

A WORKSHOP FOR WOMEN

# Being Ok With Yourself



*Discover Self Compassion & Authenticity*

Stop feeling like there is something wrong with you and start living your truth.

Learn to live an authentic life that you want to be show up for everyday.

Be proud of who you are.

DATE	First Thursday Of Each Month
TIME	5:00-7:00
WHERE	Simply Bee Office In Vernon Hills
PRICE	\$45/Session
CALL	224-358-3955
WEBSITE	<a href="http://Simplybeecounseling.net">Simplybeecounseling.net</a>



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