

The “**Cathedral Foundations**” experience is a multi-week exploration for those who are newer to the Cathedral and/or the Episcopal Church to grow in understanding of our faith and practices.

The Foundations experience takes place **Sunday March 31 through Sunday May 12, 2019**. The first three sessions will meet as part of Adult Forum in the dining room of Sayre Hall, the remaining sessions in the Goodwin Room (3rd Floor Sayre Hall) Sessions take place Sundays at 9:20-10:15 a.m.

Session I-III March 31, April 7 and 14. Who was Jesus? Who is Jesus? (Dining room Sayre Hall) These sessions will be led interestingly enough by Rabbi Sholomo Levy. Rabbi Levy will lead us through the Christian scriptures, particularly Jesus’ last days to help us discover who the historical Jesus was, what his message was, and how this Jesus became the Christ. These sessions promise to be informative and provocative but will point us to the center of our faith.

April 21 Easter No Foundations gathering See you in Church.

Session IV April 28th What is an Episcopalian? Why am I an Episcopalian? How do I find my place here? (Goodwin Room, 3rd floor Sayre Hall)

This session will be led by two lay leaders of the Cathedral who will share the essentials of their faith and practice as an Episcopalian. They will share what they value of Episcopal tradition, how it has shaped their spiritual lives and moved them to serve Christ and the world. They will talk to of the Cathedral and its mission and how one discovers their faith and passion here. (Practices it too!)

Session V May 5 Sacramental Church/The Three legged Stool, Baptism and Eucharist

What makes us a “Sacramental Church”? What are the Sacraments? Why do they matter? How does our “praying shape our believing”? Who are we who live on this “three legged stool?”

Session VI May 12 Bishops and Things

This is a time for conversation. To ask and answer questions not addressed, or you wish had been addressed. This will also include a conversation of the service of Confirmation/Reception. What it means and why you might consider it.

If you are new to the Episcopal Church I urge your participation in all sessions and understand there may be some conflicts. Individuals who are new to the Episcopal Church may choose at the conclusion of the experience to be formally received or confirmed by the Bishop upon his next visit which will take place **Sunday June 9th at 10:00 a.m.**

I am delighted that you are among us and eager to grow in faith with you in this wonderful Cathedral Community. Please let me know if you can take part by emailing me at tpompa@nativitycathedral.org or by calling the church office to reserve a spot.