

INSTITUTE FOR CHILD AND FAMILY HEALTH, INC.
INFANT MENTAL HEALTH TRAINING PROGRAM
Workshops on Maternal Health

July-September 2017

Infants and children in the age 0-5 demographic lack many specialized services in our community. For this reason, The Institute for Child and Family Health, Inc. has created a series of workshops to increase the number of professionals who have the clinical expertise to work with this population. Funding for this program has been provided through a grant from Miami-Dade County. A 4-month extension to the IMH Training Program has allowed us to offer a 3-day workshop on maternal health. This series will focus on educating participants on the etiology, assessment, and treatment of Perinatal Mood Disorders, including Postpartum Depression, OCD, and Psychosis. In addition, the impact that maternal mental health problems has on a young child's attachment to caregivers and their own development and emotional health will also be covered.

Applicant Qualifications:

The Infant Mental Health Training Program has been created for Master's and Doctoral Level mental health professionals in the Miami-Dade County community who work with children age 0-5. **Priority will be given to individuals who have completed the 9-month IMH Training previously offered at ICFH.** However, others who meet the educational criteria may also apply.

Participants must be qualified professionals who are currently providing services to families or primary caregivers who have children ages 0-5 with diagnosed emotional disorders, severe mental health problems, or histories of abuse, neglect, or violence. Professionals who have previously completed the IMH Training and Directors of nonprofit community agencies working with aged 0-5 children in Miami Dade County are invited to send representatives to the training. The applications of those interested in attending the training will be reviewed by Dr. Maite Schenker, Director of Early Childhood Services at ICFH. The most qualified participants will be invited to participate.

Requirements of the Training:

Didactic Training: Participants are required to attend 1 full day per month of didactic training for 3 months. Training sessions will start at 9:00 a.m. and end at 4:00 p.m., with an hour for lunch and two 15 minute breaks, for a total of 5.5 hours of actual education per day. Licensed participants who attend the entire session each day will receive continuing education credits for their respective disciplines. In addition, in order to successfully complete the entire program, participants must be present in 100% of the sessions; i.e., they must attend **all 3 sessions offered.**

Reading Requirements: Participants will be required to complete selected readings each month.

The Program

The faculty for this program consists of mental health professionals with expertise in the areas of maternal health.

(July 2017– September 2017)
(9:00 a.m. – 4:00 p.m.)

Perinatal Mood Disorders – Diagnosis, Etiology, & Risk Factors	Thursday July 20th, 2017
Day 1 – Ana Romero, LCSW (9:00 a.m. – 4:00 p.m.)	
<ul style="list-style-type: none">• Perinatal Mood Disorders, differential diagnosis• Etiology, Risk Factors, and Barriers to Treatment	
Assessment and Treatment of Perinatal Mood Disorders	Thursday, August 31st, 2017
Day 2 – Connie Morrow, Ph.D. (9:00 am. – 4:00 p.m.)	
<ul style="list-style-type: none">• Assessment of Perinatal Mood Disorders• Treatment of Perinatal Mood Disorders	
Impact of Maternal Mental Health on Young Children	Thursday, September 28th, 2017
Day 3 – Christine Hughes, Ph.D. (9:00 am. – 4:00 p.m.)	
<ul style="list-style-type: none">• Impact of Maternal Mental Illness on Attachment• Impact of Maternal Mental Illness on a Young Child’s Development• Impact of Maternal Mental Illness on a Young Child’s Emotional Wellbeing	

All trainings will be held at:
Institute for Child and Family Health, Inc.
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Miami, Florida 33169

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