



Come join us to learn about the Nurtured Heart Approach®.

An approach to behavior that focuses on positive interaction reinforcement.

Target Audience:

Parents, Caregivers and others who support children, youth & families

Tuesday Nights, 3 Week Class

May 14th, 21st and 28th

5:45 pm—8 pm

Light refreshments will be provided, as well as,
child-care for ages 2-12.

Register for class and child-care:

Andrea Burleigh

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Training objectives

1. Describe the conceptual framework of the Nurtured Heart Approach.*
2. Discuss the three stands of the Nurtured Heart Approach.*
3. Demonstrate four ways to recognize and energize positive behaviors, within a cultural context.
4. Discuss how to effectively set and enforce clear limits with your children.

Classes will be held at:

Ocean City High School Media Center, 501 Atlantic Ave in Ocean City

Sponsored by Atlantic Cape Family Support Org. and Ocean City School District SEPAG