



# Siblings Caring for Parents with Dementia Study



If you are an adult child with a sibling who both currently provide care for a parent living with Alzheimer's disease or related dementia (ADRD), you are eligible to participate in this study. You are eligible regardless of where your parent currently resides (in-home, memory care unit, residential facility, or other). The goal of this study is to improve caregiving relationships for care partners.

If you are interested in participating, fill out the qualifying survey by scanning the QR code below or entering the URL: <https://tinyurl.com/3b6ab2sk>

Participation happens entirely from your own home. You and one of your siblings will:

- Complete 3 online surveys
- Participate in a 90-minute joint video discussion about caring for your parent with ADRD
- Self-collect hair and saliva samples to measure stress hormones

Participants can receive up to \$95 each for completing all elements of the study. Participation in all components is voluntary.



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## Questions?

Contact Dr. Megan Gilligan, Primary Investigator

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