SIMPLY BEE

PARENTS ROLE IN BUILDING CONFIDENT & HAPPY ATHLETES

Sports Psychology Tips For Parents

Join Eric Stevenson, LPC & Mental Performance Coach at Simply Bee to gain an understanding of the importance in a sports parent's role. Parents will learn best practices to effectively support their child so they can gain confidence & resiliency skills - both on *and off* the field.

He will support the athlete's parents by sharing sports psychology skills that they can use to avoid the stressful car ride home or quiet meal after experiencing a tough practice or big game loss.







BOOK NOW FOR FALL 2021

60 Minute In-person Workshop

Free to first 3 schools/organizations who book

Email Kate Kelley at kate@simplybee.net or call at (224) 208-8687