



SIMPLY BEE PRESENTS

Love Yourself in the New Year

***Help your teen increase their self-esteem,
gain confidence & practice kindness and
compassion toward themselves***

JANUARY 28, 2021 | 6:00-7:00 PM

OPEN TO AGES 14-18

COST: \$30/PERSON

Zoom link sent after registration

Facilitator Nicole Walsh, LSW, will lead the group through activities designed to help teens identify strengths and practice gratitude and self-love while setting and implementing healthy boundaries.



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