

# SLC News

May 2026

## Pyramid Model

This month, the classrooms are still exploring our **breathing techniques!** All the classrooms have added fake flowers and colorful pinwheels to the Safe Place. These props are intended to encourage children to use these breathing techniques when they are feeling upset.

**For Infants up to the 2's,** the caregivers are supporting the children's breathing patterns with skin-to-skin contact and gentle, steady breaths. Modeling and narrating how these belly breaths can relax and calm the whole body.

**For the 3's & 4's classrooms,** the teachers are introducing simple awareness by using these pretend games of "smelling the flowers and blowing the pinwheel".

Encouraging the children to feel and/or watch their belly move up and down. Making them aware of their body and how the breath can change your body's temperature, heart rate, and body language by just taking deep breaths.

**Young children learn best by imitation.** If they see us pause and take slow, deep breaths when stressed, they will begin to copy that behavior naturally.

## Attention!

**Click Here for the Spring Picture Day Link!**

## Reminders

- **June 2<sup>nd</sup> Moving Up Ceremonies & Graduation Night!**
  - **Maples-4:15 pm**
  - **Acorn's&Pinecone's-4:30 pm**
  - **Birch-4:45 pm**
  - **3's Bee's-5:00 pm**
  - **Forestry 4's-5:30**
- **Be mindful in the parking lot**
- **If your child is not in the show, please sit further back until their slotted time.**

## Upcoming Events

- May 2nd Fairies & Dragons
- **May 4-9<sup>th</sup> Teacher Appreciation Week**
- May 8<sup>th</sup> Spring Carnival (attached)
- **May 19<sup>th</sup>-23<sup>rd</sup> Family Conferences**
- May 20<sup>th</sup>- Early Dismissal (SAP ONLY)
- **May 25<sup>th</sup> Memorial Day SLC is CLOSED**

# ROBERT ERSKINE PTO SPRING CARNIVAL

GAMES      BOUNCE HOUSES      PRIZES  
PIZZA      FACE PAINT  
COTTON CANDY      TATTOOS  
SNACKSTAND      MUSIC



**FRIDAY, MAY 8, 2026**

**5:00 - 8:00PM**

**RAINDATE: SATURDAY, MAY 9<sup>TH</sup>**

**@ ROBERT ERSKINE ELEMENTARY SCHOOL**

**88 ERSKINE ROAD**

**PRESALE PRICING**

**25 TICKETS FOR \$10**

**50 TICKETS FOR \$20**

**UNLIMITED BOUNCE HOUSE FOR \$15**

**PRESALE SOLD THROUGH MEMBERSHIP TOOLKIT**

**PRICES INCREASE DAY OF- CASH ONLY EVENT**

