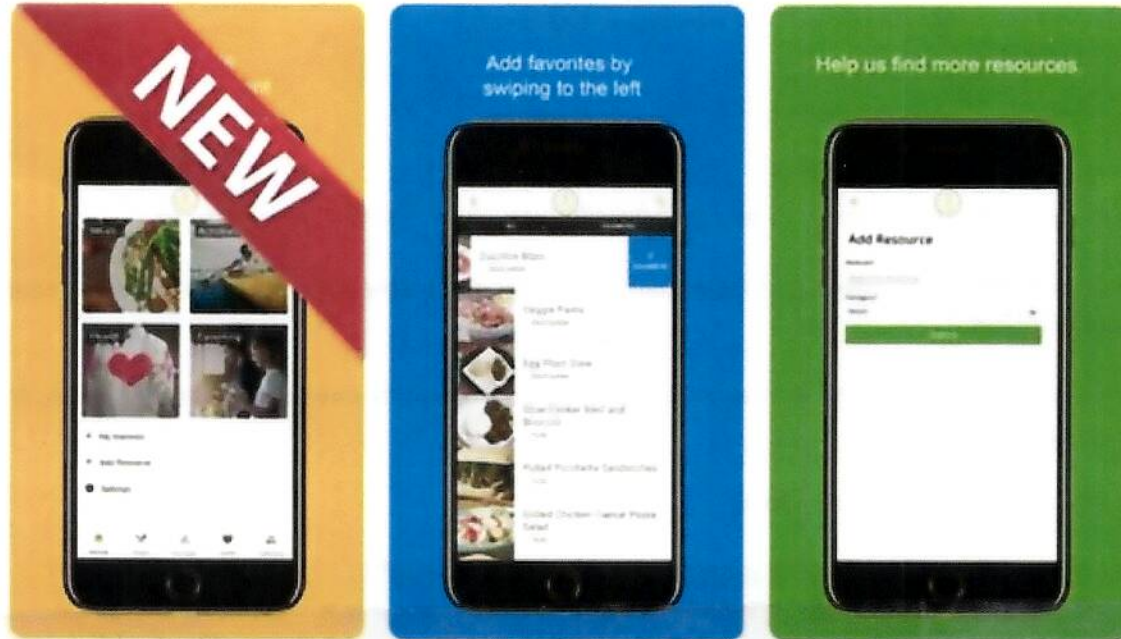




WholeLife NJ - Eat, Play, and Parent Education



WholeLife NJ: Eat, Play, Parent is your perfect healthy living, one stop shop, app! The app was developed by the School Health Specialist Team at The Center for Prevention and Counseling (CFPC) in Newton, NJ with funding from the Maternal and Child Health Services Title V Block Grant, administered by the New Jersey Department of Health, Child and Adolescent Health Program. This app presents resources for healthy meals, active living, important health topics and parenting tips and tools on one user-friendly platform. The [WholeLife NJ app](#) uses videos, articles, and interactive tools to deliver information in a multitude of ways. By personalizing the notification settings, users are able to stay alert and up to date on new material posted in the categories of their choice. With the assistance and expertise of the regional school health agencies: EmpowerSomerset and AtlantiCare, and the SPAN Parent Advocacy Network, the CFPC School Health Specialist Team ensures that the WholeLife NJ app is updated weekly, providing users with access to the most current and useful information right at their fingertips. [Click here](#) to see the app in action and follow the links below to download the app today!

