



Dear PEPS Leader,

For our current PEPS leaders, we offer Additional Skills Training focusing on facilitation techniques for specific current PEPS topics. In May we hosted a training on Mindfulness and coming September, we are offering a training on Social and Racial Identity Development.

At PEPS, we believe that all new families should have access to a healthy, supported start in life. We welcome all parents, honoring their experiences, identities, and voices through a culture of belonging and acceptance.

In today's world, our children grow up surrounded by people of different cultures, races, and backgrounds and, it is increasingly important that they grow up as aware citizens. Informed parents can raise conscious children. PEPS believes it is very important for our group leaders to feel competent when covering this topic in their PEPS meeting. This can be a sensitive topic and conversations can get tense as well as go silent in some cases.

Social and Racial Identity Development:

Social identity development begins at birth as infants gradually become aware of self as separate beings. How we respond to children's questions about differences directly impacts how they will think about differences.

Positive racial identity development is being able to view people of different racial identity groups as complex human beings who are equal in status to the dominant racial group. This training will provide insight into ways to facilitate and address potential challenges that might arise during your PEPS groups when presenting this topic.

Please attend to learn the significance of this topic and how everyone can find value in it.

Topic: Additional Skills Training – Social and Racial Identity Development

Date & Time: Sep 18th 6:00 – 8:00 pm

Venue: Good Shepherd Center, Wallingford Rm 202

Address: 4649 Sunnyside Avenue North, # 324, Seattle, WA 98103

PLEASE RSVP at engagement@peps.org