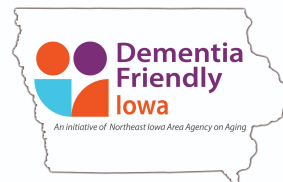


Iowa Dementia Resources List



Alzheimer's Association

- **1-800-272-3900 | www.alz.org**
- Supports people with all types of dementia, not just Alzheimer's Disease
- Hosts support groups/education for people living with dementia and caregivers
- Provides care consultations, referrals, information, and individual meetings
- Walks client through legal/financial planning, future living preferences, etc
- Local support group listing: alz.org/iowa/helping_you/programs-event-calendar

Area Agencies on Aging & Lifelong Links

- **866-468-7887 | <https://iowa.myresourcedirectory.com/>**
- Home & phone visits to equip client with strategies to safely age in home
- Potentially able to offer funding for homemaker, transportation, respite care, etc
- Family care consultations and referrals to other local resources; support groups

Dementia Friendly Iowa / Dementia Friends

- **319-239-2902 | Dementia Friendly Iowa Facebook page | dementiafriendlyiowa.org**
- Provides education for the community about dementia (Dementia Friends and Dementia Friendly Business trainings); builds dementia friendly communities
- Seeks to make Iowa a better place for people with dementia and their caregivers
- Opportunity to volunteer as an advocate for people with dementia

Dependent Adult Protective Services (Iowa DHS)

- **1-800-362-2178 (toll-free, 24 hours a day, 7 days a week)**
- Report abuse, neglect, exploitation, or self-neglect of a dependent adult
- If a person is in imminent danger, call 911

Iowa Department on Aging

- **1-800-532-3213 | <https://iowaaging.gov/>**
- Oversees the Area Agencies on Aging, Long-Term Care Ombudsman program, RSVP, Adult Protective Services, and more

Iowa Department of Public Health (Alzheimer's and Related Dementias Program)

- **idph.iowa.gov/chronic-disease-prevention/alzheimers-and-related-dementias**
- Public health and healthy brain initiative; educational information available

L.O.S.T. (Loved Ones Safe Together) Program

- Offered by local law enforcement in Iowa City and Polk County to provide tracking and wandering response support.

National Institute on Aging

- **1-800-222-2225 | <https://www.nia.nih.gov/health/alzheimers>**
 - Reliable information, referral, and publications about Alzheimer's and related dementias
-