

Practice For Hope

Practice for Hope is an annual fundraiser where students commit to practicing their instruments for a set number of minutes and days to raise money for music education in their communities. Sponsors may either pledge a rate per day or make a flat donation.

This year, the NFM Western Region is proud to support young musicians in Phoenix, Arizona, by helping fund the purchase of ukuleles to the Dr. Alex Kim Foundation, www.alexkimfoundation.org.

Your generous support as a sponsor will provide instruments to their Music Academy which services low income families living in Central Phoenix. Help give these children the opportunity to discover the life-changing power of music!

Getting Started

- 1. Set a Practice Goal** - Choose the number of minutes, and number of days you will commit to practicing your instrument.
- 2. Find Sponsors** - Ask family, friends, or community members to support your goal. They can pledge a specific amount for each day you practice or donate a flat amount.
- 3. Start Practicing** - Stick to your goal and keep track of your practice minutes and days.
- 4. Collect Donations** - After you reach your goal, follow up with your sponsors to collect their pledged donations. Give all collected donations to your music teacher. Teachers will send donations to the NFM Western Region Treasurer by January 15, 2026.

Thank you for your support!

Practice Record

Practice Minute Goal (*per day*):

Number of Practice Days:

Day 1

Date: Minutes Practiced:

Day 2

Date: Minutes Practiced:

Day 3

Date: Minutes Practiced:

Day 4

Date: Minutes Practiced:

Day 5

Date: Minutes Practiced:

Day 6

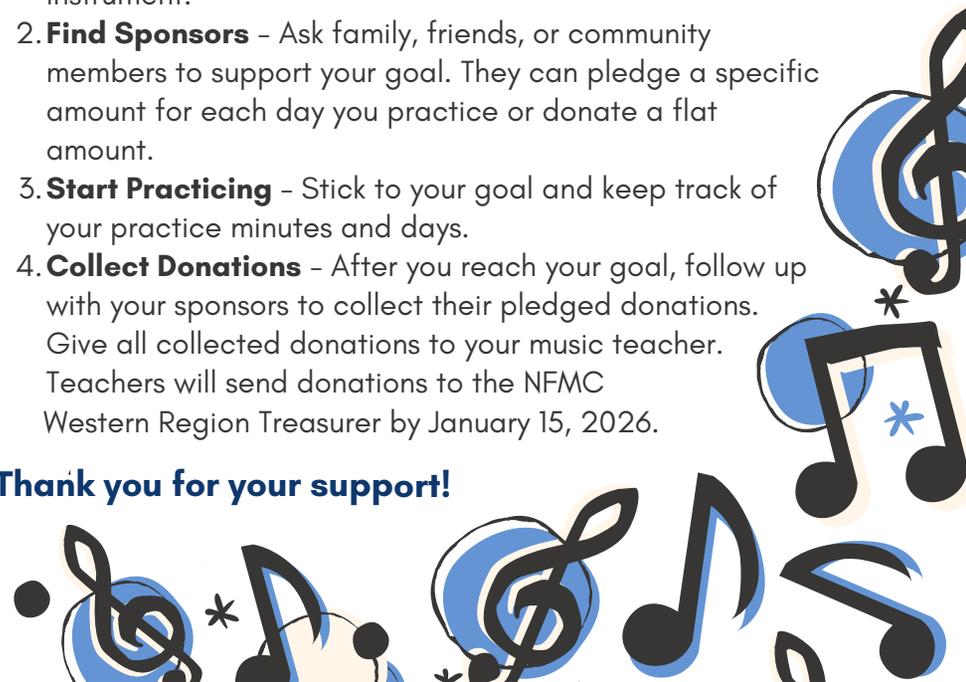
Date: Minutes Practiced:

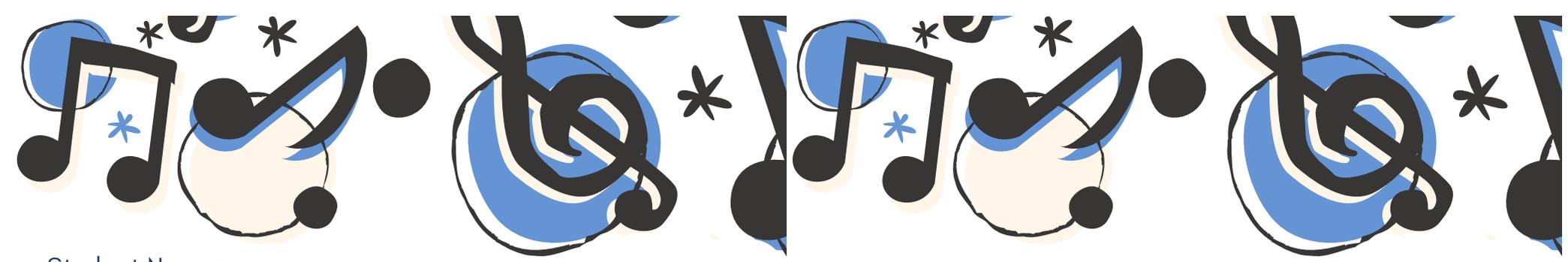
Day 7

Date: Minutes Practiced:

Total Practice Days:

Total Minutes Practiced:





Student Name:

Music Teacher:

Practice Minute Goal (per day):

Number of Practice Days:

Donation Collection Date:

Make checks payable to: **NFMC Western Region**

Total Donations Collected:

Sponsors & Donations

Sponsor Name:

Email:

Phone:

Pledge Amount:

Collected:

Sponsor Name:

Email:

Phone:

Pledge Amount:

Collected:

Sponsor Name:

Email:

Phone:

Pledge Amount:

Collected:

Sponsors & Donations

Sponsor Name:

Email:

Phone:

Pledge Amount:

Collected:

Sponsor Name:

Email:

Phone:

Pledge Amount:

Collected:
