



# DEALING DECK

Pick your power.

Our mission-- to spread awareness of teenage mental illness throughout our community to help break the stigma, as well as educate our peers about the healthy ways to cope with depression



## THE PROBLEM

Let's address the major issue: teenage mental illness rates have skyrocketed to an all time high with 3.2 million American adolescents experiencing a depressive episode within the past year (Blue Cross Blue Shield Index). The constant stigmatization of mental illness within our society causes countless teenagers who struggle with depression or anxiety to mask their sadness in fear of being judged for a disorder they didn't choose to have.

## OUR SOLUTION



The Dealing Deck is a deck of 34 cards each with a therapist approved, unique and independent coping mechanism geared towards teenagers battling depression or anxiety along with a resource card containing various hotlines in the case of a severe episode

We value every customer relationship built through the Dealing Deck and create a community that commends those struggling for the bravery it takes to seek help



ORDER A DECK FOR  
\$12.99 NOW!

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