

## Family Involvement

### Pyramid Model

#### I Love You Rituals

I Love Your Rituals are playful, one-on-one interactions that build loving bonds while increasing attention span, decreasing power struggles, and promoting language and literacy at school. These brain-building interactions facilitate optimal development for young children and create lifelong bonds between children and adults.

#### I LOVE YOU RITUALS BY CLASS

Infants- Dancing Hands

Toddlers- Peter, Peter, Pumpkin Eater

2's- Maigie Porgie

2's-Mary Had a Little Lamb

3's Twinkle Twinkle

I have attached the rituals below if you would like to incorporate them at home.

#### I Love You Rituals

The Four Elements of Connection through I Love You Rituals are:

##### EYE CONTACT

Eye contact enhances attention, social development, and emotional well-being by fostering connectedness in relationships.

##### TOUCH

Gentle, nurturing touch releases the nerve growth factor, a hormone crucial for neural function and learning

##### PRESENCE

Being fully present creates high-quality interactions and secure attachments between you and your child and allows adults to better respond and attune to children throughout the interaction.

##### PLAYFULNESS

Playfulness shifts the focus to shared joy, valuing each other, and strengthening your bond.

## Upcoming Events

- March 2<sup>nd</sup> Spring Break Survey
- March 4<sup>th</sup> Holi, Festival of Colors
- March 20<sup>th</sup> Early Dismissal for SAP
- April Week of the Young Child (TBD)
- April 3<sup>rd</sup> Closed for Good Friday
- April 6<sup>th</sup>-10<sup>th</sup> Spring Break Camp
- April 12<sup>th</sup> SLC Clean Up Day! (Trails & Playgrounds)
- April 22<sup>nd</sup> Earth Day

## Reminders

- Send in pictures of your child being **ADVENTUROUS** from this past winter!
- SLC Contracts were sent out in February. Don't hesitate to get in touch with me if you have any questions.
- Spring Break Survey is below. You just have to copy and paste the link into your browser.
- Let me know if you have any creative ideas for the Week of the Young Child

#### SPRING BREAK SURVEY

This link will be available until Friday, March 6th

[https://docs.google.com/forms/d/e/1FAIpQLScytW5DGcugBp9\\_fWV2umZhErzO1hnPZ21JZoFI0oqnIWBmmw/viewform?usp=header](https://docs.google.com/forms/d/e/1FAIpQLScytW5DGcugBp9_fWV2umZhErzO1hnPZ21JZoFI0oqnIWBmmw/viewform?usp=header)

## Mary Had a Little Lamb

Mary had a little lamb  
whose fleece was white as snow.  
Everywhere that Mary went  
the lamb was sure to go.  
It followed her to school one day;  
everything was new.  
The children were surprised to see  
the lamb was really you!

I Love You  
Rituals



**Preparation and Instructions:** You will need a white sock for this game. Introduce yourself as Mary before you begin the rhyme by waving hello and saying, "Hello, it is wonderful to see you. My name is Mary. I am looking for a lamb to play with. I think I see one!" (look directly at one of the child's hands). Now you are ready to begin the rhyme.

"Mary had a little lamb whose fleece was  
white as snow."

While saying this line, put the white sock on one of the child's hands.

"Everywhere that Mary went the lamb was sure  
to go."

Put the hand that you introduced as Mary on the lamb (the child's hand covered with the sock). Move both hands around, making sure they are always touching.

### Dancing Hands

[Child's name]'s hands are up and  
[Child's name]'s hands are down.  
[Child's name]'s hands are dancing  
All around the town.

Dancing on my knees,  
Dancing on my feet,  
Dancing on my shoulders,  
And dancing on my cheeks [blow  
raspberries\*].

[Child's name]'s hands are up and  
[Child's name]'s hands are down.  
[Child's name]'s hands are dancing  
All around the town.

Dancing on your knees,  
Dancing on your feet,  
Dancing on your shoulders,  
And dancing on your cheeks [blow  
raspberries\*].

\*Blowing raspberries is an all-time favorite activity of children. To blow a raspberry, fill your cheeks with air, then gently touch them, forcing a squirt of air through your puckered lips.

Interactive  
Finger  
Plays



## Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,  
What a wonderful child you are!  
With bright eyes and nice  
round cheeks,  
Talented person from head to feet.  
Twinkle, twinkle, little star,  
What a wonderful child you are!

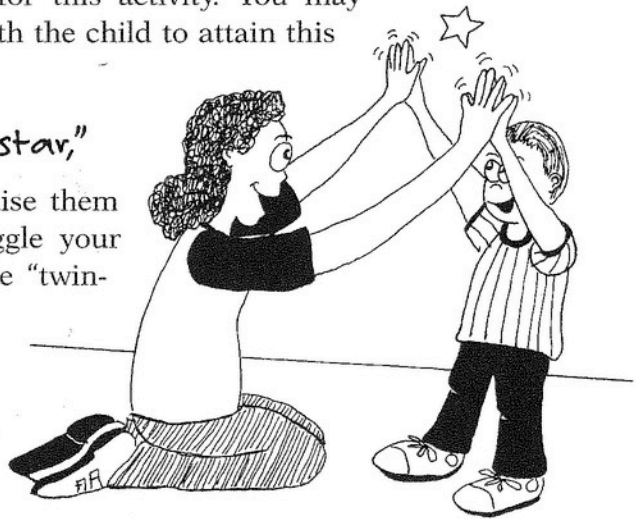
Positive  
Nursery  
Rhymes



**Preparation and Instructions:** It is important that you be at the same height as the child for this activity. You may choose to stand, kneel, or sit with the child to attain this position.

"Twinkle, twinkle, little star,"

Hold your child's hands and raise them slightly above your heads. Wiggle your fingers together to represent the "twinkle" of stars.



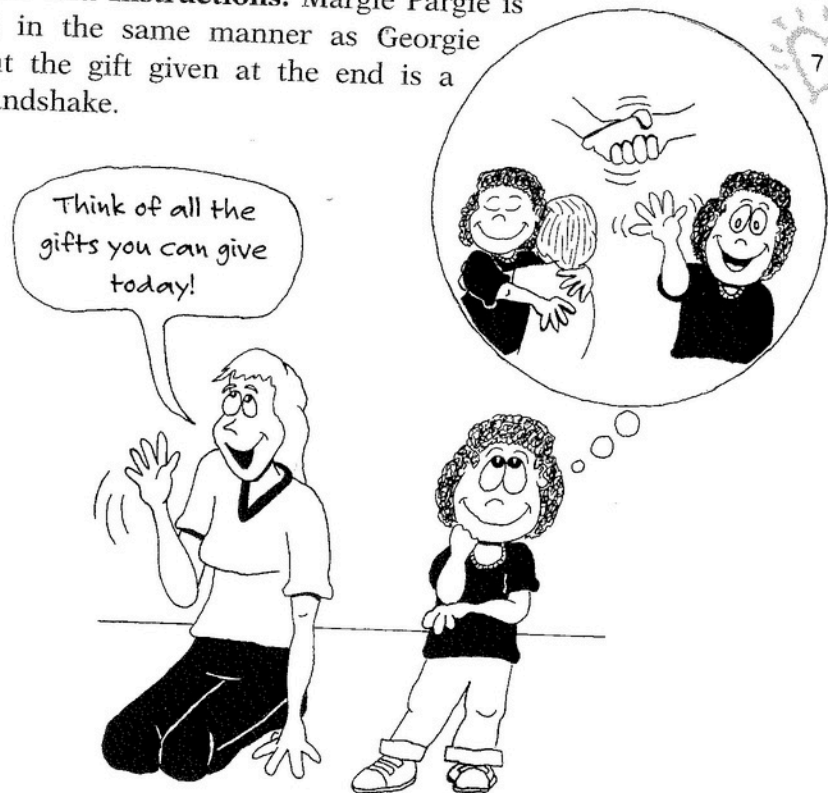
pointing  
with delight  
fast, happy  
the air. Be  
making

## Margie Pargie

Margie Pargie, pudding and pie,  
Gave her friend a big high five!  
With her friend she loved to play,  
A gift of handshake she gave  
each day.

Positive  
Nursery  
Rhymes

**Preparation and Instructions:** Margie Pargie is conducted in the same manner as Georgie Porgie, but the gift given at the end is a friendly handshake.



## Peter, Peter, Pumpkin Eater

Peter, Peter, Pumpkin Eater,  
Had a friend he loved to greet.  
Treated her [him] with kind respect,  
And in the morning hugged  
her [his] neck.

I Love You  
Rituals



**Preparation and Instructions:** Stand or kneel facing the child.

"Peter, Peter, Pumpkin Eater,"

With delight on your face and at eye level with the child, say this line.

"Had a friend he loved to greet."

Reach out and shake the child's hand.

"Treated her [him] with kind respect,"

Gently put your left arm on the child's right shoulder and demonstrate a kind touch.

"And in the morning hugged  
her [his] neck."

Move from this position into a gentle hug.