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For Immediate Release
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**YWCA Delaware launches Dialogue to Action
How to Be an Antiracist book study July 12th**
12 groups are planned to allow for maximum participation

YWCA Delaware is launching a community book study series on *How to Be an Antiracist*, the *New York Times* best seller by Dr. Ibram Kendi. Although the program was planned during 2019, the current time, which some are calling, “The Great Awakening,” has led to increased demand.

In order to allow as many people to participate as possible, 12 different virtual book groups are planned. Each group will meet weekly for 6 weeks, starting July 12th and finish August 22nd. People have also been invited to host their own groups. YWCA Delaware will provide group guidelines and instructions. Signup is available online at www.ywcade.org/rsj

Ibram X. Kendi is a professor of history, and the founding director of Boston University’s Center for Antiracist Research. He is a columnist at *The Atlantic* and a correspondent with CBS News. His books include: *Stamped from the Beginning: The Definitive History of Racist Ideas in America*, which won the National Book Award for Nonfiction; *How to Be an Antiracist*; *Stamped: Racism, Antiracism, and You*, co-authored with Jason Reynolds; and his most recent book *Antiracist Baby*, illustrated by Ashley Lukashevsky.

Dr. Kendi says, “The resistance is from the loudness of demonstrations to the quietness of reading and listening and learning. I’m heartened Americans are turning to books to make sense of this moment; to make sense of the unspeakable murders of Breonna Taylor and George Floyd; to make sense of the antiracist movement in small towns and big cities. Thank you writers. Thank you readers. Thank you to the resistance. Keep reading. Keep resisting.”

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YWCA Delaware's Antiracist programming is named Dialogue to Action. Our goal is once we have learned on a deeper level; we will work to break down the systems of racism. We are planning an Action Forum for November, where Dr. Kendi will be the keynote speaker.

At YWCA Delaware, we are eliminating racism and empowering women. We will get up and do the work until injustice is rooted out, until institutions are transformed, until the world sees women, girls, and people of color the way we do: Equal. Powerful. Unstoppable. Learn more at www.ywcade.org. Facebook @ywcadelaware, Twitter @ywcade, Instagram @ywcade, YouTube @ywcadelaware1