SAINT JOSEPH - SHOW YOURSELF A FATHER AND GUIDE US IN THE PATH OF LIFE

Honor St. Joseph, Guardian of the Redeemer on his Feast Day this week, March 19.

As we celebrate him, Fr. Mark Mary, a Franciscan Friar of the Renewal (CFR), in the Bronx, invites you to contemplate on the life of St. Joseph in the Joyful Mysteries of the Rosary.

"Although there may not be any words attributed to St. Joseph in



the Bible, he is an essential part of salvation history, and deserves much more recognition than is granted him," Fr. Mark Mary wrote.

Focus on Joseph - the Terror of Demons - and consider his mindset, heart, humility, and strength, as it unfolds in the Joyful Mysteries.

- 1. The Annunciation: pray with Luke 1:26-38 and Matthew 1:18-25 (focus on Joseph's response to Mary's pregnancy, and to the angel's message)
- 2. The Visitation: pray with Luke 1:39-56 (focus on Joseph's response to Mary's Magnificat)
- 3. The Birth of Christ: pray with Luke 2:1-20 and Matthew 1:25-2:15 (focus on Joseph's response to seeing Christ for the first time)
- 4. The Presentation: pray with Luke 2:21-40 (focus on Joseph's response to the prophecy of Simeon)
- 5. Finding Jesus in the Temple: pray with Luke 2:41-52 (focus on Joseph's response to Jesus being lost, and finding him in the temple)

Editors note: Joseph Painting by Meghan Scdoris of Rooted Art & Design, Lincoln.

POPES SHARE LOVE OF ST. JOSEPH

The Inaugural Mass of the Pontificate for Pope Francis took place on Saint Joseph's Day in 2013. He has repeatedly talked about the love and respect he has for the head of the household for the Holy Family.

"On my table I have an image of St. Joseph sleeping. Even when he is asleep, he is taking care of the Church!" Pope Francis shared with an audience filled with families when he was in the Philippines in January of 2015. "When I have a problem, a difficulty, I write a little note and I put it underneath St. Joseph, so that he can dream about it! In other words, I tell him: pray for this problem!"

Last year, Pope Francis sent a sleeping St. Joseph statue

to the Basilica of San José de Flores, Buenos Aires, Argentina, the church where he decided to become a priest in his youth.



Pope St. John XXIII referred to St. Joseph as "a most

powerful intercessor," and "next to the Blessed Mother.

He shared on a radio broadcast in 1960 a prayer he wrote for St. Joseph's intercession:

"Saint Joseph, guardian of Jesus and chaste husband of Mary, you passed your life in loving fulfillment of duty. You supported the holy family of Nazareth with the work of your hands. Kindly protect those who trustingly come to you. You know their aspirations, their hardships, their hopes. They look to you because they know you will understand and protect them. You too knew trial, labor, and weariness. But amid the worries of material life, your soul was full of deep peace and sang out in true joy through intimacy with God's Son entrusted to you, and, with Mary, his tender Mother. Assure those you protect that they do not labor alone. Teach them to find Jesus near them and to watch over him faithfully as you have done. Obtain for us that in every family, every office, every laboratory—wherever a Christian works-everything may be sanctified in charity, in patience, in justice, and in seeking to do good, so that the gifts of heavenly predilection may come down on us in abundance. Amen."

STORY OF THE MIRACULOUS STAIRCASE

In 1873, the Sisters of Loretto, who ran a school for girls in Santa Fe, were so happy at the completion of a much needed chapel for the school and faithful. However, the only access CONTINUE...

to the choir loft was a ladder which was neither practical nor safe. So, the Sisters of Loretto began a novena to St. Joseph. For nine days they prayed to the Patron Saint of Carpenters to solve the dilemma. Legend has it that on the ninth day a humble man appeared with a hammer, carpenter's square, and other simple tools.

According to Fr. Donald Calloway, MIC, author of Consecration to St. Joseph, the gentleman had a specific request, "He wanted to work alone and behind closed doors." For three months the carpenter kept to himself and worked in the chapel. Without a goodbye the man vanished. The local lumberyard workers told the sisters they never saw the man.

"Perplexed, the sisters remembered how odd it was that the man had only had a T-square, a saw, a hammer, and a few other basic tools. Intrigued, the sisters and others from the town inspected the staircase and realized the mysterious man had constructed something quite unique. It was a spiral staircase that didn't interfere with the pews on the main floor in any way."

The staircase of 30 steps was constructed without any nails. In 1996, a study found the wood used is a specific spruce only found in Israel. Many the carpenter was St. Joseph or an angel sent by the Head of the Holy Family. What is for certain is that the Sisters of Loretto prayed to St. Joseph, and their prayers gave them a most impressive staircase.



THANK YOU

for supporting Fish Fry Fridays and for letting us serve you, the community.







Diocese of Wheeling-Charleston • www.dwc.org/fish-fries



FAST FACTS ABOUT ST. PATRICK

FULL NAME: Patricius Magonus Sucatus

BORN AROUND: 389 AD

FATHER: was a deacon

Grandfather: reportedly a priest (it was in the days

when celibacy was not required).

MARCH 19: The anniversary of his death

Not Irish: He was likely from Britain or possibly

Scotland – modern scholars debate which.

TEEN YEARS: He was kidnapped and taken to Ireland

as a slave; he used a three-leaf clover/ shamrock to teach about the Trinity; and that tale about him driving snakes out of Ireland, was most likely symbolism for

driving out pagan beliefs.

RING IN ST. PATRICK'S DAY!

Have you heard about the bell? According to legend, there were many St. Patrick bells.

It is believed that as St. Patrick helped set up a church or Christian community before he left the area, he would give the leader a bell. The idea was the bell would be used to call the community to prayer.

The *Bell of the Will of St. Patrick* is showcased at the National Museum of Ireland. Faithful Irish believe it belonged to their patron saint. The actual bell is about seven inches high and in the shape of sheep bell. It is made out of iron and coated in bronze. In ancient Ireland these bells

were venerated as holy objects and therefore given to a bell keeper, who often buried the bells for safe keeping. The bell was said to have been buried with St. Patrick but retrieved 60 years after his death. It was presented to Armagh as a precious relic. An ornate cover was made for the bell around 1100 AD - more than 600 years after St. Patrick died. There have been many keepers of that bell through the centuries, but it was finally bequeathed to the nation. The bell is part of a permanent exhibit in the Treasury Gallery at the National Museum of Ireland in Dublin.





THE BREASTPLATE

Saint Patrick's Breastplate is actually a long prayer to shield us from evil. It is believed he wrote it for divine protection in 433 AD and would have used it in his efforts to convert the Irish King Leoghaire and the pagan people of Ireland to Christianity. The lengthy prayer, also Saint Patrick's Breastplate is actually a long prayer

CONTINUE...

to shield us from evil. It is believed he wrote it for divine protection in 433 AD and would have used it in his efforts to convert the Irish King Leoghaire and the pagan people of Ireland to Christianity. The lengthy prayer, also known as the Lorica Prayer, is most recognizable in its shortened version (in highlighted with green lettering). I arise today

Through a mighty strength, the invocation of the Trinity,

Through a belief in the Threeness,

Through confession of the Oneness

Of the Creator of creation.

I arise today

Through the strength of Christ's birth and His baptism,

Through the strength of His crucifixion and His burial,

Through the strength of His resurrection and His ascension,

Through the strength of His descent for the judgment of doom.

I arise today

Through the strength of the love of cherubim,

In obedience of angels,

In service of archangels,

In the hope of resurrection to meet with reward,

In the prayers of patriarchs,

In preachings of the apostles,

In faiths of confessors,

In innocence of virgins,

In deeds of righteous men.

I arise today

Through the strength of heaven;

Light of the sun,

Splendor of fire,

Speed of lightning,

Swiftness of the wind,

Depth of the sea,

Stability of the earth,

Firmness of the rock.

I arise today

Through God's strength to pilot me;

God's might to uphold me,

God's wisdom to guide me,

God's eye to look before me,

God's ear to hear me,

God's word to speak for me,

God's hand to guard me,

God's way to lie before me,

God's shield to protect me,

God's hosts to save me

From snares of the devil,

From temptations of vices,

From every one who desires me ill,

Afar and anear,

Alone or in a multitude.

I summon today all these powers between me and evil,

Against every cruel merciless power that opposes my body and soul,

Against incantations of false prophets,

Against black laws of pagandom,

Against false laws of heretics,

Against craft of idolatry,

Against spells of women and smiths and wizards,

Against every knowledge that corrupts man's body and soul.

Christ, shield me today

Against poison, against burning,

Against drowning, against wounding,

So that reward may come to me in abundance.

Christ with me, Christ before me, Christ behind me,

Christ in me, Christ beneath me, Christ above me,

Christ on my right, Christ on my left,

Christ when I lie down, Christ when I sit down,

Christ in the heart of every man who thinks of me,

Christ in the mouth of every man who speaks of me,

Christ in the eye that sees me,

Christ in the ear that hears me.

I arise today

Through a mighty strength, the invocation of the Trinity,

Through a belief in the Threeness,

Through a confession of the Oneness

Of the Creator of creation. Amen.



LENTEN PENANCE SERVICES

IN THE DIOCESE OF WHEELING-CHARLESTON

WHEELING VICARIATE

SACRED HEART, Chester March 17, 2-3 p.m.

CORPUS CHRISTI, Wheeling March 18, Adoration, 6:30 p.m.; Penance Service, 7 p.m.

St. John the Evangelist, Wellsburg, March 18, 6 p.m.

CHARLESTON VICARIATE

BLESSED SACRAMENT, South Charleston March 17, 3 p.m.

OUR LADY OF FATIMA, Huntington March 17, 3:30 p.m.

BASILICA OF THE CO-CATHEDRAL OF THE SACRED HEART, Charleston March 18, 7 p.m.

Our LADY OF THE HILLS, Elkview March 19, 6 p.m.

SACRED HEART, Williamson March 20, 6 p.m.

St. Anthony's, Charleston March 20, 6 p.m.

St. Francis of Assisi, Saint Albans March 21, 6 p.m.

BECKLEY VICARIATE

St. Francis de Sales, Beckley March 17, 3 p.m.

Ss. Peter & Paul's, Oak Hill March 20, 6 p.m.

CLARKSBURG VICARIATE

IMMACULATE CONCEPTION, Clarksburg March 17, 3-4 p.m., March 23, 3-4 p.m., and March 27, 6-6:45 p.m.

St. Francis de Sales, Morgantown March 17, 2-3 p.m.

St. James the Apostle, Clarksburg March 20, 7 p.m.

IMMACULATE CONCEPTION, Fairmont March 21, at 6 p.m.

St. Augustine's, Grafton March 22, 6:30 p.m.

MARTINSBURG VICARIATE

Assumption, Keyser March 20, 6 p.m.

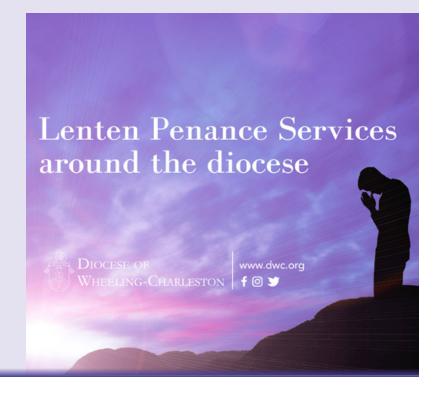
St. Bernadette's, Hedgesville March 27, 4-5:45 p.m.; Mass at 6 p.m.

PARKERSBURG VICARIATE

St. Matthew's, Ravenswood March 19, 7 p.m.

SACRED HEART, Point Pleasant March 20, 6 p.m.

St. John's, St. Marys March 21, 6 p.m.



STAND UP FOR FAITH AND THE HOLY EUCHARIST ST. CYRIL OF JERUSALEM

On March 18, we honor the Feast Day of St. Cyril of Jerusalem. He was born in 315A.D., and served as Bishop of Jerusalem. He held the position for 37 years. He is considered a great catechist, servant of the Trinity, and Doctor of the Church.

He defended Christ's presence in the Eucharist, declaring, "Since He Himself has declared and said of the bread: 'This is My Body,' who shall dare to doubt anymore? And when He asserts and says: 'This is My Blood,' who shall ever hesitate and say it is not His Blood? Do not think it mere bread and wine, for it is the Body and Blood of Christ, according to the Lord's declaration."

In his Catechetical Lecture, Saint Cyril references the Wedding in Cana - if Christ could change water into wine, why could He not change wine into His own Blood?

He said you cannot consider yourself reverent, but doubt the real presence of Christ in the Holy Eucharist.

He taught that God shows mercy on all who seek forgiveness. In his words, "God loves human beings, and loves them in no small measure.... Listen to the psalmist; 'How great



is the abundance of your goodness O Lord.' Your accumulated offenses do not surpass the abundance of God's mercies. Your wounds are not greater than the physician's skill. Just give yourself up in faith. Tell the physician your ailment. With David say, 'I will confess my sin to the Lord, and you forgave the wickedness of my heart,' and the same shall be done to you. So, you will both receive forgiveness for your former sins and also be counted worthy of the heavenly gift. You will thus inherit the heavenly kingdom with all the saints in Christ Jesus."

Saint Cyril reminds us that actions are greater

than words.

We close with this quote, a motivation on our Lenten journey from St. Cyril:

"Our actions have a tongue of their own; they have an eloquence of their own, even when the tongue is silent. For deeds prove more than words."

The painting of St. Cyril of Jerusalem is by Happy Little Saints shop on Etsy: www.etsy.com/shop/ Happy Little Saints

SAINT TURIBIUS, BLESS OUR SEMINARIANS!

On March 23, we honor the Feast Day of St. Turibius de Mogrovejo. He was born in Spain in 1538 and is the patron saint of Peru and Latin American Archbishops. A Spanish nobleman, lawyer, and law professor, he was ordained at age 40, he served as Archbishop of Lima, and founded the first seminary in the Western Hemisphere.

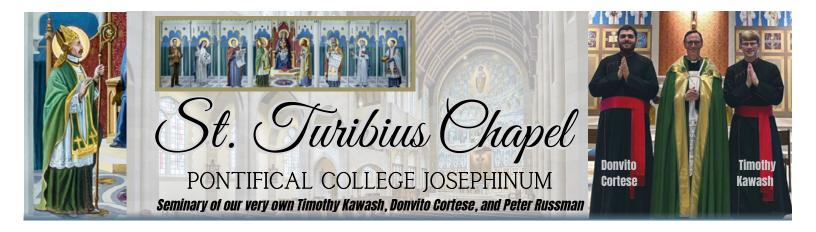
In honor of the latter, St. Turibius was chosen as the namesake of the chapel at the Pontifical College Josephinum in Columbus in the 1930s.

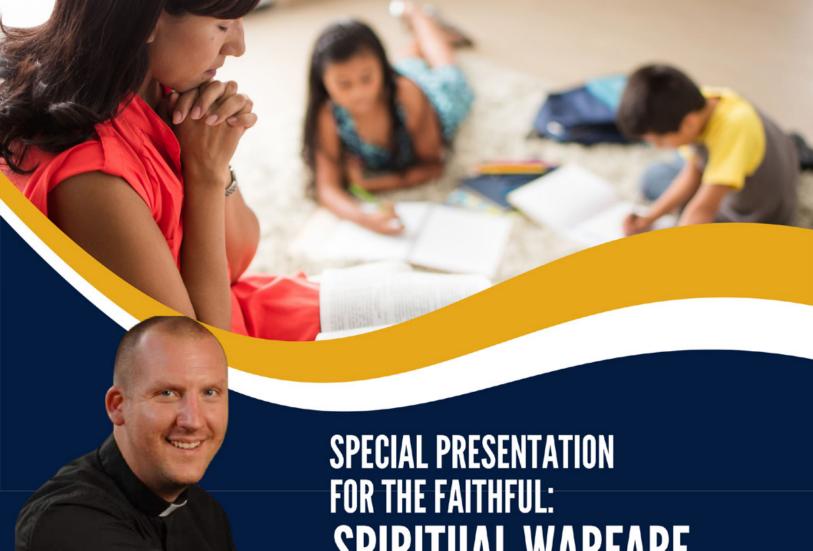
Featured in the art with this article is a mural of St. Turibius as he is seen to the right of the Blessed Mother holding the

Christ Child, and standing across from St. Joseph. This mural, which is located as a backdrop to the tabernacle and main altar in our main chapel, was recreated and restored in 2017 from the original masterpiece completed in 1936 by the liturgical artist Gerhard Lamers.

The relics of Saints Turibius are beneath the altar.

Diocese of Wheeling-Charleston seminarians Timothy Kawash, of Sacred Heart Co-Cathedral, Charleston; and Donvito Cortese, and Peter Russman, both of St. James the Greater, Charles Town, attend the Josephinum seminary.





Father Joe Freedy is from the Diocese of Pittsburgh. He nationally known as the Quarterback priest and shared the viral story of "The Power of One Hail Mary." He was also a keynote presenter and break out leader at our Diocesan Eucharistic Congresses last year in both Charles Town and Charleston.

SPIRITUAL WARFARE FOR TODAY'S TIMES

Presenter: Fr. Joe Freedy

Wednesday, April 3 Date:

Time: 6:15 pm

Location: St. Michael Parish,

1225 National Rd, Wheeling

The evening is hosted by the St. Michael Parish's Confraternity of Christian Mothers and Christian Women

Social immediately following. All are welcome!

20120 VISION SERIES

A YEAR WITH THE SAINTS

Join us as we journey throughout the year focusing on various Saints and their legacies, presented by those among us who live out these legacies in their lives and in their communities.

Note: Each session will begin at 7 pm and will be presented via Zoom.

DATE CHANGE! January 29 St. Elizabeth Ann Seton - Sr. Mary Clark, SC February 26 St. Brigid of Kildare - Sr. Karen Kirby, CSJ March 25 St. Joseph - Sr. Kathleen Durkin, CSJ

April 29 St. Mary Euphrasia - Sr. Martha Gomez, R.G.S.

May 20 Blessed Virgin Mary - TBD

June 24 Marcellin Champagnat - Brother John Byrd, FMS

July 29 August St. Ignatius of Loyola - Lou Volpe 26 September St. Dominic - Sr. Ellen Dunn, OP

30 October 28 St. Lorenzo Ruiz - Fr. Carlos Melocoton

November 18 Jesuit Martyrs - TBD

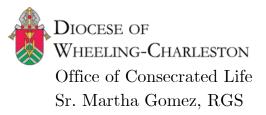
December 16 Servant of God Dorothy Day - Kate Marshall

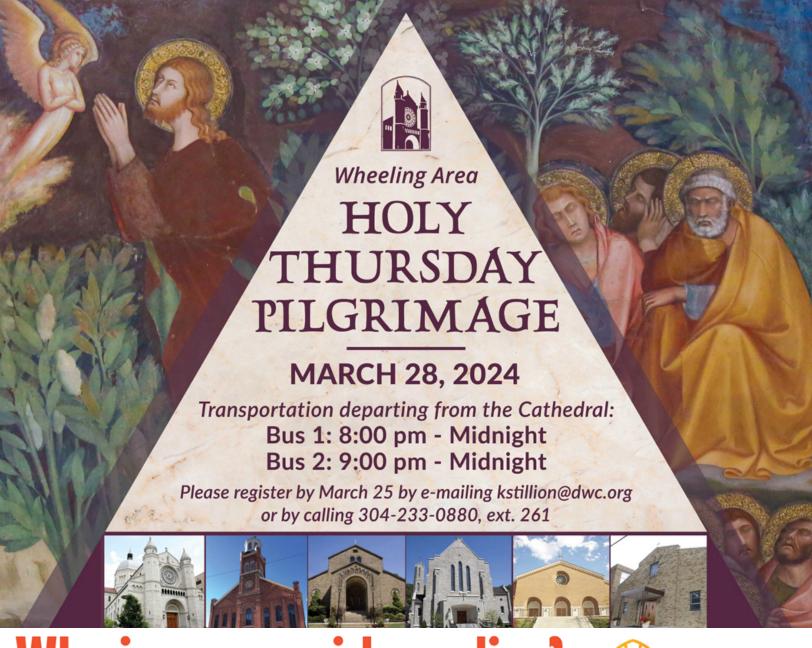
St. Stephan - Deacon John Yaquinta

(Series originated by Ms. Shirley Carter, B.A., M.A.A.T.)

Cost for complete series: \$120.00 Or \$15.00 per session. RSVP - Anna Marie Troiani: atroiani@csjoseph.org







Who is your parish sending?







www.dwc.org



National Eucharistic Congress July 17-21 in Indianapolis.

Through the 2023 Catholic Sharing Appeal the diocese purchased 250 tickets (the \$360 five-day pass) for every parish and mission to be represented. Act now before it's too late.



dwc.org/year-of-the-eucharist/



HOPE, AND ACTION



What is LOUDfence?

An international organization that started out of compassion to support faithful Christians who had been abused, as well as the faithful who care and pray for healing, hope, and change.

LOUDfence is a way to bring a hushed and taboo topic into a healthy conversation and act of solidarity as a step forward.



Ceremony after Mass?

Faithful will tie ribbons to represent prayers, hope, and healing for victims of abuse in Christian churches. Inspired by the gospel, LOUDfence works with churches around the world to actively foster a culture for safeguarding and truth telling. Being a safeguarder is being one to stand at the foot of the cross, helping others to literally live out the values of the gospel.

Mass & LOUDfence Ceremony 10:30 am, April 7 **Cathedral** of St. Joseph, **Wheeling** Celebrants **Bishop Mark Brennan** of the Diocese of Wheeling-Charleston

SOLIDARITY

COMPASSION

SUPPORT

& Bishop Paul Mason of England

FIFTH SUNDAY OF LENT

First Reading: Jeremiah 31:31-34

The Prophet Jeremiah boldly states God's new covenant will be eternal, for God said, "I will place my law within them and write it upon their hearts.... All, from least to greatest, shall know me, says the LORD, for I will forgive their evildoing and remember their sin no more."

Responsorial: Psalm 51

"Create a clean heart in me, O God."

Second Reading: Hebrews 5:7-9

On earth, Christ prayed and cried out to God. He the Son of God learned obedience from his sufferings and was made perfect – our source of eternal salvation.

Gospel: John 12:20-33

Jesus speaks from the heart about the purpose for his life and death, declaring, "Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me." Eternal life will be theirs.

CLICK HERE FOR FULL SCRIPTURE TEXT

PRAYER INTENTIONS

For the Church, that we may die to whatever separates us from God and serving the Lord, let us pray to the Lord. . .

For those in elected office, that they never tire from their sacrifices to serve to the common good, let us pray to the Lord. . .

For those in elected office, that they never tire from their sacrifices to serve the common good, let us pray to the Lord. . .

For all of our habitual and special intentions, let us pray to the Lord. . .

Lord hear our prayer

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Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
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Eastern Panhandle - coming soon	FM	88.5
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City -Morgantown	FM	89.7
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Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.9

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Liturgy of the Hours LITURGY OF THE HOURS

Pray the prayer for this day, this hour!

EBREVIARY.COM LITURGY OF THE HOURS

Scan the QR code or visit the link below to view a PDF version of the Liturgy of the Hours.



MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at <u>DWC.ORG</u>.