

# Atlantic Youth Hockey League Annual Managers Meeting 2025-2026 Season





# GLENN HEFFERAN

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# MEETING INFO.

- There are two virtual meetings for this 2025-26 Season:
  - Tuesday, 08/05/2025
  - Thursday, 08/14/2025
- Team folder containing the 2025-26 Season hand-outs have been shipped to you Association.

Your folder contains:

- Score keeper worksheets
- Game coaching cards (please forward to you head coach)
- Player Code of Conduct & Parental Pledge
- Team Declarations, Important Dates, Season Calendar, Quick Reference Card, Officiating Information, What's the Score, AAHA Zero Tolerance Policy
- USA Hockey: Concussion Return to Play, Standard Discipline Policy information and 2025-29 Playing Rule Changes



# TEAM MANGER

It is recommended by USA Hockey that Youth and Girls'/Women's registered ice hockey teams have a designated TEAM MANAGER. All Youth and Girls'/Women's National Championship bound teams are *required* to have a Team Manager.

A Coach who also serves as Team Manager would register only as a Coach. Team Managers are covered under USA Hockey insurance policies. A Team Manager who is not registered as a Coach may not participate in on-ice activities or be on the bench during games.

The Team Manager shall be the custodian of all documents necessary for credential review prior to participation in invitational tournaments and League, District, Regional and National Championships.

The Atlantic Youth Hockey League requires all Teams at all levels to have a designated Team Manager.



# 2025-2026 SEASON STAFF

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Commissioner

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USA Hockey is divided into 12 geographical districts throughout the United States. Within those districts, a total of 34 affiliates provide the formal governance for the sport of ice hockey in the United States.

USA HOCKEY  
DISTRICTS  
AFFILIATES  
LEAGUES  
TEAMS  
PLAYERS





## FAIR PLAY & RESPECT

The goal of USA Hockey is to promote a safe and positive playing environment for all participants while continuing to focus on skill development and enjoyment of the sport.

All officials, coaches, players, parents, spectators and volunteers are strongly encouraged to observe these **"Points of Emphasis"** when participating in the sport of ice hockey.





Hockey transcends all dimensions of diversity – those you can see, and those you can't. It's a game that anyone, anywhere, can participate in and follow. While our parents, players and fans hail from every corner of the world, they come together through the common language of sport and are united by their love of hockey.

The Atlantic Youth Hockey League believes that diversity and inclusion are central to our game and believe that they are catalysts for innovation and growth.

**HOCKEY IS FOR EVERYONE!**

[usahockey.com/diversityequityandinclusio](http://usahockey.com/diversityequityandinclusio)





# USA Hockey SAFE SPORT

The safety of its participants is of paramount importance to USA Hockey. USA Hockey Safe Sport is the organization's program related to off-ice safety.

USA Hockey has long had systems in place to protect its participants from physical abuse, sexual abuse and other types of abuse and misconduct that can be harmful to youth hockey players and other participants. These include without limitation Physical Abuse, Sexual Abuse, Screening, Locker Room Supervision and Hazing Policies, in addition to Codes of Conduct applicable to administrators, coaches, officials, parents, players and spectators. The USA Hockey Safe Sport Handbook is intended to update and collect USA Hockey's various policies to protect its participants from all types of misconduct and abuse.

Any persons banned or suspended by the Center for SafeSport as a result of a SafeSport violation can be searched by name and sport through the link below.

[uscenterforsafesport.org/response-and-resolution/centralized-disciplinary-database](https://uscenterforsafesport.org/response-and-resolution/centralized-disciplinary-database)



# SAFE SPORT

USA Hockey has ZERO TOLERANCE for abuse and misconduct.

This Safe Sport Handbook includes the various Policies that apply to all USA Hockey Member Programs. Those Policies address:

- Sexual Abuse
- Physical Abuse
- Emotional Abuse
- Bullying, Threats and Harassment
- Hazing

The Policies also address areas where misconduct can occur and are intended to reduce the risk of potential abuse, including:

- Locker Room Policy
- Electronic Communications Policy
- Travel Policy
- Billeting Policy



# SAFE SPORT

- Education and awareness training
  - > Screening and background check program
  - > Reporting of concerns of abuse
  - > Responding to abuse and other misconduct
  - > Monitoring and supervision of the Safe Sport Program

These specific policies are of paramount importance to USA Hockey and may be modified or amended as needed.

A USA Hockey member or parent of any member who (1) violates any of the Safe Sport Policies or (2) fails to consent to, and pass a screening and background check in compliance with the Screening and Background Check Program, may be denied eligibility within any USA Hockey programs and is subject to appropriate disciplinary action including but not limited to suspension, permanent suspension, and/or referral to law enforcement authorities.



# SAFE SPORT

Please refer to the Safe Sport Program Handbook for details of these policies. A copy of the USA Hockey SafeSport Program Handbook is available at:

**[usahockey.com](http://usahockey.com)**

(main page scroll to athlete safety)

To make a report to USA Hockey, you may do so either by:

1. Web clicking on "Report to USA Hockey" at **[www.usahockey.com/makingareport](http://www.usahockey.com/makingareport)** and complete the Reporting Form
2. Call **833-5US-SAFE (587-7233)**



# SAFE SPORT

Reports may also be made to the local Affiliate or District Safe Sport Coordinator as follows:

Atlantic Amateur Hockey Association (DE, EPA, NJ)

**Peter Rothman** 610-721-4378 [pete@rothmancpa.com](mailto:pete@rothmancpa.com)

Connecticut Hockey Conference

**Traci Lacoseglio** 203-246-2416 [tracilacoseglio@gmail.com](mailto:tracilacoseglio@gmail.com)

New York State Amateur Hockey Association

**Scott Gray** 612-349-9512 [sgray@metrolegal.com](mailto:sgray@metrolegal.com)

Potomac Valley Amateur Hockey Association Inc (DC, MD, VA)

**Keith Williams** 301-310-3400 [safesport.pvaha@gmail.com](mailto:safesport.pvaha@gmail.com)





# SAFE SPORT

## Who needs to complete Safe Sport?

- Coaches (Head / Assistant / Goalie / Trainers)
- Managers
- Off-Ice Officials
- 18U Players  
(all players 17 years of age or older on or before December 31 of that playing season and (ii) who play on a team in a classification that allows minor age players are to complete Safe Sport Training prior to taking to the ice for any practices or games).

## When must Safe Sport training be completed?

- Coaches, Managers, Locker Room Monitors and Off-Ice Officials, before the team takes to the ice (practices and games).
- Players, when required, before a player can be added to a USA Hockey Roster.



# USA HOCKEY LOCKER POLICY

- The USA Hockey Gender Equity Locker Room Policy **MUST** be followed by all Association's.
- Please check with your individual Association's procedures regarding this policy.



# LOCKER BOXING

- Locker Boxing or "Helmets and Gloves" is a game played by primarily teenage hockey or lacrosse players in their dressing rooms or basements (mostly when not supervised by adults).
- Participants wear helmets and hockey gloves and fight in the middle of a locker room with their teammates or friends egging them on.
- The object of the game is to score as many hits on the head as possible until the opponent is knocked down, gives up, or their helmet falls off.
- The game is often seen as rite of passage for players and fighters feel peer pressure to participate.



# CONTROL YOUR TEAM LOCKER ROOM

- For the safety of your players and team, always have adult supervision in the locker room at all times.
- For the accountability and safety of the Coach or designated locker room personnel there should be at least two “adults” appointed to supervise in any confined area with minors.



# REPORTING INCIDENTS

- Should your team have parental, player or coaching issues your first avenue for resolution should be within your Association. When notifying your Association be sure to confidentially CC the Commissioner so the League is notified and aware of the situation in advance.

**Commissioner E-Mail:  
GAP3165@AOL.COM**

- If resolution is not satisfactory to the parties involved, the League will then become involved.





# SCREENING

## NATIONAL LEVEL BACKGROUND SCREENING POLICY

- In compliance with requirements from the United States Olympic & Paralympic Committee (USOPC), USA Hockey has implemented a national level background screening policy.
- *Please note*, Pennsylvania residents and those participating in USA Hockey sanctioned events within the state are required to complete the state of Pennsylvania mandated clearances in addition to the NCSI criminal background screen (PA ACT-153).
- **WHO HAS TO GET SCREENED?**
  - All adult coaches, locker room monitors, officials, board members, employees, volunteers and anyone else who will have regular contact with, or authority over, athletes under the age of 18 are required to submit to a background screen before any such contact with those athletes.
- **WHAT IS THE COST?**
  - Background screens through NCSI under the national program will cost \$30 for all domestic screens. For international screens (members who have lived outside of the U.S. for six consecutive months in any one country during the past 7 years) the fee is \$150. If that country is solely Canada, the fee is \$75.
- **HOW LONG DOES SCREENING TAKE?**
  - On average, background screens take between 3-10 business days to complete. There may be additional delays for, but not limited to, international searches, court closures, Pennsylvania document review and Massachusetts state document review.
- Screening is valid for a period of two years.



Additional information regarding screening  
[usahockey.com/backgroundscreen](http://usahockey.com/backgroundscreen)

# SCREENING PA ACT-153

## PROCESS FOR PA ACT-153 & USA HOCKEY REGISTRANTS

*July 2021*

All residents of Pennsylvania and those participating in USA Hockey sanctioned events held within the state are required to complete the State of Pennsylvania mandated clearances IN ADDITION TO the NCSI Criminal Background Screen.

- Pennsylvania Clearances include: Child Abuse History Clearance  
<https://www.compass.state.pa.us/cwis/public/home>
- State Police Criminal Background Check  
<https://epatch.state.pa.us/Home.jsp>
- FBI Criminal History Background Check  
<http://www.keepkidssafe.pa.gov/resources/clearances/fbifinger/index.htm>

Service Code: 1KG756 OR A Volunteer Affidavit can be used in lieu of an FBI Check by anyone who has lived in PA for the last 10 consecutive years AND is participating as a volunteer with USA Hockey

<https://www.dhs.pa.gov/KeepKidsSafe/Resources/Documents/Disclosure%20Statement%20for%20Volunteers.pdf>

> PLEASE NOTE: Background Screens will remain pending with NCSI until the Pennsylvania clearances are completed and uploaded.



# ZERO TOLERANCE

- **The AYHL enforces a strict “Zero Tolerance” policy with NO appeal.**
- Should a member of your Team or Association be removed from a youth hockey event by an Official (Referee or League) the following minimum suspensions will be issued by the Commissioner:

## **FIRST OFFENSE:**

- Two week suspension from ALL activities involving the Team.

## **SECOND OFFENSE:**

- Four week suspension from ALL activities involving the Team.

## **THIRD OFFENSE:**

- Suspended indefinitely until ejected spectator completes a certified anger management class and provides the League with a certificate of completion or other documentation.
- Suspensions include all Team activities including practices (dry land and ice), tournaments and games (Non-League and League).



# AAHA ZERO TOLERANCE

- **Associations that are Members of the AAHA are required to follow the updated AAHA Zero-Tolerance Policy.**
- Should a member of your Team or Association be removed from a youth hockey event by an Official (Referee or League) the following minimum suspensions will be issued by the Commissioner:

## **FIRST OFFENSE:**

- 30 (min) – 90 (max) day suspension from ALL activities involving the Team.

## **SECOND OFFENSE:**

- 60 (min) – 120 (max) day suspension from ALL activities involving the Team.

## **THIRD OFFENSE:**

- 1 year suspension from ALL activities involving the Team.

- Suspensions include all Team activities including practices (dry land and ice), tournaments and games (Non-League and League).





# ABUSE OF OFFICIALS & OTHER MISCONDUCT

## USA Hockey Rule 601

- Banging the boards with a stick or other object, including skates or arms, after a body check regardless as to whether the check is being penalized. It is deemed to be unsportsmanlike conduct and should be penalized when done as a means of escalating dangerous and/or unnecessary physical play where there is no intent to legally gain possession of the puck.
- A match penalty shall be assessed to any player or team official who commits the following actions:
  - (1) Applies deliberate physical force or attempts to inflict physical harm to any game official, including off-ice officials.
  - (2) Behaving in any manner that is critically detrimental to the conducting of the game, including but not limited to spitting at an opponent, spectator, game or team official, or verbally threatening or intimidating a Game Official, opposing Team Official or opposing player with physical contact or harm.
  - (3) Uses language that is hateful or discriminatory in nature anywhere in the rink before, during or after the game.






# PARENTAL PLEDGE & CODE OF ETHICS

- Teams must be in full compliance with executed forms no later than 09/30/2025.
- Failure to comply will compromise your teams post season opportunities.
- Should a Parent / Guardian on your team be ejected from any AYHL function you will be required to provide an executed copy of the signed Parental Pledge & Code of Conduct.



# PARENTAL PLEDGE & CODE OF ETHICS

- Both Parents / Guardians of all AYHL players will be required to review and sign the Parental Pledge & Code of Ethics.
- Each team will be provided with a pack of Parental Pledge & Code of Ethics sheets. Use ONE sheet for each participant of your team.



ATLANTIC YOUTH HOCKEY LEAGUE  
COMMITMENT TO EXCELLENCE

## 2025-26 SEASON PARENTAL PLEDGE & CODE OF ETHICS

I shall show respect and positive support for coaches and officials, prior during and after the game.  
I will ensure my child behaves in a sportsmanlike manner.  
I will demonstrate respect and support for all players prior, during and after the game.  
I will be mindful of the need for player development over the need to win.  
I will insist that my child plays in a safe and healthy environment.  
I will ensure that my child does not use performance enhancing drugs.  
I will be mindful of my role at all times, provide support, not openly instruct during the game or openly interpret the rules.  
I will abide by the rulings of the officials and coaches and league administration during and after the game.  
I will demand and demonstrate a healthy sports environment by refraining from drug, alcohol and tobacco (including vaping products) use during all sporting events.

I/we the Parents/Guardians for \_\_\_\_\_ have read  
(Players name)  
and understand the Atlantic Youth Hockey Leagues Parents Code of Ethics, and pledge to follow the code and the policy regarding acceptable parental behavior.

I/we will accept and support the League sanctions imposed by the Commissioner should any incidents arise inclusive of suspensions for violating Zero Tolerance Policies.


\_\_\_\_\_  
(Association) (Team / Level)  
\_\_\_\_\_  
(Parent or Guardians Signature) (Relationship)  
\_\_\_\_\_  
(Parent or Guardians Signature) (Relationship)

TIER 1 AAA • FUN • COMPETITION • SKILL DEVELOPMENT



# CODE OF CONDUCT

- AYHL players, coaches, managers and off ice staff will be required to review and sign the AYHL Participant Code of Conduct.
- Each team will be provided with a pack of Parental Pledge & Code of Conduct sheets. Use ONE sheet for each player on your team.



COMMITMENT TO EXCELLENCE

## AYHL PARTICIPANT CODE OF CONDUCT

Name: \_\_\_\_\_

To be read and signed by you as a Member of \_\_\_\_\_ Team participating in the Atlantic Youth Hockey League for the 2025-2026 Season.

1. No swearing, abusive language, use of racial slurs, derogatory remarks or comments on the bench, in the rink, or at any team function.
2. No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating.
3. Anyone who receives a penalty will skate directly to the penalty box.
4. Fighting will not be tolerated for any reason. All Fighting suspensions, inclusive of progressive suspensions will be as per USA Hockey and AYHL Rules. Fighting may also result in an appearance before a Discipline Committee.
5. There will be no drinking, smoking, vaping, chewing of tobacco or use of any illegal substances at any team function.
6. I will conduct myself in a befitting manner at all facilities (ice rink, hotel, restaurant, tournaments, showcases etc.) during all team functions.
7. Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

TIER I AAA • FUN • COMPETITION • SKILL DEVELOPMENT



# USA HOCKEY COACHING EDUCATION

- Must be a minimum of a Level I and successfully complete the training module for the level being coached.
- If a coach is responsible for multiple teams, they must complete the age specific module for every level they are coaching.



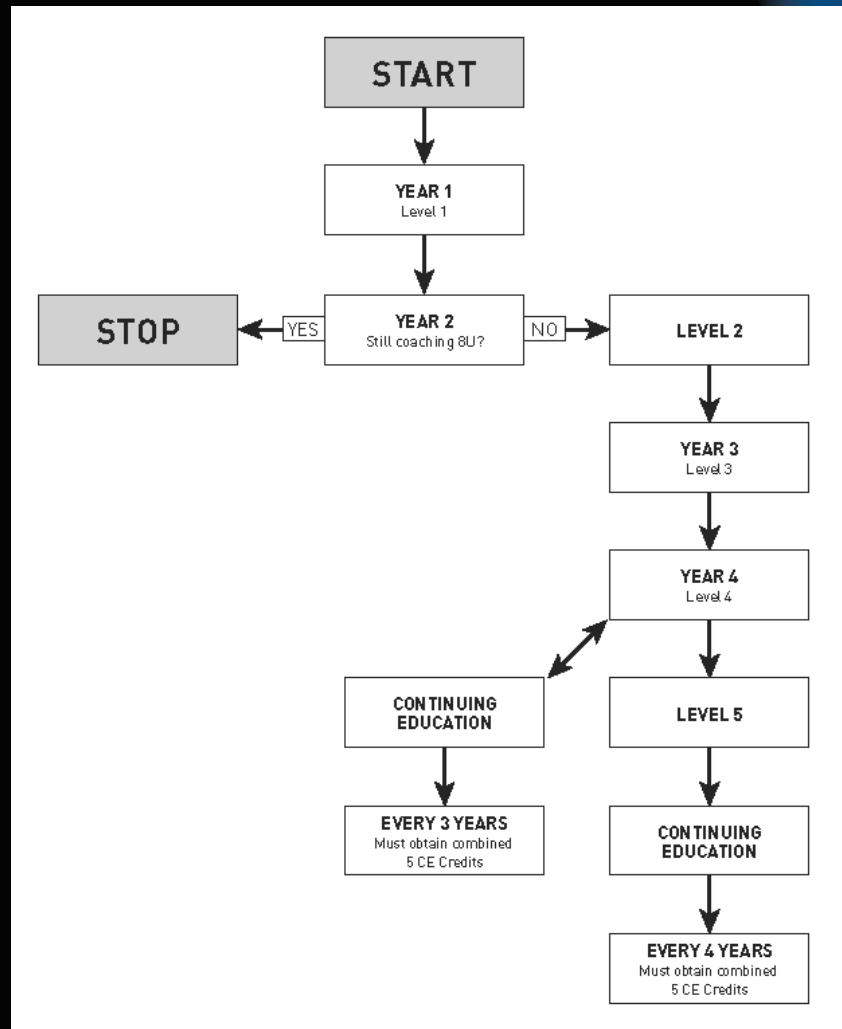
# USA HOCKEY COACHING EDUCATION

- All Tier I & II 16U & 18U coaches must achieve Level 4 in their 4th year.
- All Tier I 14U coaches must achieve Level 4 in their 4th year.
- 8U (Mite) coaches may remain at Level 1 indefinitely as long as they are coaching only 8U Mite age players.
  - a. If they have already moved up to level 2 or even 3, then there is no need to continue to advance unless they move up to 10U or older.
- Completion of proper level certification must be completed by 12/31/2025.
- All coaches shall be required to complete the online age-specific module for the age levels coached, therefore if multiple age levels, then multiple modules are required.
- Necessary coaching modules must be completed *before* your team takes to the ice.





# COACHING CERTIFICATION



# AAHA COACHING EDUCATION

All Atlantic District Coaches are required to have a current/valid CEP prior to being approved to a roster with the following exceptions:

- New Coaches are defined as a Coach who has never previously coached a team with USAH
- New Coaches at the 10U and above level are required to complete Level 1 by December 31, 2025
- New Mite (6U/8U) Coaches are required to have a minimum Level 6U/8U by Dec 31, 2025
- New Coaches, coaching **BOTH** 6U/8U and 10U and above levels are required to complete minimum Level 6U/8U by December 31, 2025

Coaches with an expired CEP, coaching at the 6U/8U level do not need to progress any further until one of the following occurs:

- The Coach moves up to an age classification above 8U
- The Coach returns for the 5<sup>th</sup> consecutive season and the level is now expired – Refresher course will be required every 5 years.



# USA HOCKEY UNDER-AGE COACHES

## > STUDENT COACH

- A player age 13 through 17 who is currently properly registered with USA Hockey may serve as a Student Coach.

## > QUALIFICATIONS

- Must attend a training session conducted by the local hockey association or audit a Level 1 clinic (not required to pay nor will they receive certification credit).
- Must always be under the supervision of a carded, screened adult coach during all practices, clinics, try-outs and in the locker room.
- May help out at practices, clinics, try-outs only (may not participate as a player in scrimmages or games when acting as a STUDENT COACH).
- May not act as a head coach or an assistant coach during practices or games.
- May be on the bench during games with an adult. The STUDENT COACH will count as one of the maximum of four Team Officials allowed on the bench.
- Must wear a helmet with full face shield, neck laceration protector, gloves and skates while on the ice. Must wear helmet during games while on the bench.
- May only work with players at least one full playing age level below the STUDENT COACH (e.g., a 14U age player may act as a STUDENT COACH at the 12U, 10U or 8U level).
- The organization that is using the STUDENT COACH must provide a form indicating on the team on which he/she is participating as a STUDENT COACH and, if applicable, what team he/she is properly registered/rostered as a player. A model form is available on the [usahockey.com](http://usahockey.com) website.
- Upon reaching the age of 18, the STUDENT COACH must comply with the USA Hockey Screening Program and meet the USA Hockey Coaching Education Program requirements which will qualify him/her to act as an assistant or head coach.



# COACHES & HELMETS

- All ice hockey Coaches and Instructors of registered USA Hockey Youth 18 & Under and below, high school, girls'/women's 19 & under and below, and disabled programs must properly wear an approved ice hockey helmet during all on-ice sessions, including practices, controlled scrimmages and all Coaching Education Program clinics and/or workshops.
- Failure to comply will result in a mandatory 30-day suspension from all activities involving USA Hockey registered programs.

*USA Hockey Annual Guide 2024-25 - p180 Item V-A*



# LEAGUE GAME SCHEDULE

- Official start of AYHL 2025-2026 Season 09/06/2025.
- League Games can not be played prior to this date without approval of the Commissioner.
- League schedules must be posted to the AYHL web site no later than 08/29/2025.
- Any game changes after 08/29/2025 will incur a \$100.00 assessment per occurrence (Silver Sticks advancement, facility issues and any weather-related changes are exempt with Commissioner approval).





# RESCHEDULING OF LEAGUE GAMES

- Games canceled due to weather related or facility outage issues must be rescheduled within ten days of initial game date (not played, rescheduled).
- Associated assessment for above game rescheduling will be waived.
- Any scheduling time changes greater than 5 minutes must be reported to the League.



# 2025-2026 TEAM DECLARATIONS

## AYHL 2025 - 2026 FINAL TEAM DECLARATIONS

(05/2025)

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ASSOCIATION	ASSOCIATION ID	AAHA DISTRICT	18U		16U			15 PURE		14U		13 PURE		12U		10U	
			07/08 18U	07/08 18U	09/10 16U	09/10 16U	09/10 16U	2010	2010	2011	2011	2012	2012	2013	2014	2015	2016
			PREMIER	ELITE	PREMIER	ELITE	NATIONAL	PREMIER	ELITE	PREMIER	ELITE	PREMIER	ELITE	MAJOR	MINOR	MAJOR	MINOR
			4 man	4 man	4 man	4 man	4 man	4 man	4 man	2 man	2 man	2 man	2 man	2 man	2 man	2 man	2 man
			3X 17M W/OT	3X 17M W/OT	3X 17M W/OT	3X 17M W/OT	3X 17M W/OT	3X 17M W/OT	3X 17M W/OT	3X 16M	3X 16M	3X 16M	3X 16M	3X 15M	3X 15M	3X 15M	3X 15M
Danbury Hat Tricks	98		X			X			X						X		
Elite Hockey	71		X			X					X		X			X	
Lehigh Valley Flames	66	Y													X	X	X
Long Island Gulls	30			X			X		X		X	X		X	X	X	X
Long Island Royals	20			X			X		X	X		X		X	X	X	X
New Jersey Colonials	21	Y	X				X	X		X		X		X	X	X	X
New Jersey Devils Youth	22	Y	X				X		X		X		X				
New Jersey Junior Titans	41	Y	X	X	X		X							X			
North Jersey Avalanche	44	Y	X	X	X			X		X		X		X	X	X	X
Philadelphia Hockey Club	96	Y	X		X			X		X		X		X	X	X	X
Philadelphia Jr. Flyers	29	Y	X		X			X		X		X		X	X	X	X
Philadelphia Little Flyers	28	Y	X			X			X		X	X		X	X	X	X
Valley Forge Minuteman	36	Y					X		X				X	X	X	X	
Washington Little Capitals	38		X			X			X		X	X		X	X		
WBS/Jr. Knights	13	Y	X		X		X	X						X			
<b>TOTALS &gt;</b>	<b>15</b>	<b>10</b>	<b>11</b>	<b>4</b>	<b>5</b>	<b>4</b>	<b>7</b>	<b>5</b>	<b>7</b>	<b>5</b>	<b>5</b>	<b>8</b>	<b>3</b>	<b>11</b>	<b>11</b>	<b>10</b>	<b>8</b>
<b>ADJUSTED TOTALS &gt;</b>	FORMAT		1+1	2+2	1+1+1>	1+1+1<+1>	1+1+1<	2+2	2+1	2+2	2+2	1+1+1>	2+2+<1	1+1	1+1	1+1	2+2
	TOTAL GAMES		20	12	12	18	16	16	18	16	16	17	16	20	20	18	28



# LENGTH OF PERIODS

DIVISION	PERIOD LENGTH	GAME	CUT	OT
10U	15min.	45min.	No	Yes
12U	15min.	45min.	No	Yes
13P	16min.	48min.	No	Yes
14U	16min.	48min.	No	Yes
15P	17min.	51min.	Yes	Yes
16U	17min.	51min.	Yes	Yes
18U	17min.	51min.	Yes	Yes

NOTE: 5 minute warm-up before the game; 1 minute rest between periods.  
Ice cuts are between the second and third period where applicable.  
Overtime is 5 minutes 4/4 – sudden death, no end change.



# GAME SLOT TIME ISSUES

- Teams must complete two full periods as per the designated period length for the level.
- If there is a time slot issue after the conclusion of the second period, take the available time left in the ice slot and divide by 2, this will be the length of the third period played as "stop time".

EXAMPLE: 10 minutes left after second period,  
third period will be 5 minutes in length.

**NO RUNNING CLOCK – NO EXCEPTIONS!**



# PENALTY MINUTES

<u>PENALTY TYPE</u>	<u>10U/12U/13P/14U</u>	<u>15P/16U/18U</u>
Minor Penalty	1:30min	2:00min
Major Penalty	4:00min	5:00min
Misconduct Penalty	8:00min	10:00min
Game Misconduct	8:00min	10:00min
Match Penalty	8:00min	10:00min





# MISCONDUCT PENALTIES

## USA HOCKEY RULE 404 & 601e

- Calls for a Game Misconduct penalty to be assessed in lieu of the second misconduct penalty assessed to the same player during the same game.

### EXAMPLE:

If player X is assessed a 2 + 10 for Charging in the first period and is then assessed a 10 minute Misconduct for Boarding the second Misconduct will result in an automatic Game Misconduct.

- > NOTE: Must be recorded on the score sheet as Game Misconduct and not Misconduct for second penalty.



# PROGRESSIVE SUSPENSIONS

## USA HOCKEY RULE 411

- USA Hockey is committed to providing a safe and fair environment for all participants. While the vast majority of players participate within the rules and respect the game and their opponents, USA Hockey recognizes the need to hold those players and Coaches deemed to be repeat offenders accountable for their actions.
- The Progressive Suspensions rule is in effect nationally.



# PROGRESSIVE SUSPENSIONS

## USA HOCKEY RULE 411

- Any player who receives their third major penalty during the same season for any combination of aggressive infractions listed shall receive an additional three-game suspension.
- For any player who receives their fourth major penalty in this category, the player shall receive an additional five-game suspension. Any player who receives their fifth major penalty in this category during the same season shall be suspended until a hearing is conducted by the proper authorities (USA Hockey Affiliate).

These designated game suspensions shall be in addition to any other suspensions imposed through the official playing rules.

- Suspensions follow the player with the team.



# PROGRESSIVE SUSPENSIONS

## USA HOCKEY RULE 411

- Rule 603 Boarding
- Rule 604 Body Checking (Body Contact categories)
- Rule 606 Butt-Ending
- Rule 607 Charging
- Rule 608 Checking From Behind
- Rule 609 Cross-Checking
- Rule 611 Elbowing
- Rule 619 Head-Butting
- Rule 620 Head Contact
- Rule 621 High Stick
- Rule 621 High Stick
- Rule 627 Kicking
- Rule 628 Kneeing
- Rule 634 Slashing
- Rule 635 Spearing
- Rule 639 Tripping / Clipping / Leg Checking
- Rule 640 Unnecessary Roughness (Roughing)



# PLAYER PENALTY SUSPENSION

- Any player being assessed 4 penalties in a single game will result in an automatic Game Misconduct suspension being assessed.
- If your next scheduled game is not an AYHL game the player will be required to sit two games.
- The first non-League game played serves as your obligation to USA Hockey, the second game played serves as your obligation to the AYHL.





# FIGHTING PENALTY SUSPENSIONS

## USA HOCKEY RULE 615

- One game suspension for first fighting major infraction.
- Three game suspension for second fighting major infraction on the same team during the same season.
- For a third fighting major on the same team during the same season, the player is suspended until a hearing has been conducted by the Commissioner or designated League Official.



# FIGHTING PENALTY SUSPENSIONS

## USA HOCKEY RULE 615(c)

- Cleans up language pertaining to helmet removal during an altercation and eliminates Adult exception.
- Allows for game misconduct (with two game suspension) to be assessed when opponent's helmet is removed (non-deliberately) by the actions of the player during an altercation.



# ABUSE of OFFICIALS & OTHER MISCONDUCT

## USA HOCKEY RULE 601(e)3

- Rule 601(d) – Mandates a Game Misconduct penalty to any player or coach who uses obscene, profane or abusive to any person anywhere in the rink after a game has concluded.



# ABUSE of OFFICIALS & OTHER MISCONDUCT

## USA HOCKEY RULE 601(e)3

- A **Match** Penalty shall be assessed to any player or team official who is guilty of the following actions:
  - > Persists in any course of conduct for which he has previously been assessed a misconduct penalty (player) or bench minor penalty assessed to the team (Team Official).
  - > Uses an obscene gesture anywhere in the rink before, during or after the game.
  - > Uses language that is offensive, hateful or discriminatory in nature anywhere in the rink before, during or after the game.

The officials are required to immediately file a game report and the offending player/team official is suspended until a hearing is conducted by the Affiliate Association per the process outlined in Bylaw 10 of the USA Hockey Annual Guide. If the incident was reported to, but not heard by the official(s), the officials are required to notify the coach of the offending team and submit an incident report to the Proper Authorities immediately following the game outlining what was reported to them.



# MATCH PENALTY NOTIFICATION

- Should a player on your team receive a match penalty (including non-league and tournament games) the Team Manager must notify the AYHL Commissioner immediately via email at:

**GAP3165@AOL.COM**

- The on-ice officials will submit their report to the appropriate authority as required.
- Players assessed a Match Penalty are suspended from all activities with USA Hockey until a hearing is conducted.





# USA HOCKEY STANDARDIZED DISCIPLINE POLICY – MATCH PENALTIES

- USA Hockey has established suspension range recommendations for Match Penalties. These suspension ranges shall serve as a means to create consistency in the application of suspensions involving players or team officials assessed match penalties. These procedures shall be followed by the proper authorities as determined by the Affiliate in each instance when a Match Penalty is assessed.
- Any Match Penalty assessed under Rule 601(f.1) (Physical Assault of Official) is excluded from this policy. Original jurisdiction in any hearing resulting from a Match Penalty assessed under Rule 601(f.1) (Physical Assault of Official) shall reside with the Affiliate and is governed by USA Hockey's "Resolutions of Disputes, Arbitration and Suspensions" section of the current USA Hockey Annual Guide.



# SERVING SUSPENSIONS

- Players serving suspensions do not have to attend the game(s) or sign any score sheets.
- Players electing to attend games while serving suspensions are to do so as spectators, no locker room, player, score keeping access before, during or after the game. They are to attend as spectators.
- If a player is assessed any suspension in an AYHL League game they are to serve the suspension in and AYHL League Game. If your next game is a non-league game or tournament player serve their suspensions in those games as their obligation to USA Hockey and then serve their suspension in their next AYHL League games.
- Suspensions being served are as per your team schedule at the time of the suspension assessment.
- Players that are vertically roster integrated must serve their suspensions with their originally rostered team. See rostering information for details.



# NECK LACERATION PROTECTORS (NLP)

- Players competing in youth, girls, high school or junior hockey within USA Hockey are required to wear HECC certified neck laceration protectors (NLPs) for all games and practices. In addition, on-ice officials under the age of 18 as well as players in all six disciplines within USA Hockey's disabled hockey program are also required to wear NLPs.
- While players in the adult age classification are excluded from the requirement, USA Hockey continues to recommend neck laceration protectors for those playing adult hockey and remains steadfast in encouraging the use of cut-resistant socks, sleeves or undergarments for all players and on-ice officials.

*"The focus and commitment to safety is evident each and every day at USA Hockey and this new requirement is a positive step forward in helping ensure the safest possible environment in our sport," said Kevin Margarucci, Manager of Player Safety, USA Hockey.*

**NOTE:** BNQ NLP's will be allowed for the 2025-26 & 2026-27 Seasons.



# NECK LACERATION PROTECTORS (NLP)

## IN-GAME ACTION

- Rule enforcement will be the same as any other protective equipment violation - the first violation will result in a player substitution and a team warning. Any subsequent protective equipment violations by the team during the game will result in a misconduct penalty.
- If a player loses their neck laceration protector during play, it is treated the same as a mouthpiece. Play will continue until the next stoppage, then the player must replace the equipment or undergo a substitution.
- Hanging throat protectors for goaltenders are not designed to prevent lacerations from a skate blade and are not a substitute for a neck laceration protector.





# PROTECTIVE EQUIPMENT "CAT EYE CAGE"

## USA HOCKEY RULE 304

- Each player is personally responsible to wear protective equipment for all games, warm-ups and practices. Such equipment should include gloves, shin pads, shoulder pads, elbow pads, hip pads or padded hockey pants, protective cup, tendon pads plus all head protective equipment as required by USA Hockey rules. It is recommended that all protective equipment be designed specifically for ice hockey.
- All players, including goalkeepers, in all age classifications except Adults, are required to properly wear a HECC approved helmet as designed by the manufacturer and with no alterations and chin strap properly fastened.





# BODY CHECKING

## USA HOCKEY RULE 604

- Prohibits body checking in the 12U and under age classification as part of the Progressive Checking Skill Development Program initiative that allows for greater body contact at younger age levels and stricter enforcement of illegal body checks in checking classifications.

**NO CHECKING! 12U & BELOW**



# OFF SIDES

## USA HOCKEY RULE 630(d)

- "Tag-Up" Offside play is permitted for youth teams 15 Pure and above.

A shot directly on goal during an Offside play no longer requires an immediate stoppage of play.

- Immediate off-sides for youth teams 14U and below is now applied.



# ICING THE PUCK

## USA HOCKEY RULE 624

- Rule 624(b) – Icing the puck while playing shorthanded is permitted for youth teams 15 Pure and above.
- Rule 624(c) – If Officials err in calling an “icing the puck” infraction, the ensuing face-off shall take place at center ice.



# FACE OFF LOCATIONS

## USA HOCKEY RULE 612(b)

- All face-offs must be conducted at one of the nine face-off spots (nine dots).



# ELECTRONIC DEVICES

## USA HOCKEY RULE 308

- Prohibits a Team Official from using electronic devices to question, challenge or dispute a game official's decision while the game is in progress.
- Do not call any league personnel with officiating disputes during the game. Calls to the league are allowed for facility issues, roster issues etc. only.
- Prohibited are camera and microphones worn by players during a game. A violation of Rule 308a will result in a Misconduct penalty being assessed.





# PLAYER ROSTERS

- Player rosters need to be completed including all coaching email and manager contact information no later than 08/29/2025.
- All rosters must have a designated Head Coach, Assistant Coaches (if applicable) and Team Manager. There can be no Co-Head Coaches.
- Maximum roster size for 10U thru 14U is 20 players (18 skaters + 2 goalies); 15P thru 18U is 22 players (20 skaters + 2 goalies) if you only have 1 goaltender you still only have 18 or 20 skaters (based on level), 2 roster slots are always for reserved goaltenders, no exceptions. There is no limit to the number of rostered goaltenders.
- Login credentials will be forwarded by your teams Association President or designated representative.
- Passwords will not be issued to individual Team Managers and must come from your Association President or designated representative on file with the League.



# PLAYER JERSEY NUMBERS

- Player jersey numbers must be the same from the start of the season to the end of the season. Player number must be CONSISTENT on both home and away jerseys.
- If a players jersey is lost, damaged or changed in season you must update the roster information in ScoreKeeperWEB.
- "GHOSTING" is not permitted, teams will be fined \$1,000.00 for each occurrence and loose post season eligibility.



# NO DUAL-ROSTERED PLAYERS

- Players can only appear on one team roster, at one level.
- No Exceptions!
- Your USA Hockey Roster must match your AYHL Roster at all times unless you have vertically rostered players at 15 Pure, 16U and 18U level only.
- Add/drops must be done to both the AYHL and USA Hockey Rosters (see additional rules for Vertical Roster Integration at 15 Pure, 16U & 18U).



# ROSTER MOVEMENT

(10U / 12U)

- Roster movement is allowed freely until 12/31/2025.
- Players are to be added/dropped to both your USA Hockey and AYHL Rosters.
- There is no limit to the number of moves a player can make (up/down – within Association) prior to 12/31/2025.
- All roster add/drops must be done by noon on the Friday before the weekend's games.
- After 3:00pm on Friday all rosters will lock. You will not be able to make any modifications to any roster.
- Game data for ScoreKeeperWEB can be accessed from the on-line database after 3:00pm on Friday.



# ROSTER MOVEMENT

(13-Pure & 14U)

- Players can no longer be routinely added/dropped to/from your USA Hockey Roster at 13 Pure or 14U.
- Once a player is dropped from a team, they can not return to that team for the remainder of the season.
- All movement of rosters ceases 12/31/2025.
- Players can only play for one age classification / level per day and must follow AYHL roster rules, one level per weekend, 3pm Friday rosters lock.
- After 3:00pm on Friday all rosters will lock. You will not be able to make any modifications to any roster.
- Game data for ScoreKeeperWEB can be accessed from the on-line database after 3:00pm on Friday.





# VERTICAL ROSTER INTEGRATION

(Tier I 15 Pure, 16U and 18U)

- Players can no longer be routinely added/dropped to/from your USA Hockey Roster at 15 Pure, 16U and 18U.
- Once a player is dropped from a team, they can not return to that team for the remainder of the season.
- All movement of rosters ceases 12/31/2025.
- Players can only play for one age classification / level per day and must follow AYHL roster rules, one level per weekend, 3pm Friday rosters lock.
- Players serving suspensions can't be vertically integrated. All suspensions must be served before a player can be vertically roster integrated.
- Players assessed suspension in games where they are vertically roster integrated must serve their suspension with their USA Hockey Rostered Team.



# VERTICAL ROSTER INTEGRATION

(Tier I 15 Pure, 16U and 18U)

- Players are only eligible to participate in eight (8) vertically rostered games.
- Vertical roster integration ceases as of 02/01/2026 or whenever a player plays in a total of eight (8) games.
- Vertically rostered players are not on the Official Team Roster and their games where vertically roster integrated will not count towards the USA Hockey 10/20 rule for USA Hockey Nationals.
- Players that are vertically roster integrated must be added to a centralized movement database. A link to this form will be forwarded once available from USA Hockey.
- Vertically roster integrated players must be added to the AYHL Score Sheet (add/drop) as per the standard AYHL Rules in regard to roster movement and the 3pm Friday cut off for weekend games.



# NO IN-SEASON PLAYER MOVEMENT

- “In-season” player movement is defined as a player who has already committed in writing, to play for one AYHL Member Team and is seeking a release to play for a different AYHL Member within the same season.

**ONE TEAM, ONE SEASON!**



# PLAYER MOVEMENT - POST SEASON

- All AYHL players are free at the end of each season to tryout with any Member Association at the conclusion of the USA Hockey Tier I National Championship.
- All players are required to fulfill all financial obligations with their current Association.
- Any Member Association may impose a Player Movement Restriction against a player who has not fulfilled their financial obligation.
- Written notification to the League Office is required when placing a player on the Restricted List.



# PLAYER MOVEMENT - POST SEASON

- No AYHL Member team may roster more than two (2) players from any other AYHL Member team's roster from the preceding season; Those players that legitimately tryout with their original organization and are subsequently cut will be considered exempt from the two (2) player cap policy.
  - > This policy also does not apply to the 18U level.





# COACH MOVEMENT - POST SEASON

- All duly registered and accredited Head Coaches or Assistant Coaches who are listed with an AYHL Member Team roster are free to move to any other AYHL Member Club or team, however they will be ineligible to coach at the same birth year classification from the previous season.

EXCEPTION: If the change is being made to accommodate a special circumstance such as change of job or relocation. The Commissioner in cooperation with the Affiliate or District is empowered to review these issues and make a final determination.





## USA HOCKEY CONCUSSION MANAGEMENT

### RETURN TO PLAY FORM

The USA Hockey Concussion Management Protocol and most state statutes require that an athlete be removed from any training, practice or game if they exhibit any signs, symptoms or behaviors consistent with a concussion or are suspected of sustaining a concussion. The player should not return to physical activity until he or she has been evaluated by a qualified medical provider who has provided written clearance to return to sports.

This form is to be used after an athlete has been removed from athletic activity due to a suspected concussion and must be signed by their medical provider in order to return without restriction to training, practice or competition.

Player Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

District/Affiliate: \_\_\_\_\_ Name of Person Reporting: \_\_\_\_\_

Association and Team: \_\_\_\_\_ Date of Injury: \_\_\_\_/\_\_\_\_/\_\_\_\_

Location of Injury/Arena: \_\_\_\_\_

Injury Signs/Symptoms: \_\_\_\_\_

\_\_\_\_\_

---

Print Health Care Professional Name: \_\_\_\_\_ License No.: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**I HEREBY AUTHORIZE THE ABOVE NAMED ATHLETE TO RETURN TO ATHLETIC ACTIVITY FOR FULL PARTICIPATION WITHOUT RESTRICTION.**

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

---

**I AM THE PARENT OR LEGAL GUARDIAN OF THE PLAYER IDENTIFIED ON THIS FORM AND I CONSENT TO THEIR RETURN TO ATHLETIC ACTIVITY WITHOUT RESTRICTION.**

Parent/Legal Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

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**I AM THE COACH OF THE PLAYER IDENTIFIED AND I CONFIRM RECEIPT OF THIS CLEARANCE FORM ACKNOWLEDGING THE HEALTH CARE PROVIDER AND PARENT HAVE APPROVED THE ATHLETE'S RETURN TO PARTICIPATION WITHOUT RESTRICTION.**

Coach Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

# ScoreKeeperWEB

- ScoreKeeperWEB will be utilized for scoring all League games for the 2025-26 Season. This web-based version will require in-arena Internet access; is completely browser based and will run on any computer or Internet enabled device with a browser.
- Additional, detailed instructions for entering game data in ScoreKeeperWEB is available on-line from within the program under the "help" menu.



# SCORE SHEETS

- All teams, all levels are required to use ScoreKeeper WEB the leagues web-based scoring program.
- Each team will receive a pack of single part, paper ScoreKeeperWEB Worksheets.
- Ultimately scoring live in the rink (requires Internet connection) via ScoreKeeperWEB is the best method but for those without computer Internet access the AYHL issued worksheet can be used in place of traditional 3-part score sheet and will be the only accepted paper based score sheet for AYHL League Games.



# SCORE SHEETS

- If games are scored live at the arena and closed at the arena (data uploaded to the ScoreKeeperWEB system) at the arena there is no need to submit the paper worksheet.
- If you score the game on paper in the arena, the Officials sign the paper score sheet and you enter the game data after the game you must either:
  - 1) Mail the score sheet to the pre-printed address on the back of the printed score sheet. Fold the score sheet in half twice and affix \$0.78 US First Class postage. Note, if you have older score sheets, double check that they have the correct mailing address as it had changed beginning with the 2021-22 season – correct address is:

AMHL  
690 Center Road  
Quarryville, PA 17566
  - 2) email the score sheet to: **ss@atlantichockey.org** be sure to include the AYHL game number in the subject. One score sheet per email.





# GAME DATA

- You have 24 hours after the conclusion of the game to upload the game data unless there are player suspensions.
- If there are players assessed Game Misconduct or Match penalties on either the home or away team, game data must be uploaded before the player's next game.
- Be sure to communicate with the visiting team Manager should there be players on either team being assessed Game Misconduct or Match penalties.



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on and Management System

itions Players & Rosters Game Management Help

Download Blank Roster Label Template

ScorekeeperWEB

Schedule Blackout Dates

Revert to Uplayed

Game Referees

Edit Game Stats

Edit Game Scores

Record Game Result

key League Admin

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# OFFICIALS

<u>DIVISION</u>	<u>APPROVED OFFICIATING SYSTEM</u>
10U	2 Official System (2 Referee's)
12U	2 Official System (2 Referee's)
13P	2 Official System (2 Referee's)
14U	2 Official System (2 Referee's)
15P	4 Official System (2 Referee's & 2 Linesmen)
16U	4 Official System (2 Referee's & 2 Linesmen)
18U	4 Official System (2 Referee's & 2 Linesmen)

NOTE: If above designated number of game officials are not present, games may still be played. From 10U thru 14U 1 referee, 15P, 16U, 18U either 2 Referee's or 1 Referee and 2 Linesmen "3 man"



# OFFICIALS

- If the designated number of officials aren't present for a game be sure to email the following league personnel:

**Gene Palecco – GAP3165@aol.com**

**Frank Krause – Njnhloio@gmail.com**

**Eric Sailor – esailorhockey@rocketmail.com**

**Your Rink Assignor (see provided listing)**

- > *Be sure to include game number in email subject.*



**AYHL**  
ATLANTIC YOUTH HOCKEY LEAGUE

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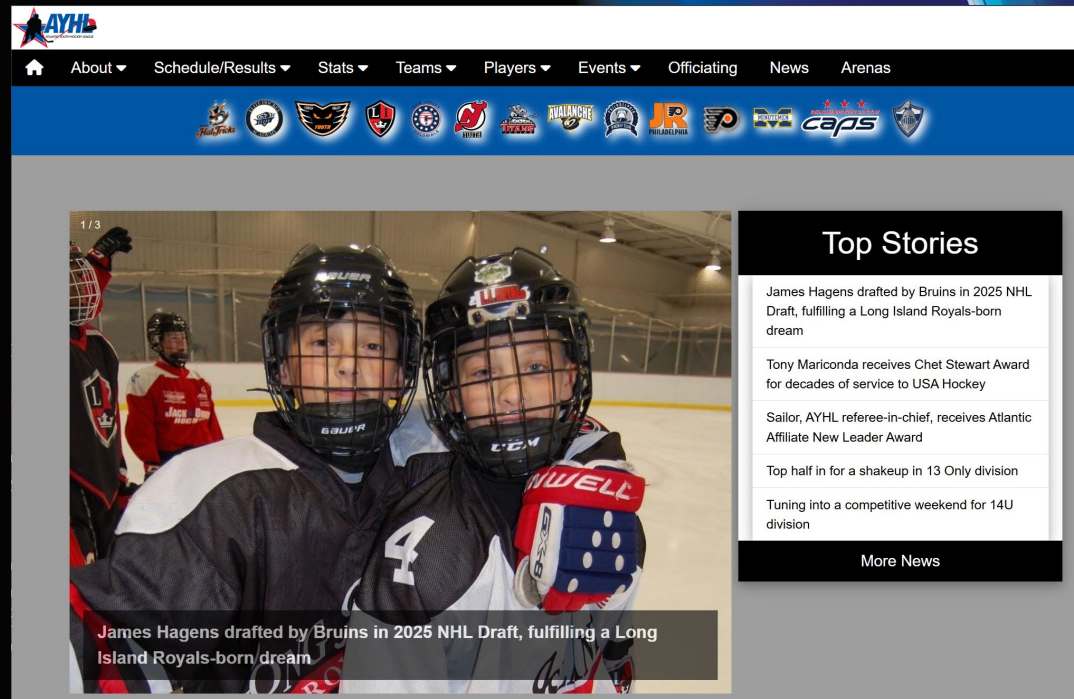


# WEB OUTREACH

- Keep the content fresh! Submit stories celebrating your team's success throughout the season to:

**PR@atlantichockey.org**

- Follow the “news link” for season updates and information.
- Follow the “events” tab for detailed Showcase, All Star and Playoff information.



**atlantichockey.org**



# LIVE STREAMING GAME VIDEO



The official broadcast partner of the Atlantic Youth Hockey League for the 2025-26 Season

- Where available all games will be broadcast and available for remote viewing.
- Broadcast fees are applicable based on current Live Barn subscription plans. Subscribers save 10% with AYHL promo code **37F7**.

**livebarn.com**



# ALL STAR 18U 2026

- **DATE JANUARY 24, 2026 @4:30pm**

Hollydell Ice Arena

601 Holly Dell Drive • Sewell, NJ 08080 • 856-589-5599

## **18U – National Premier & Elite**

Two teams per level (blue / white), one game at each level.

- Player selection process will be forwarded to all Managers and Coaches.



# END OF SEASON

- End of the regular season is Sunday, 02/08/2026.
- The weekend of 02/14 – 02/15/2026 is reserved for inclement weather game reschedules only.
- All league games must be completed by 02/15/2026 including all “make-up” games **NO EXCEPTIONS**.
- Game scores must be uploaded no later than 02/16/2026 – 8:00am.
- Failure to complete your teams schedule will result in loss of post season privileges.



# 2026 PLAYOFFS

- League Playoffs are the weekend of 02/21 – 23, 2026
- All AYHL Playoff game will be at the following venues:

## **ICE LINE**

700 Lawrence Drive • West Chester, PA 19380 • 610-436-9670

> Expect games to start early on Saturday the 1<sup>st</sup>.







# TIER I QUALIFIER

February 27 – March 1, 2026

13-PURE • 14U • 15-PURE • 16U • 18U

## >ICE LINE

700 Lawrence Drive • West Chester, PA 19380 • 610-436-9670

(AYHL AAHA District Teams #2 and #3, play Independent Teams #2 and #3, top two advance to Championship Weekend)

*Atlantic District Teams Only!*





# 12U DISTRICT TOURNAMENT

February 27 – March 1, 2026

12U

> ICE LINE

700 Lawrence Drive • West Chester, PA 19380 • 610-436-9670

12U Teams AYHL 1-2 plus Independent Teams 1-2 participate in a four game Round Robin with Championship Game, on weekend (Saturday & Sunday) only.

*Atlantic District Teams Only!*





# TIER I CHAMPIONSHIPS

March 06 - 08, 2026

13-PURE • 14U • 15-PURE • 16U • 18U

> **ICE HOUSE**

111 Midtown Bridge Approach • Hackensack, NJ 07601 • 201-487-8444

(Frozen Four format)

For additional information and complete schedule:

**[atlantic-district.org](http://atlantic-district.org)**

*Atlantic District Teams Only!*





# TIER I NATIONALS

March 24 - 29, 2026

**13P**

> USA Hockey Arena • Plymouth, MI

**14U**

> USA Hockey Arena • Plymouth, MI

**15P & 16U**

> Cornerstone Community Center • Ashwaubenon, WI &  
DePere Ice Arena, Depere, WI

**18U**

> City National Arena • Las Vegas, NV

For additional information visit: [USAHOCKEY.COM](http://USAHOCKEY.COM)





# 2026-2027 SEASON TRYOUT DATES

## ATLANTIC AFFILIATE 2026-2027 TRYOUTS

LEVEL	DAY	DATE
Approved Tier I – 10U, 12U Youth	Tuesday	03/10/26
Approved Tier I - 10U, 12U Girls	Thursday	03/12/26
Approved Tier II - 8U, 10U, 12U Girls	Saturday	03/14/26
Approved Tier II – 8U, 10U, 12U Youth	Monday	03/16/26
Non-Tiered Teams – 8U, 10U, 12U Youth and Girls	Monday	03/23/26
Approved Tier I – 13O, 14U, 15O, 16U, 18U, 19U Youth and Girls	Tuesday	03/31/26
Approved Tier II – 14U, 16U, 18U, 19U Youth and Girls	Monday	04/06/26
Non-Tiered Teams – 14U, 16U, 18U, 19U Youth and Girls	Monday	04/13/26
Spring and Summer Teams – All Age Levels Youth and Girls	Monday	04/20/26
Tier I Tryouts Must Be Concluded No Later Than	Thursday	08/01/26
Tier II And All Other Tryouts Must Be Concluded No Later Than	Tuesday	10/01/26

*Above dates indicated based on USA Hockey Rules and are based Atlantic District schedules!*

*AS OF 07/2025, SUBJECT TO CHANGE.*





**GOOD LUCK WITH YOUR SEASON!**



# ScoreKeeperWEB

ScoreKeeperWEB is a web based application for accessing the Team Management portal for all League Members.

Managers will use ScoreKeeperWEB to:

- > Manage your team rosters
- > Score all League games

- From any Internet connected web browser (MAC/PC/tablet).

- **ATLANTICHOCKEY.ORG/LOGIN**

(must be bookmarked as per above)

- User guides can be found on the right side of the screen under the "HELP" tab.
- Log-in credentials specific to your team has been provided to your Association President or Representative to the AYHL.

