

Ontario Public Health Measures – Sports and Recreational Facilities (updated Feb 18, 2021)

PREVENT	PROTECT	RESTRICT	CONTROL	LOCKDOWN
<ul style="list-style-type: none"> Maintain 2 metres physical distancing, unless engaged in a sport Capacity limits per venue, where physical distancing can be maintained: <ul style="list-style-type: none"> 50 people indoors or 100 people outdoors in classes 50 people indoors in area with weights or exercise equipment 50 spectators indoors or 100 outdoors Capacity limits apply on a per-room basis if operating in compliance with a plan approved by the Office of the Chief Medical Officer of Health (Guidance for Facilities for Sport and Recreational Fitness Activities During COVID-19) Team or individual sports must be modified to avoid physical contact; 50 people per league Exemptions for high performance athletes and paraspors Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public Face coverings required except when exercising or playing sports Patron screening (passive) A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> Maintain 2 metres physical distancing, unless engaged in a sport Increase spacing between patrons to 3 metres for areas of a sport or recreational facility where there are weights or exercise equipment and in exercise and fitness classes Capacity limits per venue, where physical distancing can be maintained: <ul style="list-style-type: none"> 50 people in indoor classes, however each indoor fitness or exercise class can only have a maximum of 10 people and must take place in a separate room or 100 people in outdoor classes, however each outdoor fitness or exercise class can only have a maximum of 25 people 50 people indoors in areas with weights or exercise equipment 50 spectators indoors or 100 outdoors Patron screening (passive) Capacity limits apply on a per-room basis if operating in compliance with a plan approved by the Office of the Chief Medical Officer of Health (Guidance for Facilities for Sport and Recreational Fitness Activities During COVID-19) Team or individual sports must be modified to avoid physical contact with an exemption for high performance athletes, including paraspors athletes, and professional leagues; maximum 50 people per league Exemptions for high performance athletes and paraspors Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public Face coverings required except when exercising or playing sports Require contact information for all members of the public that enter the facility Require reservation for entry; one reservation for teams A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> Maintain 2 metres physical distancing, unless engaged in a sport Increase spacing between patrons to 3 metres in areas where there are weights or exercise equipment and in exercise and fitness classes Capacity limits, where physical distancing can be maintained: <ul style="list-style-type: none"> Maximum of 50 people total in indoor areas with weights and exercise machines and all indoor classes, however each indoor fitness or exercise class can only have a maximum of 10 people and must take place in a separate room, or 100 people in outdoor classes, however each outdoor fitness or exercise class can only have a maximum of 25 people No spectators permitted, however each person under 18 may be accompanied by one parent or guardian Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health Team or individual sports must be modified to avoid physical contact; 50 people per league Exemptions for high performance athletes and paraspors Patrons may only be in the facility for 90 minutes except if engaging in a sport Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public Face coverings required except when exercising Require contact information for all members of the public that enter the facility Require reservation for entry; one reservation for teams Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> Maintain 2 metres physical distancing at all times Increase spacing between patrons to 3 metres in areas where there are weights or exercise equipment and in exercise and fitness classes Capacity limits, where physical distancing can be maintained <ul style="list-style-type: none"> 10 people in indoor areas with weights and exercise machines 10 people in all indoor classes or 25 people in outdoor classes No spectators permitted, however each person under 18 may be accompanied by one parent or guardian Team sports must not be practiced or played except for training (no games or scrimmage) Activities that are likely to result in individuals coming within 2 metres of each other are not permitted; no contact permitted for team or individual sports Exemptions for high performance athletes and paraspors Patrons may only be in the facility for 90 minutes except if engaging in a sport Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public Face coverings required except when exercising Require contact information for all members of the public that enter the facility Require reservation for entry; one reservation for teams Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> Facilities for indoor or outdoor sports and recreational fitness activities are closed except for: <ul style="list-style-type: none"> The sole use of high performance athletes including paraspors athletes, and specified professional leagues (for example, NHL, CFL, MLS, NBA) Specified purposes (for example, day camps, child care) Outdoor recreational amenities (for example, ice rinks, ski hills, snow trails) open with restrictions (for example, no team sports) Community centres and multi-purpose facilities (for example, YMCA) allowed to be open for permitted activities (for example, child care services, day camps, social services)