



ONE DAY AT A TIME: A Summer Sermon Series on Scripture and The Twelve Steps

NEWSFLASH: The prayer that Jesus taught us to pray . . . “on earth as it is in heaven” . . . is a reminder to us that we are meant to live in God’s love, peace and power right here, right now, *especially* in difficult days.

The question is “HOW?” Day by day, one day at a time. For the past century, millions of people around the world have been transformed through living The Twelve Steps. Grounded in Biblical ideals and principles, living The Twelve Steps has been salvific, not only for folks struggling with addiction, but also for people overwhelmed by emotional struggles, by *life*.

In these troubled times, people around us need support and encouragement now more than ever, but we cannot do that unless we put our own oxygen masks on first. That means surrendering to our Higher Power, relying on each other for support and encouragement, and practicing our faith.

There are many different names for living a pattern of life ordered by God’s love and God’s common-sense guidance: a “rule of life,” “spiritual disciplines,” “the Way,” The Twelve Steps, and more. Essentially, they all boil down to the same thing: a Way of following Jesus that makes life meaningful and connects us more deeply with God and our neighbors.

My 20s were years of exploration, reflection and healing. Part of my healing occurred in an Al Anon group in which I experienced much liberation through working The Twelve Steps.

If you’re afraid a sermon series on The Twelve Steps will be a downer, fear not! *We’re in for a summer of discovery and and liberation through practical steps that can transform our lives so that we can change the world.*

I look forward to journeying with you this Summer, step by step.
Blessings,
Janet+

WEEKLY SCRIPTURES AND STEP

JUNE 1 – Acts 1:1-11, Psalm 47, Ephesians 1:15-23, Luke 24:44-53

Step 1 – We admitted we were powerless over our emotions – that our lives had become unmanageable.¹

¹ This version of The Twelve Steps reprinted for adaptation with the permission of Alcoholics Anonymous World Services, Inc. ©1939, 1955, 1976, as noted in *The Twelve Steps for Everyone . . . who really wants them* by Jerry Hirschfield, Ph.D. Revised Edition. Hazelden: Center City, MN. 1990 p.23

JUNE 8 – Acts 2:1-21, Psalm 104, John 14:8-17,25-27

Step 2 – Came to believe that a Power greater than ourselves could restore us to sanity.

JUNE 15 – PRIDE SUNDAY – Guest preacher: André Unicumé

JUNE 22 – Isaiah 65: 1-9, Psalm 22:18-27, Luke 8:26-39

Step 3 – Made a decision to turn our will and our lives over to the care of God, as we understand God.

JUNE 29 – PRIDE PARADE – 10:30 am preacher: Father Jaime Case

JULY 6 – Isaiah 66:10-14; Psalm 66:1-8; Luke 10:1-11,16-20

Step 4 – Made a searching and fearless moral inventory of ourselves.

JULY 13 – Deuteronomy 30:9-14; Psalm 25:1-10; Luke 10:25-37

Step 5 – Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

JULY 20 – Genesis 18:1-10; Psalm 15; Luke 10:38-42

Step 6 – Were entirely ready to have God remove all these defects of character.

JULY 27 – Genesis 18:20-32; Psalm 138; Luke 11:1-13

Step 7 – Humbly asked God to remove our shortcomings.

AUGUST 3 – Colossians 3:1-11; Psalm 49:1-11; Luke 12:13-41

Step 8 – Made a list of all persons we had harmed, and became willing to make amends to them all.

AUGUST 10 – 2 Peter 1:13-21; Psalm 99; Luke 9:28-36

Step 9 – Made direct amends to such people whenever possible except when to do so would injure them or others.

AUGUST 17 – Hebrews 11:29-12:2; Psalm 82; Luke 12:49-56

Step 10 – Continued to take personal inventory and when we were wrong, promptly admitted it.

AUGUST 24 – Hebrews 12:18-29; Psalm 103; Luke 13:10-17

Step 11 – Sought through prayer and meditation to improve our conscious contact with God . . . praying only for knowledge of God's will for us and the power to carry that out.

AUGUST 31 – Hebrews 13: 1-8,15-16; Psalm 112; Luke 14:1,7-14

Step 12 – Having had a spiritual awakening as the result of these steps, we tried to carry this message, and to practice these principles in all our affairs.