff guidelines which include Widening the Circle, equity and inclusion.
- ☐ Staff is giving input into job descriptions.
- ☐ Is engaging with congregation to grow finances and pledge base.
- ☐ Pauline McMahon is researching UUCLB's contribution to Francisco's retirement fund. The UUA is moving to a different retirement plan administrator.
- ☐ The congregation has been generous, and distributions have been made from the Minister's Discretionary Fund.
- ☐ Rev. Lissa has been called to jury duty in Orange County, but now that she lives in Long Beach, she may be excused.
- ☐ Roof is leaking in the Office

Treasurer Quarterly Report

Please see the [Treasurer Report](#) for details and beautiful charts for [Year-over-Year comparisons of Pledges, Income, and Expenses](#)

- ☐ Contributions are up because of Gratitude Give
- ☐ Income from oil lease is up

- ☐ Medical benefits expenses are high because they were underestimated
- ☐ Safety and security expenses up because it was original planned to be reduce
- ☐ New credit card system will allow expenses to go directly to new bookkeeping system

Consent Agenda

1. Minutes of Nov 20, 2022 Board Meeting
<https://docs.google.com/document/d/14ovThgE50WTIje3yF4xLWBEzi-n67YqC/edit?usp=sharing&ouid6176951024385571640&rtpof=true&sd=true>
2. Minutes of Dec 17, 2022 Emergency Board Meeting
https://docs.google.com/document/d/1wUFx9Zf8F-W7EorbwlBejtPcN-SGKNop/edit?usp=share_link&ouid6176951024385571640&rtpof=true&sd=true

New Business

[Stewardship Campaign Report to the Board](#) *Update Only*

- ☐ Theme is “Celebrating Abundance Together”
- ☐ Kickoff Sunday is March 12 and runs through the 4th Sunday, April 3
- ☐ Kickoff will include St. Patrick's Day celebration

[UUA Certification Process](#) *Update Only*

- ☐ Due Feb. 1, 2023
- ☐ Gina is drafting a document to outline the procedure

[Friend Definition](#) *Deferred*

- ☐ Further discussion is needed with Membership Committee and Committee Chairs
- ☐ Issues remaining – serving on certain committees (Finance, Personnel, etc.) serving as Chairs of other committees

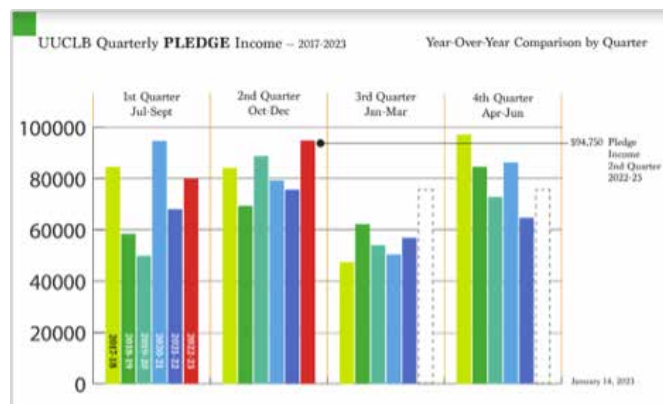
[Infrastructure Grant \(Montessori School\)](#) *Approved*

MOTION: (Jan/Nasreen) “The Board approves UUCLB's participation with Montessori Children's House in the grant application titled “Child Care and Development Division Infrastructure Grant Program”

- a. Project renovation components review (FAC Comm)
[Project Bids](#)

...Con't.BEARD REPORT

- b. Current bids total \$352,646. Missing Window Replacement & Bathroom remodel bids.
- c. Estimate bid will be less than \$1M USD
- d. 10% Matching Grant funding source & recommendation to come from Finance Committee
- e. Application deadline 1/31/2023. Award Notification expected 6/2023.
- f. Max Award amount: \$1,500,000
- g. Grant award & matching funds must be expended by 6/30/2028
- h. Discussion of Malki's commitment to including underserved families



Safer Congregation Policy Update *Deferred*

- ☐ The second section of the policy has been submitted – “Reporting Suspected Child Abuse or Neglect”
- ☐ Policy would establish a “Safer Congregation Respons Team” to address concerns.
- ☐ Task Force (Jane Kaylor, Kevin Ford, and Gina Stephens) will be available to meet with board for discussion.

Old Business

Committee Charges *Deferred*

Personnel Committee

[Personnel Committee Charge - Draft 12_8_2022.docx](#)

Governance Task Force

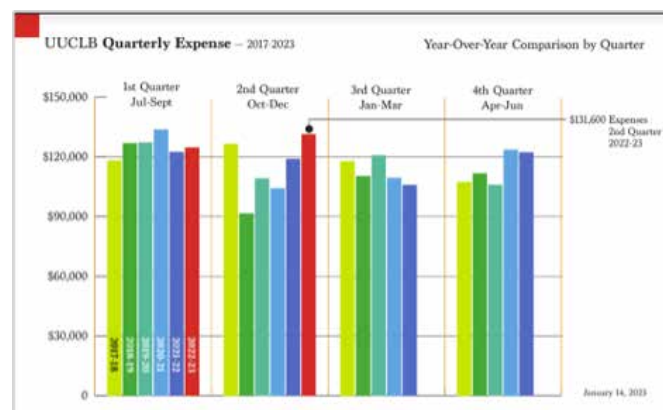
[UUCLB 2022 Governance Task Force Charge.docx](#)

- ☐ The President's report in the February Advance will include an update to congregation

Town Hall Council Agenda – Jan. 26, 2023

[January Town Hall Council Folder](#)

- ☐ Infrastructure Grant
- ☐ Governance Project
- ☐ UUCLB contribution to DeBennville
- ☐ Board of Trustees, Staff, and Treasurer updates
- ☐ Committee updates (limited to 5 minutes each, and 1 PowerPoint slide)





Financial Aid for General Assembly: Applications Due February 19 at Noon

In keeping with our study of *Widening the Circle*, our congregation offers financial aid to church members who attend General Assembly, the annual gathering of Unitarian Universalists from across the country and beyond. This year's GA will take place in Pittsburgh, PA, from Wednesday, June 21, to Sunday, June 25. It also happens online.

If you are planning to attend – or considering the possibility – be aware that our congregation has scholarship money for members whose social location often marginalizes and silences their voices. People in this group are BIPOC, LGBTQ+, young adults, youth, disabled people, and those whose socioeconomic status places them in the margins. (Youth need not be members of the congregation.)

Completed applications for virtual or in-person attendance need to be submitted by noon on **Sunday, February 19**.

You can find the applications in three places: (1) on the church website (<https://www.uuclb.org/act/>); (2) in the church office (top left corner cubby, or ask Theresa); (3) email from Kathy Adams (katole@uuclb.org).

Be aware also that there's more aid available from GA itself. The uua.org/ga website has a section on Financial Aid. In addition to the "Volunteer" and "Financial Support" pages, be sure to check out the "Guide for the Frugal."

Lots and lots of information about General Assembly itself is available at the UUA's website: uua.org/ga, where you'll find answers to questions you didn't even know you have! Any question you have, just send them to the 8th Principle Scholarship Team at 8Pscholarships@uuclb.org.

Camp DeBenneville Pines Needs Help!



Donate through the camp website, www.uucamp.org, or send your check directly to Camp de Benneville Pines, 41750 Jenks Lake Rd. W, Angelus Oaks, CA 92305.

If you cannot meet that deadline, your donation is still both welcome and NEEDED. Thanks to COVID, the camp budget is gasping for life, and the oxygen of our donations is essential to getting it up and humming with all it has provided for more than 60 years. Monthly donations are especially appreciated – so consider becoming a "sustainer" and continue to boost the health of this valuable UU asset.

Learn More about Camp DeBenneville Pines at
<https://www.uucamp.org/>

ARE YOU SAVING THIS DATE?

It's a time to get in touch with other Unitarian Universalists from nearby congregations—to worship together, learn together, socialize together, and generally to widen your UU horizons. It's like a mini-General Assembly. You are guaranteed meaningful fun and fellowship!

Watch for registration information in our church's weekly announcements. Meantime, consider presenting a workshop related to the theme, "Living in Harmony with Each Other and the Earth." [CLICK HERE](#) or go to shorturl.at/uIW18 for a downloadable pdf and send your completed workshop proposal form by February 3, 2023, to Dale Botts, dale.botts2@gmail.com.



UUCLB Music and Arts Committee Presents

Los Angeles Recorder Orchestra



Sunday, February 5, 2022 — 3:00pm in Wylder Hall



On Sunday afternoon, February 5 at 3:00PM, Wylder Hall will once again be graced with a performance by the Los Angeles Recorder Orchestra (LARO). The group, which is in its twentieth year of music making, will play works by Ralph Vaughn Williams, Charles Gounod, and contemporary composers Glen Shannon and Frans Geysen.

LARO is made up of thirty recorder players from all over southern California. They play recorders ranging from eight inch long “sopraninos”, to the nine foot tall “sub contra bass”. The group is led by musician/educator Thomas Axworthy.

There is no charge for the concert.

For questions, please email musicandarts@uclb.org



**Want to try out
Small Group Ministry
on an upcoming Sunday?**



Small Group Ministry

MEETS ONSITE

**February 5, March 5, April 2
at 11:30am after Services**

If you have been curious about this popular sharing circle and deep listening program, now is your chance to try it out, in person, one Sunday this fall. We are offering three 45-minute intro sessions after Service on February 5, March 5, and April 2.

On those Sundays, Reverend Lissa will reveal two questions on a topic (during Service) which will be the focus of the sharing circle following Service. Join us at 11:30 a.m. in Room 5 (Feb) or Wylder Hall (Mar. and Apr.). Explore the concepts of Love (Feb.), Vulnerability (Mar.), and Resistance (Apr.) with facilitators Laura Scully, Kevin Ford & Kate Taylor, and Chris Kempf & Gail Sakuda-Kempf, respectively.

You may go to one or all three sessions. If you find the Small Group Ministry experience meaningful, you are encouraged to sign up for our Winter/Spring series of sessions starting in February. You can join an ongoing small group, meeting once/twice monthly, to discuss themes mentioned above (as well as the themes of Creativity and Finding Our Center).

Childcare is available upon request at least 24 hours in advance.

**For more information, contact
smallgroupministry@uucblb.org**

**BELONGING...
COURAGE...CHANGE**

Please join us!



Unitarian Universalist
Church of Long Beach

Membership

**Please Join our Next
“Starting Point”
Class**

**For date and time,
please email
membership@uucblb.org**

- share your personal religious journey.
- discover the church's many programs & activities.
- meet other prospective members.
- learn about some of the church's statements of philosophy such as our Principles, Bond of Fellowship, Congregational Covenant, and Mission Statement.
- learn more about the next steps.
- learn how you can support UUCLB.
- be invited to become a member.

For more info, see our webpage at
<https://www.uucblb.org/connect/become-a-member/>

Or email: Membership@uucblb.org

Will you be attending via ZOOM?
Please let us know so that we can
welcome you virtually.
email: membership@uucblb.org

Meeting ID: 921 8298 5381
Passcode: 704679

Or paste the link into your browser:
<https://zoom.us/j/92182985381?pwd=dDJeTzZidC9QVnN5dUNxVUxvVEJnUT09>



For more info, see our webpage at
<https://www.uucblb.org/connect/become-a-member/>
Or email: Membership@uucblb.org

Adult Faith Development

Identity

Purpose

Meaning

Questions? Comments? Contact Kathy Adams or Michael Lyde at afd.chair@uucbl.org

Welcome Aboard Sets Sail and Thoughtful Thursdays Returns

Our Welcome Aboard curriculum is designed to meet each participant where they are in their spiritual journey. Each session will provide opportunities to explore yourself, your beliefs, and move forward in your faith formation. In addition, you'll gain invaluable information about how our church operates, our social justice history and philosophy, and the importance of covenant in our congregation and faith tradition.

Our second workshop will explore UU Worship and Theology on February 26 after Sunday morning service in Wylder Hall. This session will go behind the scenes of Sunday morning worship planning and implementation.

Our Thoughtful Thursdays series debuts on March 9 with an interactive workshop based on the Nap Ministry proposed by Rev. Tricia "Nap Bishop" Hersey. This workshop will provide you the opportunity to incorporate intentional rest into your Self Care Plan.

Thoughtful Thursdays will conclude on May 11 as we explore how to use dissent and defiance to build a more affirming, just, and dynamic world.



SOULFUL SAMPLER

SATURDAY, FEBRUARY 18 @ 10 AM - 2 ISH

Join us for Arts & Crafts, designing Pastoral Care Cards, BYO Snacks and Beverages, Conversation, Connection, and Soul Music. Yes, we want you to join us for drawing, coloring, painting, knitting, etc.

BRING A FRIEND, A PROJECT, OR EXPLORE OUR CRAFTING TABLES

UPCOMING PROGRAMS

Soulful Sampler

Arts, Crafts, and Fellowship for All Ages

February 18, 2023

10:00 AM - 2:00 PM

Lounge & West Patio

Welcome Aboard

UU Worship & Theology with Rev.

Lissa & Sunday Worship Team

February 26, 2023

11:30 AM - 1:00 PM

Wylder Hall

Words of Our Own Writing Group

February 26, 2023

11:30 AM - 1:30 PM

Lounge & Zoom

Thoughtful Thursday

Rest is Resistance: Exploring Tricia

Hersey's "Nap Ministry"

March 9, 2023

7:00 PM - 9:00 PM

Lounge & Zoom

Thoughtful Thursday

Toolbox for a World with Justice, Creativity, and Innovation

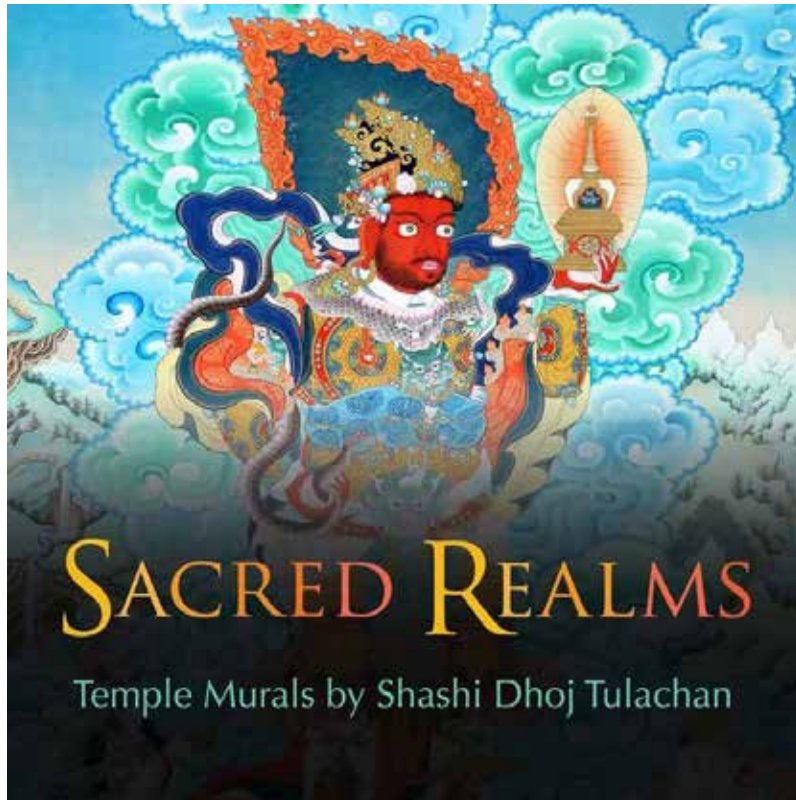
May 11, 2023

7:00 PM - 9:00 PM

Lounge & Zoom

Get Zoom links from the Church Calendar at uucbl.org.

UUYAN Explores Bowers Museum



UU Young Adults ages 18-35 will explore the Bowers Museum on Sunday, February 19, 2023

To carpool, meet at church at 11:30 in the lounge for a short check-in. Leave at noon for the museum.

Reserve your tickets in advance on the museum website \$12 students, \$15 Adults.

<https://www.bowers.org/>

Sacred Realms: Temple Murals by Shashi Dhoj Tulachan

Bowers Museum, 2002 North Main Street, Santa Ana, California 92706

Museum Sunday Hours: Open 10 AM - 4 PM

TEL: 714.567.3600

Questions? Contact Kathy Adams at 562-619-8612



UUYAN Climate Activists Unite!

The Unitarian Universalist Young Adults partner with California State University Long Beach (CSULB) and Allies to gather for Climate Action on 3rd Fridays. To obtain the location of the offsite event, RSVP to: <https://sunriselongbeach.org/> or contact Kathy Adams at 562-619-8612.



ATHEIST / FREE THINKERS GROUP

First & Third Mondays: 2:30pm

Join Us in the Lounge or via ZOOM

For ZOOM link

please go to uucbl.org/calendar

If you want to find out why we don't believe,
join us in discussion or give us your argument!

EVERYONE WELCOME!

atheist@uucbl.org

SAVE THE DATE!

Sunday, February 5, 2023

11:30am in Wylder Hall

Governance Progress Update

Find out about
UUCLB's Governance Task Force
and their charge for 2023

Hosted by the
Board of Trustees
and the

Governance Task Force

Questions? Send them to board@uucbl.org

How To Stay Connected to UUCLB

- Subscribe to the weekly announcement eblast announcements@uucbl.org
Arrives in your inbox every Thursday
- Subscribe to the monthly Advance newsletter advance@uucbl.org
Arrives in your inbox the first week of the month
- Subscribe to the church Board Report boardreport@uucbl.org
Receive the meeting agenda, board packet, and minutes
- Check the current issue of the Join In Booklet uucbl.org/joinin
Find all the standing Committees, social activities and affinity groups
- Find the latest How-To Manual for Committees
Check the UUCLB website uucbl.org
- Check the church calendar uucbl.org/calendar
Follow us on Facebook facebook.com/UUCLB/
- Join us for in-person and online Worship on Sundays at 10:00 a
Live on Zoom ... Facebook Live ... and Past Recorded Services



Currently on Display in Wylder Hall



Paintings by Mike Shannon

Is it time for you to revise your will or trust, or maybe to develop one for the first time?



When you do, please remember the important role the church has played in your life and your family's life.

Your bequest or other gift will make a difference to the church's long-term future. When you return the Confidential Bequest Form to the church, as directed, the Planned Giving Committee will joyfully welcome you into the UUCLB Legacy Circle.

Go to <https://www.uuclb.org/give/planned-giving/> for information. Email plannedgiving@uuclb.org with any questions.

GIVING
IS EASIER THAN EVER



ONLINE GIVING—TRY IT!

GIVE AT
uuclb.org/give

You can also give quickly and easily on your phone at <https://tithe.ly> or download the Tithe.ly app to your phone!

*Want to announce an Events or submit an article for Publication?
Follow the instructions listed below.*

Please use the following addresses to communicate events and announcements. Submit as text or MS Word .doc attachment or typed in the body of your email. No special formatting please. Graphics should be attached in .pdf, .jpg or .tiff formats. Please name your files relative to the content, ex.: Green Team March 2020.

announcements@uuclb.org — this is the e-blast that comes once a week in your email

DUE DATE FOR ANNOUNCEMENTS:

Submit by Tuesdays at noon. Please send a new email each week for each item you would like published because the announcements are created by checking each week's unread emails. We do not have time to go back to see how long each article or announcement should run. Thank you for understanding.

advance@uuclb.org — this is the newsletter that comes out monthly in your email. You're reading it now! See info at right.

calendar@uuclb.org — send your calendaring requests (room reservations) to this address

[Click here to request a ZOOM room reservation](#)

or use this link: **uuclb.org/zoomres**

socialmedia@uuclb.org — send your social media requests (facebook / church website) to this address

www.uuclb.org — this is our website...Please take a look!

ADVANCE NEWSLETTER SUBMISSIONS DEADLINE

**Third Tuesday of each month
By 9:00 pm**

Please send your articles and photos to:
advance@uuclb.org

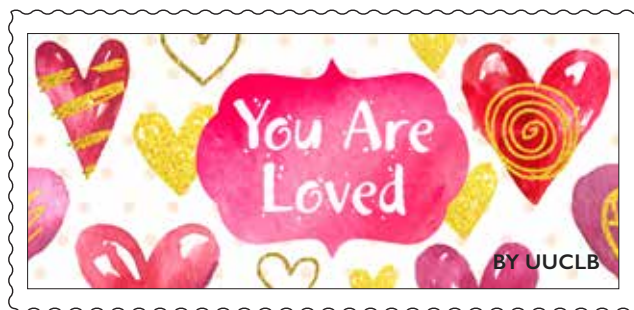
Submit as text or MS Word .doc attachment or typed in the body of your email.
No special formatting please.

Please name your files relative to the content, ex.: PLANT SALE May 2022

Graphics should be sent as attachments in .pdf, .jpg or .tiff formats.

The ADVANCE is published monthly and is distributed via email.

Unitarian Universalist Church of Long Beach
5450 East Atherton Street
Long Beach, CA 90815
(562) 597-8445 • www.uuclb.org



The UUCLB Facilities Work Party NEEDS YOU!

Saturday, FEBRUARY 11, 2023 — 9:00am to Noon

The Facilities Committee invites you to the monthly **Work Party**. Facilities Work Party is an event where people of all ages gather to maintain our campus and make minor repairs. Join us and make new friends, familiarize yourself with the church and learn new skills! No experience is required and everyone is invited. We hope to see you there! Look for Elmer Taylor when you arrive -- he will find something for you to do.

It's Fun! It's Exercise! It's Fellowship! It's Service!

The Facilities Work Party meets on the Second Saturday of every month

The Unitarian Universalist Church of Long Beach

UUCLB STAFF

Minister, Rev. Lissa Anne Gundlach, minister@uuclb.org

Office Administrator, office@uuclb.org

Director of Religious Education, Naomi Yoshida, dre@uuclb.org

Director of Music Ministries, Francisco Ruiz, music.director@uuclb.org

2022-23 BOARD OF TRUSTEES

President, Edie Mickey-Silveria, boardpresident@uuclb.org

...to address the Board, board@uuclb.org

CHURCH OFFICE HOURS

Monday to Thursday 9:00am to 1:00pm by phone, appointment or email

phone: (562) 597-8445 (Please leave a message)

email: office@uuclb.org

Your monetary gifts sustain our beloved community and enable us to further embody our values through our gatherings, programs, and community outreach. Please consider UUCLB in your charitable gifts for 2022-23.