# Be...ín nature



Natural Places and Open Spaces

Featured PHLT Property: Kurmes Paradise Creek Nature Preserve

# Discovering the natural world...



Don Miller, one of the founders of PHLT guided an Ecotherapy hike at the Kurmes Paradise Creek Nature Preserve. These guided hikes by a long time naturalist are a way to connect with nature and allow yourself to relax and unwind, while exploring fauna and flora on a guided nature walk. Hikers learn about Pocono Heritage Land Trust and the environmental benefits we deliver by preserving the beautiful lands in the Poconos ~ Join us on an upcoming hike! Become a member of PHLT at www.phlt.org.

www.phlt.org



# The Life of a Trout Stream, with Don Baylor

An Introduction to Trout Stream Ecology



Don Baylor, a longtime board member and volunteer with PHLT, met with folks at the Jonas Mountain Nature Preserve to talk about the mysterious and miraculous lives of the organisms that form the food web in Pocono streams.

~The basis of the stream food web ~The amazing life strategies and life histories of aquatic invertebrates

~The stream continuum concept– longitudinal succession through the watershed

~Coldwater & Cool water fishes ~Habitat requirements and stocked versus wild trout

~Stressors of the stream ecosystem and their effects ~Environmental monitoring–what the bugs and fish tell us!

www.phlt.org

Memories From the Member Fall Foliage Hike



Members of PHLT laced up their hiking boots to discover the beauty of the Delaware Water Gap from Mount Minsi. The hike was 5.1 miles on the Appalachian Trail and we encountered some rocky/rough terrain and an elevation gain of over 1,000 feet! Our hiking guides lead two groups offering options for a faster paced hike and a slower paced hike.





Have you heard? An anonymous donor has pledged to match gifts up to \$50,000 toward construction of the Brodhead Creek Heritage Center at ForEvergreen Nature Preserve!

A joint project of local non-profits Pocono Heritage Land Trust & Brodhead Watershed Association. Construction on the center is expected to begin in late summer 2018.

At the 40-acre ForEvergreen Nature Preserve in Analomink, Stroud Township, the center will provide space for offices, environmental education, public events and nature displays. But we need your help!

The match ends Dec. 31, 2017. For information or to donate, visit www.brodheadcreekheritage.org

or call: 570-424-1514

#### Yes, I will help build Brodhead Creek Heritage Center!

Vame		
Company		
ddress		

Phone

Email

Amount enclosed

To pledge a **continuing gift**, please tell us: Total amount pledged \$\_\_\_\_\_ paid in installments of \$\_\_\_\_\_ for \_\_\_\_ months.

Please mail your pledge or check (made out to Brodhead Creek Heritage Center) to PHLT, P.O. Box 553, Pocono Pines, PA 18350

Donate online at brodheadcreekheritage.org

#### Your gift doubles!

An anonymous donor will match, dollar-for-dollar, every new gift to the Brodhead Creek Heritage Center capital campaign until 12/31/17 – up to \$50,000! Donate now to make your gift count twice as much!

#### DONOR WALL RECOGNITION TIERS

Eagles Circle	\$50,000
Trail Blazer	\$35,000
Stream Keeper	\$20,000
Forest Steward	\$10,000
Brook Trout Guardian	\$7,500
Preservation Advocate	\$5,000
Bluebird Benefactor	\$2,750
Friend of the Creek	\$1,250

Every gift of \$50 or more will be memorialized at the center in the Friends of Brodhead Creek Heritage Center logbook.



Pocono Heritage Land Trust (PHLT) is a locally-based conservation organization dedicated to protecting the natural heritage of our Pocono Mountains region. These areas include important lands, waters, natural places, open spaces and agricultural landscapes. Founded in 1984, the trust is a non-profit 501(c)(3) organization funded by grants and contributions from individual and corporate donors including the William Penn Foundation. It is guided by the Land Trust Alliance's Standards and Practices.

Board of Directors: Scott Miller CPA, CFE, CVA PRESIDENT Linda Snyder VICE PRESIDENT Jill Thatcher TREASURER Mary Ellen Higgins SECRETARY

#### Staff:

Cindy Miano, EXECUTIVE DIRECTOR Mary McShane

Frank Allen Robert Baxter Don Baylor Lori Colgan Kathleen Flynn Jeff Heberley Rita Lacey Robert Larsson Bill McGlone Don Miller Ray Molina Zech Strauser Doug Swift Fran Whipple

A copy of Pocono Heritage Land Trust's annual financial report may be obtained upon request from our office. Email: info@phlt.org Website: www.phlt.org Phone: (570) 424-1514

Pocono Heritage Land Trust PO Box 553 Pocono Pines, PA 18350 (physical address – 700 Sarah Street, Stroudsburg, PA 18360)

# join us...

Register online at <u>www.phlt.org</u> SUN., NOVEMBER 5 <u>Shinrin-Yoku Walk and Yoga,</u> ForEvergreen Nature Preserve, East Stroudsburg 11:30 am - 1:15 pm

# SAT., NOVEMBER 18 Autumn Plein Air Instruction/Demo with Pat Griffin

ForEvergreen Nature Preserve, East Stroudsburg 10:00 am - 3:30 pm "Plein Air" is the manner of a 19th-century style of painting outdoors, or with a strong sense of the open air, that became a central feature of French impressionism.

# SUN., DECEMBER 3

## PHLT Holiday Fair at the Historic Castle Inn

Castle Inn, 49 Waring Drive, Delaware Water Gap, PA noon-5pm FREE: Live music, Refreshments, Holiday Hike, Door Prizes, 50/50 Raffle, Christmas Carolers, Information Stations, Interactive Kids Fun, Holiday Shopping, More...

### Have an idea for an event?

Share your suggestions with Cindy by phone at (570) 424-1514 or by email: <u>info@phlt.org</u>

You can become a member of PHLT and receive news and event updates directly to your email by signing up on our website <u>www.phlt.org</u>



A simple way to support Pocono Heritage Land Trust... Like us on Facebook, Twitter and Instagram!



www.phlt.org