

Moving From Apprentice to Master

Mastering your confidence begins with creating a plan to move from apprentice to master.

Consider where you are below. What do you need to do to begin the journey of mastering your confidence?

Apprentice

- ☐ I recognize there is a connection between how confident I feel and my effectiveness as a leader.
- ☐ I have a desire to increase my confidence levels and have started to work on increasing my confidence by seeking information.
- ☐ I am looking for a mentor or teacher who can guide my confidence journey.

Journey person

- ☐ I understand that confidence is what I think I can do and have created practices to become more aware of and in control of my thoughts.
- ☐ I am working on a system, program or set of practices that will grow my confidence.
- ☐ I have a mentor, coach or master who is guiding my confidence journey.

Master

- ☐ I have become the teacher. I mentor followers as they grow their confidence and guide them in the process.
- ☐ I continue every day to better understand confidence and to increase my confidence in new areas.
- ☐ I am well aware that I will never be confident all the time. It is how quickly I get back up when I fall that matters.

The next step for me to start the journey of mastering my confidence is:

I will take that action on this date:

Kathy Archer Leadership Development Coach

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