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RESEARCH TITLE:

Exploring Sex-Based Differences in Aging with HIV

ABSTRACT:

The aging of the HIV+ population in the United States presents a unique challenge. Research has noted paradoxical and significant biological sex-related differences in aging and health outcomes; however, there has not been sufficient assessment of sex as a biological variable in HIV and aging research despite the fact that sex-based differences in HIV-related measures (e.g. symptom severity, rate of progression to AIDS) have been noted. This study seeks to expand our understanding of sex-differences in health outcomes and aging in HIV+ adults by examining patterns in clinical and psychosocial data and a group of potential biomarkers in serum, ultimately seeking to support personalized prevention, screening, and treatment opportunities for older adults living with HIV.

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