



# Welcome to



## SIMPLY BEE CLASSROOM

### For Educators

## CONNECTING THROUGH THE SCREEN: A KNOW HOW GUIDE FOR SCHOOL COUNSELORS USING ZOOM

With many schools starting the year off with e-learning, we know providing virtual mental health services might feel overwhelming. There are both logistical and technical components combined with the need to create an effective virtual connection with students. Our mission with this presentation is to support student services staff in all levels of education who are newly engaging with students via telehealth.

Simply Bee Owner Audrey Grunst, LCSW, will share skills and strategies that have been proven effective in her practice since going remote in March 2020. She will share common mistakes to avoid, as well as her tips for success without distractions. Lastly, she'll share how to incorporate the core CASEL competencies during your Zoom sessions to aid students in the development of their social and emotional needs.

### Goals

#### GOAL #1

HOW TO PREPARE FOR A SUCCESSFUL ZOOM MEETING WITH STUDENTS

#### GOAL #2

RUN TO FACILITATE A PRODUCTIVE AND THERAPEUTIC ZOOM MEETING

#### GOAL #3

WAYS TO INCORPORATE CORE CASEL COMPETENCIES ON ZOOM

### Outcomes



AUDREY GRUNST,  
THERAPIST

Audrey Grunst is the founder and owner of Simply Bee Counseling, a licensed therapist, mental performance coach, executive coach and podcast host, to name a few. She coaches people every day to improve their mental health, performance and mindset.

### PRICING

\$300 PER HOUR



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