

The Shared Living and AFC Conference is a program of



**MayInstitute**  
Shaping Futures. Changing Lives



**Riverside Community Care**  
THE HELP YOU NEED CLOSE TO HOME



## AGENDA

September 26, 2017

7:45 – 8:45 **Registration**  
8:45 – 9:30 **Breakfast Opening Remarks**  
Josh Brothers, Department of Developmental Services  
**Welcome**  
Jane Ryder, DDS Deputy Commissioner  
9:30 – 10:30 **Keynote Speaker**  
Emily Perl Kingsley  
10:30 - 10:45 **Break • Networking • Exhibits**  
10:45 - 12:00 **Workshops 1-7**  
12:00 - 12:15 **Break • Networking • Exhibits**  
12:15 - 1:30 **Lunch Welcome / Awards**  
Vijay Dalal, Dare Family Services  
Rich Neidel, Pathlight  
Berkshire Hills Music Academy  
Jazz Entertainment  
1:30 - 1:45 **Break • Networking • Exhibits**  
1:45-3:00 **Workshops 8-16**  
3:00 - 3:15 **Break • Networking • Exhibits**  
3:15-4:30 **Workshops 17-25**  
Directions - **Best Western Royal Plaza Hotel and Trade Center, Marlboro, MA**

- Take exit 24B off Interstate 495. Hotel is one mile on the right.
- For GPS users the address is: 181 Boston Post Road West, Marlborough, MA 01752
- Follow our signs to the conference once you are on the property

Fee for registration is \$60.00; for Family members \$30.00.

**Register online at:**  
<http://sharedlivingandafcconference.com>

*Those wishing to earn CEUs must attend the entire conference.*



# “People, Real Lives, Real Homes”



**FEATURED KEYNOTE**  
**Emily Perl Kingsley**  
**12 Emmy Award Winner, author**

**Register NOW online at:**  
<http://sharedlivingandafcconference.com>

## VISION

To provide and exchange practical information and innovative ideas that promote community living as a model of choice where people can live in a dignified, normative living arrangement.

**Premiere Corporate Sponsor**

**Nonotuck Resource Associates, Inc.**

# "People, Real Lives, Real Homes"

## Morning Workshops 10:45-12:00 (1-8)

### **1. 43 Years a Caregiver...45 Years a Writer—Messages Sent, Lessons Learned**

*Emily Perl Kingsley*

Working and challenges while being a full-time caregiver. Lots of interesting and relevant stories about Kingsley's years at Sesame Street while parenting a son with special needs. Plus Q&A

### **2. AFC Regulation Review**

*Allison Ananis, Mass Health; Lisa Hella, Alternatives*

Review of Adult Foster Care regulations promulgated in May 2017. Attendees have the opportunity to present questions to Mass Health representatives to seek clarity.

### **3. Estate Planning**

*Fredrick M. Misilo, Jr, Esq*

Navigating the options of guardianship and alternatives, wills and special needs trusts. Addresses the unique needs of families in planning the financial and legal future of their relative with a disability.

### **4. A DDS Forum on Brainstorming & Solutions for Shared Living**

*Gail Gillespie, Regional Director; Larry Tummino, Deputy Commissioner; Jane Ryder, Deputy Commissioner; Moderated by Jeffery Keilson*

Brainstorm with senior DDS representatives about current issues, concerns and barriers with Shared Living as a residential service model; discuss solutions.

### **5. Life Like Any Other, A History of Services**

*Ramzi Makim, NE Regional Trainer*

Overview of how society has identified and responded to people who live with disabilities; history of services, societal attitudes, and practices.

### **6. Recognizing, Reporting, & Responding to Abuse: When to call the DPPC**

*Susan Love, Disabled Persons Protection Commission*

Assist mandated reporters and others in recognizing and responding to suspicions of abuse or neglect of a person with a disability

### **7. Emotional Intelligence: Recognize & Embrace Your EI**

*Peter McLean, Training & Development Manager, Pathlight*

Emotional Intelligence lives in the space between stimulus and response. Learn to intentionally respond to challenging situations for enhanced communication.

**AGENDA LISTED ON THE BACK PANEL**

## **8. The Who, What, Where, Why & How of Adaptive Sports & Recreation**

*Kathleen Salas, PT, MHA, Spaulding Adaptive Sports*

An overview of adaptive sports/recreation and the benefits they provide. Learn what is possible for people with various physical and/or hidden disabilities and how to start successfully.

## Afternoon Workshops 1:45-3:00 (1-9)

### **1. DDS OQE—Regulation & Audit Tool Review**

*Doreet Goldhaber, Statewide Director of Quality Enhancement and Steve Saunders, Central-West Regional Director of Quality Enhancement*

An overview of the licensure and certification expectations for shared living, concentrating on new and revised changes.

### **2. AFC Plan of Care**

*Kitty Curtin, Executive VP of Operations, Nonotuck Resource Associates*

Participants are encouraged to bring their own Plans of Care and engage in interactive dialogue that addresses this evolving document and its critical components.

### **3. Mass Health Roundtable**

*Daniel Tsai, Assistant Secretary for Mass Health*

Health representatives panel will respond to participant questions (submitted at morning registration) and audience follow up questions.

### **4. Acquired Brain Injury & Money Follows the Person 101**

*Susan Banks, Community Systems Director, DDS, Kara Caillouette, Program Coordinator, Adam Holst, ABI/MFP Risk Manager*

An overview and history of ABI and MFP waivers and review of outcomes expected for each and how measurements can be met in a Shared Living model.

### **5. Boundaries & Relationships: Teaching Sexuality to Children, Teens, & Young Adults with ID**

*Margaret Rice, Director, Pathlight Brian Melanson, Program Assistant, Pathlight*

A discussion of the need for comprehensive sexuality education for individuals with intellectual disabilities and autism; an introduction of a specific curriculum to do so.

### **6. Supported Decision-Making: An Alternative to Guardianship**

*Robert Fleischner, Esq, Center for Public Representation; Elizabeth Pell, Director of Policy Advancement*

Learn about supported decision-making as an alternative to substituted decision-making models; theory and practice of establishing a supported decision-making arraignment in the context of shared living and adult family care.

## **7. ACO, MCOs & TPAs**

*Jeffery Keilson, Senior Vice President of Strategic Planning, Advocates; Anne Pelletier Parker, Senior Vice President, Health Systems Integration, Advocates*

An overview of ACO/MCO; the most recent updates on the entities; how services will be funded, authorized, and executed; how service providers will work with the ACOs/MCOs third party administrator (TPA) and CPs. Information on new long-term services and supports (LTSS) Community Partner (CP) request for response (RFR) due by May 31, 2017.

### **8. OT—Functional Assessments**

*Evelyn Brown, Occupational Therapist, Tempus Unlimited*

This workshop is presented by a licensed Occupational Therapist skilled in functional evaluations of people with all types of disabilities.

### **9. Planning for a Loved One with Special Needs**

*Allyson Hope Cohen, Esq, Cohen Law Services*

Learning how to create a meaningful legal, financial and personal plan for your special needs loved one which will enhance the quality of their life while insuring they remain eligible for their public benefits. This workshop will also include a review of the ABLE accounts.

## Afternoon Workshops 3:15-4:30 (1-9)

### **1. DDS OQE—Regulation & Audit Tool Review**

*Doreet Goldhaber, Statewide Director of Quality Enhancement and Steve Saunders, Central-West Regional Director of Quality Enhancement*

An overview of the licensure and certification expectations for shared living, concentrating on new and revised changes.

### **2. Understanding Behavioral Health Issues: An Intro to PBS in the AFC World**

*Dan Shafer, M.Ed, and Julie Chartier, RN, Nonotuck Resource Associates*

An overview of Positive Behavioral Supports, a person-centered approach to understanding challenging behavior and applying preventive practices, proactive interventions, and teaching with the goal of achieving meaningful outcomes.

### **3. Political Advocacy**

*Leo Sarkissian, Executive Director, and Maura Sullivan, Arc of Massachusetts*

An overview of the Arc of Massachusetts and its ongoing advocacy. Learn how to build relationships with legislators and to team build for advocacy goals.

### **4. Music & Memory in a Home Care Setting**

*Rory Silvia, AFC Operations Manager/Music & Memory Coordinator; Jeanne Leyden, RN, AFC Program Director*

## **Cambridge-Somerville Elder Services**

Learn about the use of personalized music in a home care setting via the tools provided by becoming a certified Music & Memory organization.

### **5. Person Centered Planning**

*Cheryl Chan, Founder and Principle at Person Centered Planning Partners*

Learn how person centered planning provides a structured plan that honors a person's own vision for their future and accounts for those things that are important to and important for them.

### **6. Chapter 688/Transition Services (18 - 22 years)**

*Becky Gow, Worcester DDS HSC Supervisor; Kathe Coll, Worcester DDS Transition Service Coordinator*

A brief history on transitional services and information on the current state of Chapter 688; review the process and interfaces between families, schools and DDS/other state agencies.

### **7. Caregiver Recruitment—Best Practices**

*Moderator: Rich Niedel MSW, LSW, NLP, Pathlight, Suzanne Robichaud, Placement Specialist, Nonotuck Resource Associates, Jessica Loring, Seven Hills*

*Foundation; Sarah Pike, Riverside, Michael Diggs, HMEA; Facilitator, Group*

As multi-agency panel of successful recruiters/placement specialists, will share best practice approaches to marketing, screening and matching for Shared Living and Adult Family Care caregivers.

### **8. What do People with Autism/ID REALLY Need to Know about Sex/Sexuality?**

*Rhonda Ward, LCSW, MSW, Behavioral Health Network; Joanne Murphy, LICSW, MSW, Behavioral Health Network*

An introduction to the concept of "We Are More Alike Than We are Different" and an exploration of how to provide and support social/sexuality education. Share interventions and resources and provide opportunity to problem solve.

### **9. Quality Dementia Treatment in the AFC**

#### **World: A Person Centered Approach**

*Kristen Kocot, M.A., LMHC, CEO of Therapeutic Behavioral Interventions*

An overview of Alzheimer's disease with a focus on understanding the symptoms, approaching personal care, understanding and responding to changes in personality and behavior, establishing effective communication strategies, and maintaining meaningful engagement with family and community.

**REGISTER ONLINE AT**

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